

Ending the HIV Epidemic (EHE) Regional Learning Collaborative

***Alameda, Los Angeles, Orange, Riverside, Sacramento,
San Bernardino, San Diego, and San Francisco
Counties***



**Session 21:
*Strategies to Support Individuals Aging with HIV***

**Tuesday, September 27, 2022
10-11:30 a.m. PST**

Session Agenda

1) Presentations

- **Let's Kick ASS (AIDS Survivor Syndrome) – Palm Springs**
 - **Jax Kelly, President**
- **San Francisco AIDS Foundation**
 - **Vince Crisostomo, Director of Aging Services**
- **APLA Health**
 - **Brian Risley, Manager, HIV/HepC Health and HIV-Elders Programs**

2) Panel Discussion/Q&A

- Enter questions using  Q&A
- Share comments/resources using  Chat



**WE WILL
NOT BE
FORGOTTEN**

**HEALTH
JUSTICE
FOR ALL**
AIDS

**NOTHING
ABOUT US**

**AIDS
WALK
SF
2016**

**San Francisco AIDS Foundation
Aging Services
SEPTEMBER 27 2022**

Vince Crisostomo; Director of Aging Services; SFAF

Sept 27 2022

History of HIV & Aging Research & Planning in San Francisco

- Research in Older Adults with HIV R.O.A.H. 2010
- HIV Planning Council & LTCCC 2012
- LGBT Task Force on Aging 2014
- HIV & Aging Work Group 2014 to 2019
- Recommendations to LTCCC December 2015
- Last Men Standing 2016
- Research in Older Adults with HIV 2.0 (2018)
 - SF
 - Oakland
- Gilead Funding 2019 & 2021 –Aging Positively

Reducing social isolation among HIV long-term survivors by building friendships and ties to the community

Authors: Vince Crisostomo, Dusty Araujo, Julie Lifshay | San Francisco AIDS Foundation

Background: People with HIV are living longer and the proportion of HIV-positive people in San Francisco and in the U.S. over age 50 continues to grow. Many of these individuals are confronting unique social and emotional challenges in addition to health care systems ill-equipped to respond. Long-term survivors experience depression, loneliness, anxiety and report that their emotional support needs are not fully met. People living with HIV who are struggling with depression or other mental health concerns are less likely to remain adherent to antiretrovirals (ARVs).

Description: To address unmet social needs of HIV-positive seniors, San Francisco AIDS Foundation (SFAF) established a social support network serving men who have sex with men over age 50 in 2013. The Elizabeth Taylor 50-Plus Network offers weekly social and wellness activities. In addition to the generosity provided by the Elizabeth Taylor AIDS Foundation, the program receives funding from corporate grants including Gilead and Janssen.

Meeting the Needs of People Aging with HIV

With input from geriatricians, HIV providers and clients, in recent years, activities were adapted to meet the needs of people aging with HIV.

For clients who may be on limited incomes, we:

- Provide balanced and nutritious meals at events with take-home containers
- Buy tickets and entry fees for special events and group activities
- Organize a variety of get-togethers at free community events
- Pay for coffee at Saturday get-togethers at a local coffee house

For clients with accessibility needs, we:

- Host activities in venues with elevators and ADA access
- Share venue accessibility information on event invitations
- Prepare materials with large font sizes
- Encourage activity participation at the right level for each individual
- Allow clients to bring emotional support animals to events hosted at SFAF

For clients with complicated care needs, we:

- Provide information and education about chronic disease & aging with HIV
- Link people to local services and resources for people aging with HIV
- Provide support for mental health concerns including loneliness, depression and anxiety
- Overcome social isolation by actively engaging group members with weekly activities
- Provide tips and guidance on how to cope with demands of illness management (i.e. keeping medical appointments, adhering to treatment and navigating complex systems of care)

Conclusions & Lessons Learned

- Many long-term survivors in San Francisco stay engaged in this social & support group
- Two full-time staff members engage 500 members annually
- Programs by and for long-term survivors reduce social isolation for people who have lost friends and loved ones to HIV
- Group members create lasting friendships, find community, feel “belonging” and heal from past trauma and pain.
- Consideration for special needs related to accessibility, health concerns, nutrition, psychosocial services and income limitations should not be overlooked.

