

Ending the HIV Epidemic (EHE) Regional Learning Collaborative

*Alameda, Los Angeles, Orange, Riverside, Sacramento,
San Bernardino, San Diego, and San Francisco Counties*



Session 17: *Strategies to Engage and Serve Youth*

**Tuesday, April 19, 2022
10-11:30 a.m. PST**

Session Agenda

1) Presentations

- **Sunburst Projects**
 - **Jacob Bradley-Rowe, Executive Director**
- **3rd Street Youth Center & Clinic**
 - **Ashia Coleman, Youth Development Specialist**
- **REACH LA**
 - **Miguel Bujanda, Executive Director**

2) Panel Discussion/Q&A

- Enter questions using



- Share comments/resources using





Jacob Bradley-Rowe, CNE
Executive Director

What We Will Cover



Who and What is Sunburst Projects



History of Sunburst Projects



Our Youth Programs



Lessons Learned

Who Are We?



501 (c) 3

- Work with the HIV Community of Sacramento, Placer, El Dorado and Yolo Counties
- Ryan White Federal Funding Part A & B Recipient



Mission:

Sunburst Projects serves the needs of the HIV/AIDS community through compassionate care and services.



Daily Goal:

To empower Women, Men, Youth and Families who are living with HIV/AIDS.

Who Are We?



Our Employees:

14 Employees: Licensed Clinical Social Workers, Medical Case Managers, Licensed Marriage Family Therapists, Mental Health Therapists, Registered Nurse, Psychiatric Nurse Practitioner, Executive Director and Administrative Staff and 3 Interns



Our Clients:

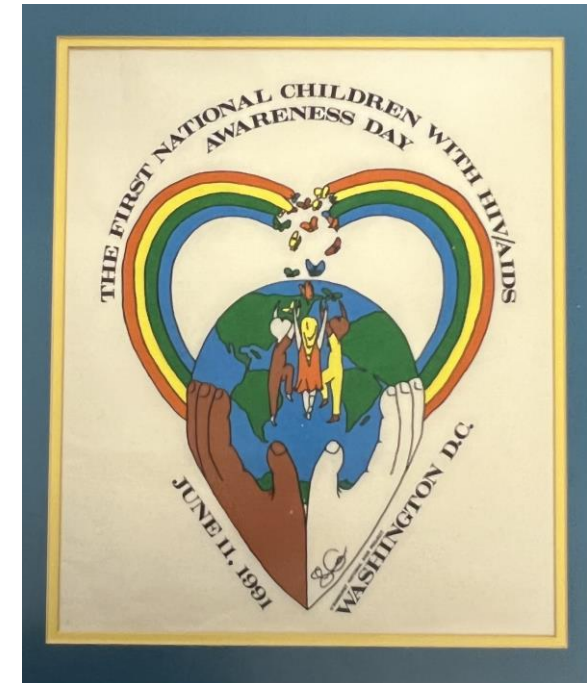
488 Individuals impacted by HIV/AIDS

- Youngest client (age): Pre-natal
- Oldest client (age): 88 years old
- Longest client served: 30 years



History

- 1982** Camp Sunburst was created for kids battling cancer
- :
- 1988** Camp Sunburst became the first therapeutic camp for kids living with HIV/AIDS
- :
- 1990** Sunburst Projects became a 501(C)3 and opened its doors to clients for case management and social services
- :
- 1991** Sponsored the first National Children with HIV/AIDS Awareness Day
- :
- 2008** Sunburst Projects launches the Youth Transitions Program
- :
- 2021** Sunburst Project's Mental Health Clinic opened
- :



Youth Programs



Medical Case Management



Mental Health



Social Services

- Camp Sunburst
- Quarterly social events



Youth Transitions Program

Medical Case Management



Receive intensive medical case management

- Medical case manager attends all medical appointments
- Text message reminders to take medication each day
- Gift card incentive program helps promote medication adherence
- Whole family assigned to same medical case manager



All Youth (0-21 years old) receive medical from UC Davis

- 3 dedicated infectious disease doctors, 1 RN and 1 social worker
- All appointments Tuesday, 8am to Noon



Individual and Youth Groups

- Meet with client in the field
- Peer to Peer groups
- Focus on understanding diagnosis (prenatally infected clients)
- Family counseling (when appropriate)

Social Services



Camp Sunburst

- Free weeklong therapeutic camp for youth 6-17 years old
- Campers leave the worries of home life to be a kid
- Therapists mingle and participate in all activities with campers
- Campers get to make life-long friendships with other HIV positive youth



Quarterly Social Gatherings

- Bingo, bowling, mini-golf and holiday parties
- Staff chaperoned without parents



Youth Transitions Program



All 21-year-old clients transition to adult medical care

- Medical case managers accompany the client to all appointments
- Support the client in establishing their care with new doctors at new facilities
- Helps clients not fall through the cracks of adult medical care
- Medical case managers help to address the stigma felt by the client

Lessons Learned



Working with pregnant HIV positive moms made a difference



Youth understanding their diagnosis is key



Provide opportunities to interact with other HIV youth



Educate parents



Age 18



Wraparound approach

Thank you!

