The State of Lesbian, Gay, Bisexual, and Transgender Health Care Access in Orange County: Health Care and Mental Health Care Experiences Among LGBT Populations in Orange County

2021 CHIPTS HIV Next Generation Conference
Student Research Assistants: Aleiza Mae Ambalada & Jonathan Pelayo
Research Assistant: Mathew R. Trevino
Faculty Mentor, Austin Nation PhD, RN, PHN
California State University, Fullerton
School of Nursing
Background and Objective

- LGBT individuals experience significant health disparities

**Objective:** Examine health care and mental health care experiences of LGBT community and identify gaps
Methods

• Quantitative cross-sectional study utilizing survey data

Preliminary Data Analysis
• Descriptive data presented
• n = 61
Results: Barriers to accessing care
Results: Have you experienced or felt you have exp. any of the following by a HCP?

- Homophobia
- Transphobia
- Racism
- Mistreatment
- Neglect
- Abuse/Violence
- None
Results: How knowledgeable do you feel your providers are about LGBTQ+ issues?
Additional Results

• Majority able to find the HEALTH CARE services they needed and have not had problems finding a provider
  - However, are having to go to multiple, different locations
  - Prefer “one-stop shop” (medical, mental, dental, case mgmt, food pantry, education)
Discussion

• Have a better understanding/pilot data
• Focus groups would be helpful to further clarify experiences
  – Ex. Define “somewhat knowledgeable” provider
  – Better way/different location to receive care?
  – Suggestions to remove barriers
  – Can we do anything to reduce costs?
Future Directions

- Will continue to recruit for survey, IRB modification done to expand online recruitment activities.
- Will be conducting focus groups to further explore survey findings.
- Submit manuscript for publication.
Limitations

• Convenience sample
• Limited sample size
• COVID-19 pandemic stopped additional recruitment activities
• Full analysis is in progress
THANK YOU!!!

Q&A

Austin Nation PhD, RN
anation@Fullerton.edu
California State University, Fullerton
School of Nursing

*Resources available upon request.
References


9 Sullivan, C. (2016). Lesbian, gay, bisexual, and transgender health disparities are a global concern, Nursing Outlook , 63(3), 279-280, doi: https://doi.org/10.1016/j.outlook.2016.02.004