Ongoing Needs

- Affordable mental health & psychosocial services for long-term survivors
- Client advocacy services, care navigation, volunteer peer support matches, and services for clients’ emotional support animals

Our Response During COVID-19 Shelter-in-Place

The shelter-in-place order in response to the COVID-19 pandemic created challenges for our program which relies on in-person events to build community connection. We found an increased need for peer support, support for substance use concerns and meals.

We provided:

- Virtual check-ins weekly
- Virtual Saturday morning “coffee chats”
- Virtual dinner party social events

We will look for opportunities to provide more virtual social interactions in the future.



Our Programming & Events

Strut Art Openings: Group attends a free monthly community art show.

Get Out Thursdays: Group explores San Francisco Bay Area neighborhoods, historical sites and attractions and enjoys a restaurant lunch together.

Dinner & Discussion Group: Free weekly nutritious group dinner with time to socialize, relax and discuss current events, health, and research.

Coffee Chat: Weekly social gathering at a local coffee shop.

Game Night: Organized by a 50-Plus member, a monthly evening social gathering with games, documentary films, and food.

Meetup: Monthly intergenerational social event in collaboration with Bridgemen.

Salsa Sunday: Salsa dancing and food at a local queer-owned bar (bi-annual).

Weekend Gatherings: Retreats for long-term survivors.

Bridgemen Urban Hikes: Casual walks through San Francisco neighborhoods (frequency varies).

Holiday Traditions: Get-togethers with food on holidays for members without other plans.

Bridgemen & Making a Difference: Volunteering for local charities, twice a month.

HIV Advocacy Network (HAN): Advocating for HIV-related causes.

Contact Us:

50-Plus Network:

50PlusNetwork@sfaf.org
meetup.com/50-Plus-Network
facebook.com/groups/50plusnetwork

Bridgemen:

ARay@sfaf.org
meetup.com/Bridgemen
facebook.com/groups/bridgemenf



Elizabeth Taylor 50-Plus Network, established in 2014, promotes the physical, mental and emotional well-being and self-efficacy of gay, bisexual and trans (GBT) men over the age of 50, regardless of HIV status, by providing resource navigation, social support, educational groups, and volunteer opportunities.

Bridgemen is for gay, bi and trans men who want to give back to our community. We organize fun and relevant social events and community-service projects that provide leadership opportunities and create friendships. Our goal is to make San Francisco a safe and happy place for everyone—by building bridges between our many social networks.

sfaf.org/50-plus



The San Francisco Principles

2020

Launched September 18 2020...what it is...

A Call to Action To Mobilize

- Providers, Community & Government Officials
- To Remember Our History
- To Fight to for Health, Racial & Social Justice
- To See that the needs of ALL LTS are being addressed
- Nothing About Us Without Us...
- To Get Right what we haven't in the 40 years of the HIV/AIDS Pandemic
- SF Supervisors passed a Resolution to Support May 17 2022

Findings: Community Needs & Issues

- Women & Transgender Health Rare
- Benefits
 - Medi-Cal Asset Change
 - Social Security Recognizing LGBTQI+ Relationships
- Address the Digital Divide
- COVID –their Second Epidemic
 - Increase Drug & Alcohol Use
 - Viral Suppression is down
 - Post Traumatic Stress
 - Delayed Medical Procedures
 - COVID overshadows their experience
- 50+ is not one monolithic group

Recommendations & Next Steps

- **Convene Partners**
 - Identify those Partners; Areas on Aging/California 4 Aging
 - What are the opportunities to collaborate
- **Conduct a comprehensive planning process that results in a model of care for people over 50 who are living with HIV then Implement model through collaboration across multiple organizations**
- **Support Policy & Funding Initiatives at Federal, State, & Local Levels**
 - SB 258 –Older Americans June 2021
 - AB 218 –Trans Health June 2021
 - \$3 Million - 4 Demonstration Projects –just announced May 2022
- **Improve Cultural Inclusiveness/ Competency**
 - Capacity building & training
 - Training HIV care providers in geriatric care principles
 - Training/Sensitizing aging providers to meet HIV 7 Aging needs
- **Develop a Case Management Program for People Living with HIV who are Over Age 50 Resource Navigation**
- **Increase Availability and Access to Mental Health And Psychosocial Services**

The San Francisco Model



Tribute to all those who are not with us



Please Contact

VINCENT CRISOSTOMO

Director of Ageing Services; He, Him, His

PH: 415-706-4963

EMAIL: VCRISOSTOMO@SFAF.ORG



THE ELIZABETH TAYLOR
50-PLUS NETWORK

Thank You!!!!