For more information, visit www.SunburstProjects.org

3rd Street Youth Center & Clinic Services



3rd Street History

3rd Street Youth Center & Clinic was founded as a community effort to ensure that the 6,000 young residents of Bayview Hunters Point (BVHP) had access to the same opportunities for healthcare, employment, and education as other youth in San Francisco. When it first opened in 2005, 3rd Street was run by a dedicated group of volunteers made up of neighborhood parents and upstanders who offered health education and arts programming over the summer months. Today, 3rd Street reaches more than 1,500 young people each year through a wide range of holistic services that include:

Mission Statement

To help youth, ages 12-24, from Bayview Hunters Point (BVHP) make healthy and safe decisions that improve their physical, emotional, and social health, empowering them to become successful, contributing adults.

Vision Statement

To build a more equitable world where the color of a person's skin is not a risk factor for chronic disease, homelessness, and economic instability, and that youth from all San Francisco neighborhoods lead happy, fulfilling lives.



3rd Street Services & Programs

Youth Outreach Squad

Serves 12-16 years old on public health related topics such as financial literacy, mental health, sexual wellness and etc.

Youth learn how to team build with other youth, learn topics that they are interested in and gain professional development skills for the future.

At the end of the 12-week program, youth create a group/individual project for completion of the program.

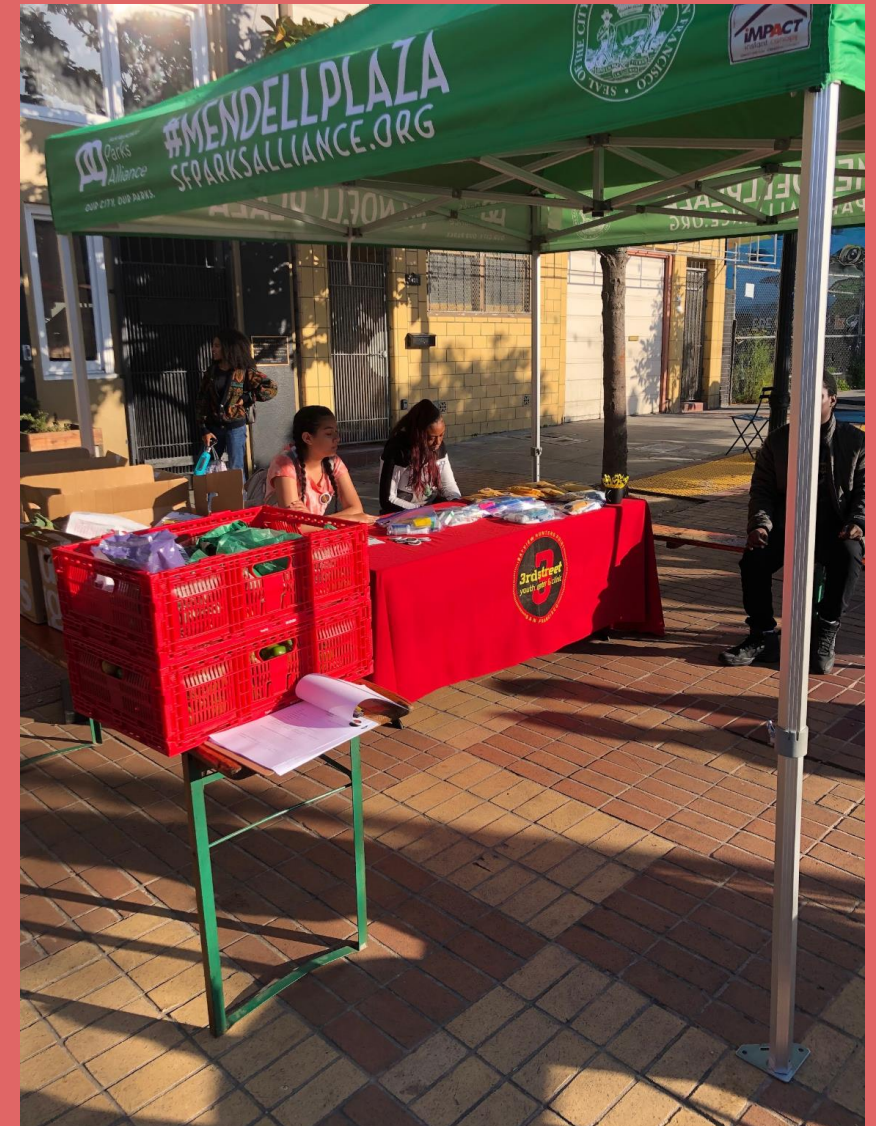


Summer Health Education Program

Serve youth 12-16 years old on exploring their career interest and interviewing.

