"Using Intensive Longitudinal Measurement to Identify Intervention Targets to Improve Mental and Sexual Health and Reduce Substance Use in Vulnerable Populations"

Patrick Wilson is a Professor in the Department of Psychology at UCLA. Dr. Wilson is a community and health psychologist and directs the SPHERE Lab at UCLA. His work broadly examines the psychological, social, and cultural factors that shape individual and community-level health outcomes. Prior to coming to UCLA, Dr. Wilson was an Associate Professor in the Department of Sociomedical Sciences at the Columbia University Mailman School of Public Health, where he directed the SPHERE Lab and co-directed the Incarceration and Public Health Action Network at the Mailman School. Dr. Wilson earned his PhD in community psychology from New York University and completed a postdoctoral fellowship at the Yale University School of Medicine. His research has been supported by grants from the National Institutes of Health and the U.S. Centers for Disease Control and Prevention.

The interrelationships among mental health, substance use, and sex have long interested behavioral scientists and researchers and practitioners working on substance abuse and HIV. This presentation will review findings from weekly and daily structured diaries implemented over periods of up to 60 days. Findings reveal common situational factors tied substance use and risky sexual experiences. Implications for future clinical and behavioral interventions will be provided.

**Patrick A. Wilson, PhD**
- Professor of Psychology
- Department of Psychology, UCLA

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**Event Information**
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Questions/Comments: Rina Lee-Cha, rlee@mednet.ucla.edu