Strategies to Support Individuals Aging with HIV



APLAHealth

Program Overview

- In 2018, APLA Health launched its HIV & Older Adults program, now branded as HIVE (HIV-Elders).
- HIVE was created in response to the findings from APLA Health's Healthy Living Project that sought to formally identify the needs of various sub-populations of aging PLWH in LAC; qualify the types of services older adults with HIV receive in LAC; understand physical and psychosocial barriers and challenges to receiving services; and explore potential programmatic directions and activities.
- The community-based research study revealed that older adults living with HIV in Los Angeles County are primarily concerned about housing stability, financial insecurity, and their mental health as they struggle to cope with high levels of depression, anxiety, and loneliness.

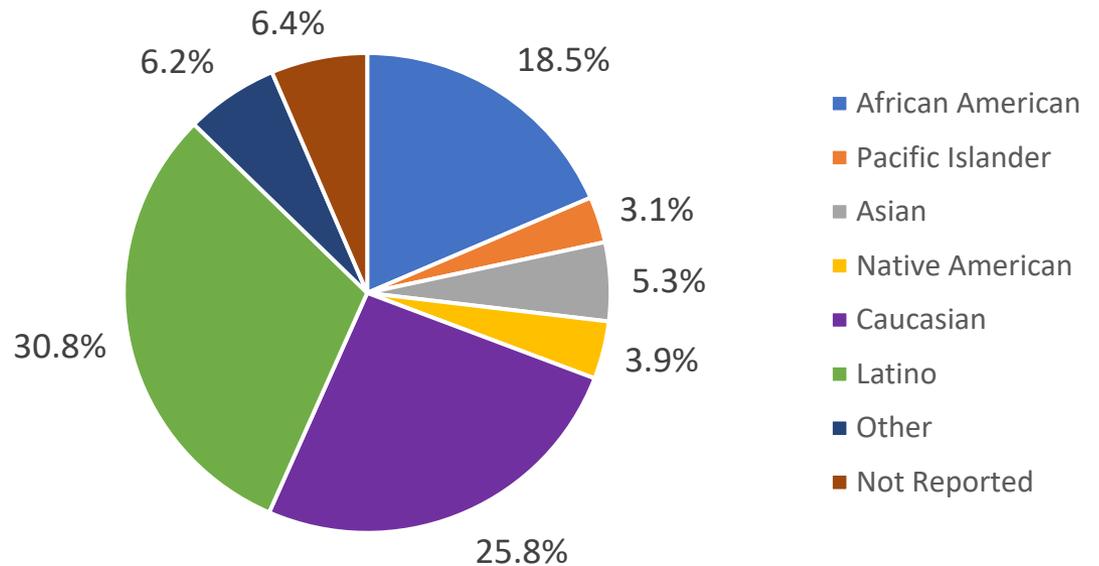
HIVE Program Plan & Purpose

- The HIVE program employs the social determinants of health framework to address factors that impact a person's ability to adopt or maintain health seeking behaviors -- stigma, trauma, social isolation, social support, health literacy and self-care.
- HIVE's purpose is to improve the health outcomes (adherence to HIV care, treatment, and reduction in hospital visits) of HIV-positive men who have sex with men 50 years of age and older in Los Angeles County by addressing many of the psychosocial burdens that interact with the experiences of aging with HIV.
- HIVE provides services to 500 MSM annually in the metro area of Los Angeles, Long Beach and South Los Angeles, three areas of LAC where HIV currently has the greatest impact.

Demographic Data

- Mean age = 59 years old

Distribution of HIVE members by ethnicity



Life Skills

Life Skills uses the evidence-based intervention of “self management” whose studies showed significant changes in mood, coping, and health attitudes.

Monthly Life Skills workshops provide HIVE clients with coping tools to problem solve, mitigate stress and anxiety, and improve communication with healthcare providers.

Inouye J., Flannelly L., & Flannelly K.J. (2001). The effectiveness of self-management training for individuals with HIV/AIDS. *The Journal of the Association of Nurses in AIDS Care*, 1. 12(5), 71–82. 10.1016/S1055

Life Skills Workshops



Monthly psychosocial education workshops that range in topics.



Live in-person meetings have resumed.



Subject Matter Experts

hive presents

A virtual presentation for people living with HIV 50 years and up

Wednesday, February 23
5:30 - 7:00 PM

**Clarity Workshop
Getting Clear for 2022**
with Antonio LeMons, MA and host of
The House on FOX SOUL

Join us via Zoom
[CLICK HERE](#)

APLA Health  For more information text or call Emmanuel at 213.201.1547 

hive presents

A workshop for People Living with HIV 50 Years and Up

Thursday, June 16, 2022
6:00 - 8:00 PM

 **Working Out my
Health and HIV**
with Dr. Neva Chauppette

Plummer Park - Fiesta Hall
7377 Santa Monica Blvd,
West Hollywood, CA 90046

Dinner - 6:00PM
Presentation - 6:30-8:00PM

APLA Health  For more information call or text Emmanuel at 213-201-1547 

hive presents

A workshop for People Living with HIV 50 Years and Up

Thursday, September 15, 2022
6:00 - 7:30 PM

**"Confident Discussions:
Engaging in Care"**
with Dr. Steven Santiago, Chief Medical
Officer, Care Resource, Miami

Plummer Park - Fiesta Hall - 7377 Monica
Blvd, West Hollywood, CA 90046

Dinner - 6:00PM - 6:30PM
Presentation - 6:30PM - 7:30PM

TO REGISTER [Click Here!](#) 

APLA Health  For more information call or text Emmanuel at 213-201-1547 

hive presents

A presentation for People Living with HIV 50 Years and Up

Thursday, March 17, 2022
5:30 - 7:00 PM

"Life After Two Pandemics"
with Damon Jacobs , LMFT

David Geffen Center
2nd Floor - Founders Room
611 S. Kingsley Dr, Los Angeles, CA, 90005

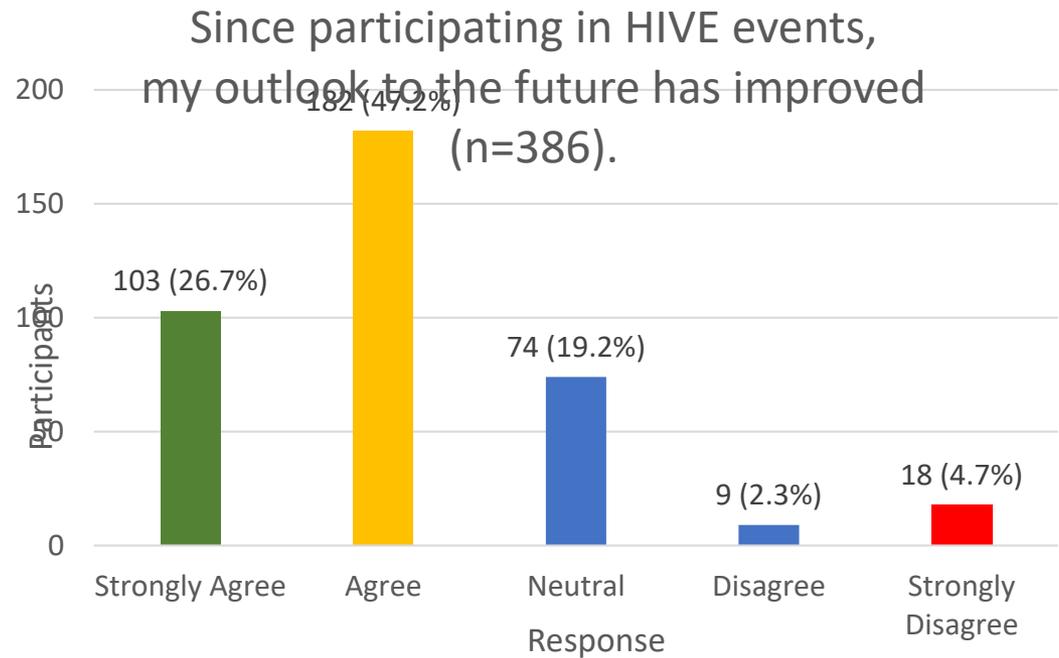
Food will be provided. 

APLA Health  For more information call or text Emmanuel at 213-201-1547 

Sample Life Skills

Life Skills Workshop- Data

- Overall, HIVE members that responded to the survey feel their outlook to the future has improved since participating in HIVE events.



Shared- Interest Groups

Shared Interest Groups (SIG) is an evidence-based intervention that has been proven to reduce social isolation in older adults. HIVE adapted SIG to provide no-pressure environments for older adults with HIV to learn from and network with their peers. For many, this is more acceptable interaction than formal therapy groups. Examples: coffee chat group.

Findlay R.A. (2003) Interventions to reduce social isolation amongst older people: where is the evidence? *Ageing and Society* 23, 647–658.

Samples of Shared-Interest Groups

HIVE Coffee Walk at Echo Park

Join HIVE staff for coffee and enjoy a fun afternoon walking around Echo Park Lake.

Friday, March 19, 2021
2:30pm - 4:30pm

Where: Meet at Starbucks Reserve
2134 W. Sunset Blvd G
Los Angeles, CA 90026



RSVP with Emmanuel at 213.201.1547
Limited Space Available. Masks are required.

APLA Health



HIVE Los Feliz Coffee & Chat

Join HIVE staff for coffee and chat at Starbucks Reserve in Los Feliz.

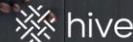
Friday, April 2, 2021 2:30pm - 4:30pm

Where: Meet at Starbucks on Hillhurst and Avocado
2138 Hillhurst Ave. Los Angeles, CA 90027

RSVP with Emmanuel at 213.201.1547
Limited Space Available. Masks required.



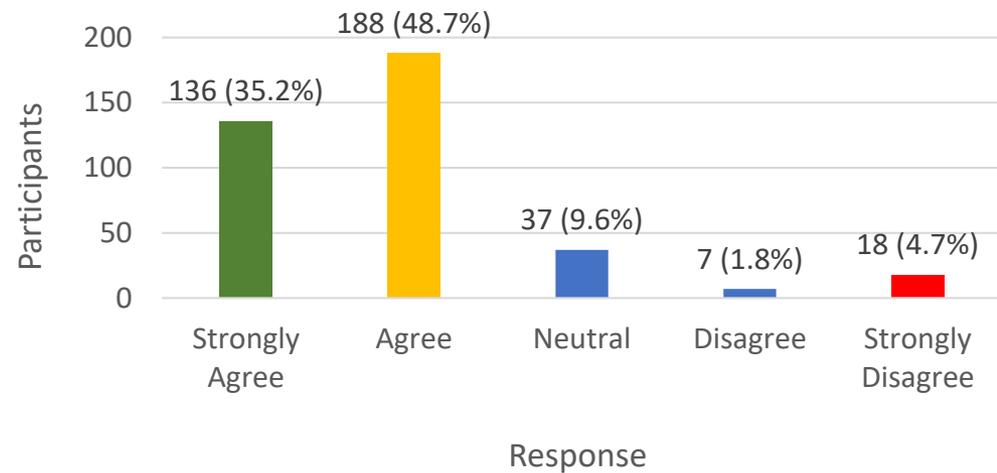
APLA Health



Shared Interest Groups - Data

- Overall, HIVE members that responded to the survey feel more involved and connected with their peers since participating in HIVE events.

I feel more involved and connected with my peers since participating in HIVE events. (n=386)



Mindfulness-Based Stress Reduction

- Mindfulness-Based Stress Reduction (MBSR) is a standardized 4-week program that incorporates several meditation components. It teaches skills to increase awareness and acceptance of moment-to-moment experiences, including difficult emotions and physical discomfort.
- Accumulated evidence suggests MBSR is effective in decreasing depression and perceived stress. (Hecht et al, 2018).



Sample Mindfulness



MINDFULNESS

An interactive workshop on Loss, Stigma and
Mindfulness for People Living with HIV
50 Years and Up

March 23 & 30 and April 6 & 13, 2022

2:30pm- 4:30pm

David Geffen Center
611 S Kingsley Dr. Los
Angeles, CA, 90005

RSVP at 213-201-1547

This is a series of 4 sessions. For completion
of all 4 sessions, participants will receive a
\$75 gift card.



Peer to Peer Activities

- HIVE supports self-efficacy through facilitated daily activities that promote peer-to-peer contact and support, as well as low-impact physical activity by hiking, beach walks, garden tours, museum and park outings, whale watch cruises, and other fun active group events.
- HIVE also has a weekly emotional support group, “hive connections” that currently meets as a virtual group.



Sample of Peer-to-Peer Activities

HIVE presents
FREE BOWLING NIGHT Come mingle, make new friends and enjoy a fun game of bowling.

Thursday, April 7, 2022
Time: 5:00 - 7:00 PM
Highland Park Bowl
5621 N Figueroa St, Los Angeles, CA 90042

MUST RSVP
Emmanuel at 213-201-1547
Michael at 562-247-7353



APLA Health 

APLAHealth



HIVE Invites You to **Moulin Rouge! The Musical**

To enter, you must complete the June evaluation form. If you are new to the program, complete the comment section at the end of the survey.

More info call 213.201.1547.

Saturday, July 16 at 1:00PM

Hollywood Pantages Theatre
6233 Hollywood Blvd.
Los Angeles, CA 90028

Meet at the box office.

aplahealth.org | [@aplahealth](https://www.instagram.com/aplahealth) | 213.201.1600



APLA Health



HIVE Invites You to the **Huntington Gardens**

Join us for a day trip to the Huntington Library, Museum, and Botanical Gardens, where we'll explore the scenic gardens and relax.

HIVE will provide transportation.

Thursday, May 5, 2022

Departure: 10 AM
Please be on time.

RSVP
Call 213.301.1547

Los Angeles Meeting Point
David Geffen Health Center, Koreatown
611 S. Kingsley Dr.
Los Angeles, CA 90005

Long Beach Meeting Point
Willow Street Metro Station
2750 American Ave.
Long Beach, CA 90806

hive APLAHealth.org | [@APLAHealth](https://www.instagram.com/APLAHealth)

APLAhealth

CRUISING ON **VALENTINE'S DAY**



Join HIVE aboard Harbor Breeze Cruises into the open Pacific Ocean to search for migrating gray whales.

Monday, February 14, 2022

Meet at 2:30pm for 3:00pm departure.

Where: Rainbow Harbor
100 Aquarium Way Long Beach, CA 90802
Meet @ Harbor Breeze Cruises Box Office

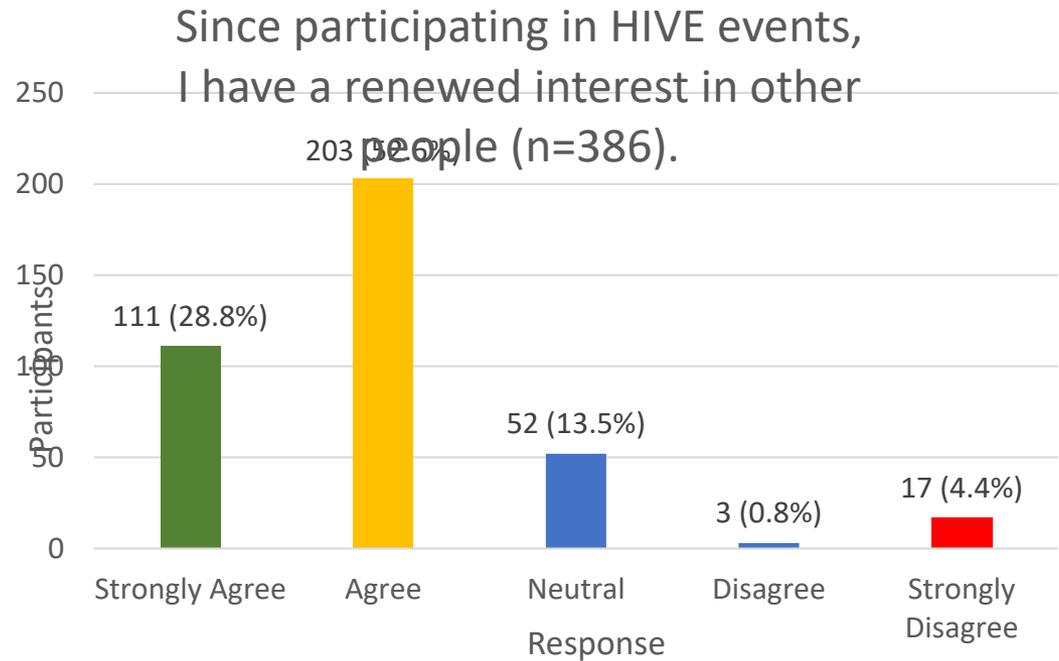
MUST RSVP with Emmanuel at 213.201.1547. Space is limited.



hive

Peer-to-Peer Activities - Data

- Overall, HIVE members that responded to the survey report feeling a renewed interest in other people since participating in HIVE events.



Next Steps

- Positive Self Management
- Pilot a Clinical Care Manager in APLA Health Center, Mid-Wilshire medical clinic to provide senior case management and referrals for persons with HIV who are 50+.



Positive Self-Management Intervention

- HIVE staff have adapted for older adults with HIV components of a Stanford University evidence-based intervention for people with chronic disease, Positive Self-Management, (PSM).
- The six module training follows the Stanford program to improve clients' health and nutrition management, communication skills with providers, and core fitness exercises. HIVE has added HIV polypharmacy and comorbidity management, HIV & aging stigma and practicing mindfulness as a tool to reduce generalized depression, stress and anxiety.

Gifford, A. L., Laurent, D. D., Gonzales, V. M., Chesney, M. A., & Lorig, K. R. (1998). Pilot randomized trial of education to improve self-management skills of men with symptomatic HIV/AIDS. *Journal of AIDS: official publication of the International Retrovirology Association*, 18(2), 136-144.

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
<p>To join a meeting, click on the link. If you need Zoom technical assistance, contact Michael or Emmanuel.</p> 	<p>HIVE Birthday Coffee Chat</p> <p> Echo Park Starbucks</p> <p>Friday, Sept. 23 at 2:00PM</p>		<p>1</p> <p>Friendly Trivia Game</p> <p>4:00PM - 5:15PM Game will Start @4:15PM</p>	<p>2</p> <p>HIVE LB Signal Hill Speed Walk Meet at Hilltop Park 10AM RSVP (562) 247-7353.</p> <p>HIVE Coffee and Chat Echo Park 2:00-4:00PM RSVP 213.201.1547</p>	3/4
<p>5</p> <p>APLA HEALTH CLOSED</p> <p>HAPPY LABOR DAY</p>	<p>6</p> <p>HIVE Long Beach Coffee Birthday Chat Meet at Hot Java at 1PM RSVP at (562) 247-7353.</p> <p>HIVE Virtual Bingo! 4:00 - 5:00 PM</p>	<p>7</p> <p>Positive Self-Management Pilot Modules Fitness David Geffen Center Founder's Room 611 S. Kingsley Dr. Los Angeles Ca, 90005 2:30pm-4:30pm</p>	<p>8</p> <p>Friendly Trivia Game</p> <p>4:00PM - 5:15PM Game will Start @4:15PM</p>	<p>9</p> <p>HIVE LB Signal Hill Speed Walk Meet at Hilltop Park 10AM RSVP (562) 247-7353.</p> <p>HIVE en Español Cafe y Platica en Echo Park 2:00-4:00PM RSVP 213.201.1547</p>	8/11
<p>12</p> <p>HIVE 1-on-1 chats 12pm-2pm Schedule at 213-201-1547</p> <p>HIVE Connections Support Group 5:00PM</p>	<p>13</p> <p>HIVE Long Beach Coffee Beach Walk Meet at Hot Java at 1PM RSVP at (562) 247-7353.</p> <p>HIVE Virtual Bingo! 4:00 - 5:00 PM</p>	<p>14</p> <p>Positive Self-Management Pilot Modules: Planning the Future David Geffen Center Founder's Room 611 S. Kingsley Dr. Los Angeles Ca, 90005 2:30pm-4:30pm</p>	<p>15</p> <p>"Confident Discussions: Engaging in Care" with Dr. Steven Santiago, Chief Medical Officer, Care Resources, Miami. Plummer Park - Fiesta Hall 6:00PM - 6:00PM MUST RSVP HERE</p>	<p>16</p> <p>HIVE LB Signal Hill Speed Walk Meet at Hilltop Park 10AM RSVP (562) 247-7353.</p>	<p>17/18</p> <p>The Long Beach HIV & Aging Summit Saturday, Sept. 17 10:00am - 2:00pm Billie Jean King Library - 200 W. Broadway, Long Beach, CA 90802 REGISTER HERE</p>
<p>19</p> <p>HIVE 1-on-1 chats 12pm-2pm Schedule at 213-201-1547</p> <p>HIVE Connections Support Group 5:00PM</p>	<p>20</p> <p>HIVE Long Beach Coffee Beach Walk Meet at Hot Java at 1PM RSVP at (562) 247-7353.</p> <p>Regal LA Live Movie Matinee Time - TBD RSVP 213.201.1547</p>	<p>21</p> <p>HIVE Virtual Bingo! 4:00 - 5:00 PM</p>	<p>22</p> <p>Friendly Trivia Game</p> <p>4:00PM - 5:15PM Game will Start @4:15PM</p>	<p>23</p> <p>HIVE LB Signal Hill Speed Walk Meet at 10AM</p> <p>HIVE Birthday Coffee Chat - Echo Park 2:00-4:00PM RSVP to 213.201.1547</p>	24/25
<p>26</p> <p>HIVE 1-on-1 chats 12pm-2pm Schedule at 213-201-1547</p> <p>HIVE Connections Support Group 5:00PM</p>	<p>27</p> <p>HIVE Long Beach Coffee Beach Walk Meet at Hot Java at 1PM RSVP at (562) 247-7353.</p> <p>HIVE Virtual Bingo! 4:00 - 5:00 PM</p>	<p>28</p> <p>Long Beach - Movie Night - Cinemark at the Pike - 99 S Pine Ave, Long Beach, CA 90802 Time - TBD RSVP 562.247.7353</p>	<p>29</p> <p>Friendly Trivia Game</p> <p>4:00PM - 5:15PM Game will Start @4:15PM</p>	<p>30</p> <p>HIVE LB Signal Hill Speed Walk Meet at 10AM</p> <p>Precinct Happy Hour 357 S Broadway, LA, CA 90013 7:00-9:00PM RSVP at 213.201.1547</p>	

HIVE Monthly Calendar

- Our HIVE monthly calendar is on the home page @ www.aplahealth.org
- Find us on Facebook: HIVE APLA

"Confident Discussions: Engaging in Care" with Dr. Steven Santiago, Chief Medical Officer, Care Resource, Miami.

Dinner will be provided .

Thursday, September 15
Dinner 6:00-6:30PM
Presentation 6:30 - 7:30PM

Plummer Park - Fiesta Hall
7377 Santa Monica Blvd, West Hollywood, CA 90046
RSVP 213.201.1547

The Long Beach HIV & Aging Summit

Saturday, Sept. 17
10:30am - 2:00PM

Join us for catered lunch, learning, and socializing with new friends.

Billie Jean King Main Library 200 W Broadway, Long Beach, CA 90802

REGISTER HERE

Movie Time

Join the LA HIVE group at Regal LA LIVE for a movie date!



Tuesday, Sept. 20
Time - TBD

RSVP at 213.201.1547

Join the LB HIVE group at the Cinemark at the Pike for a movie date!

Wednesday, Sept. 28
Time - TBD

RSVP at 562.247.7353 or mbultoon@apla.org

Happy Hour and Dancing AT PRECINCT

Friday, September, 30 2022
Meet at 7:00PM

DTLA PRECINCT
357 S Broadway, Los Angeles, CA 90013

RSVP with Emmanuel at 213.201.1547

HIV & Aging Summit Hosts



CAPTC



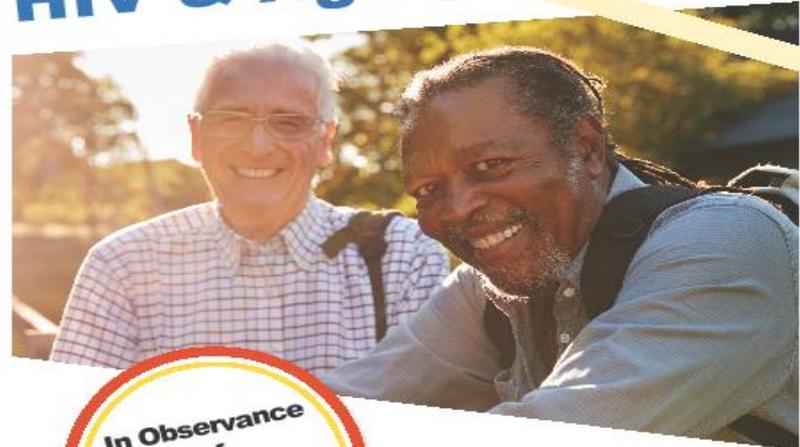
Dignity Health.

THANK YOU

TO OUR SPONSORS AND DISPLAY PARTNERS:



Long Beach HIV & Aging Summit



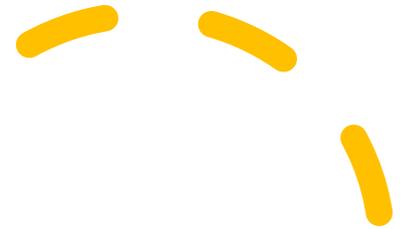
In Observance
of
HIV/AIDS & Aging
Awareness Day

**SATURDAY
Sep 17, 2022**

10:30 am - 2 pm

Billie Jean King Main Library

200 W Broadway, Long Beach, CA 90802



Questions