Youth learn how to team build, professional development and explore their dream career or interest.

At the end of the 8-week program, youth present their presentations on their career interest research and interview/ job shadowing someone in that particular career.



3rd Street Leadership Academy (3LA)

Gives youth interested in advocacy and political engagement the space to develop their leadership and change-making skills. Youth learn about health issues, politics, and dive deep into the social and environmental issues that impact their health and the health of their neighborhood. 3LA has the chance to develop original campaigns and programs that will benefit their community. Participants are able to decide the areas of concern that the program will address, and the topics, health issues, and projects that their group will focus

on.



Health Core

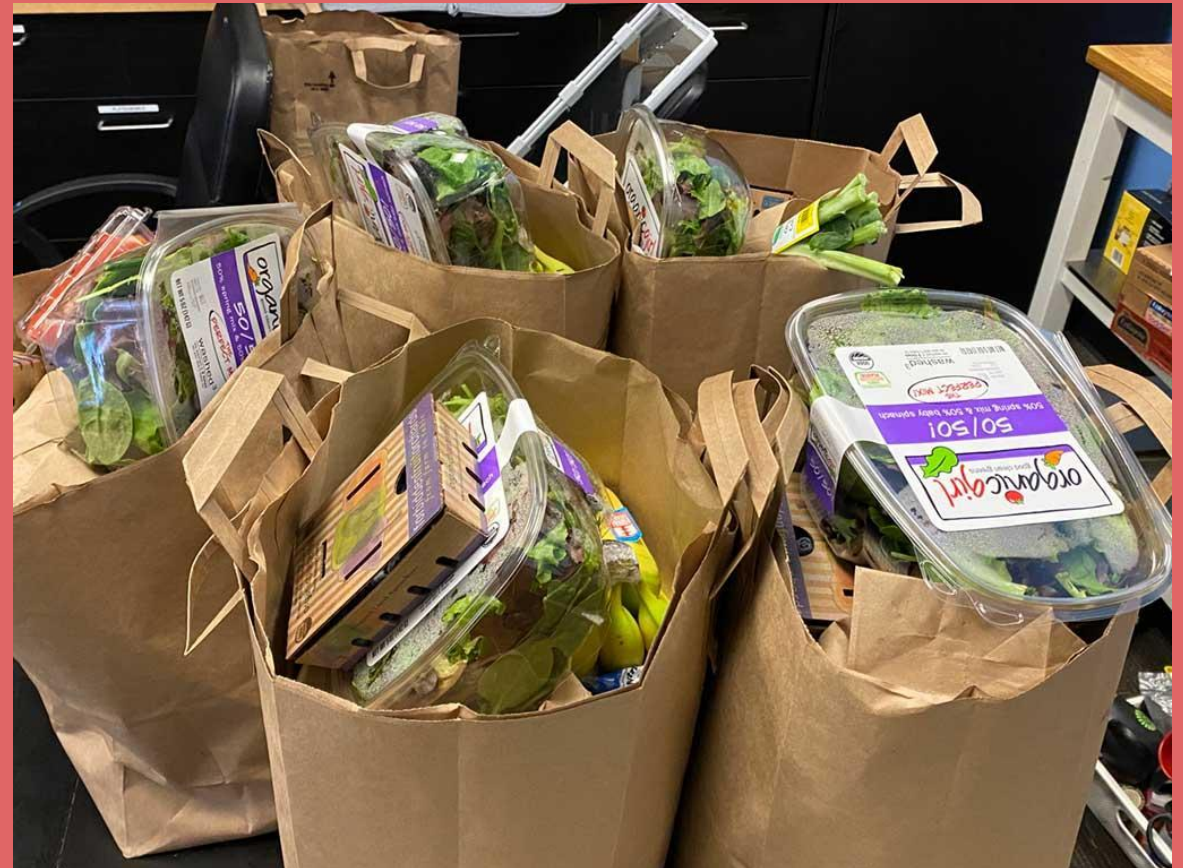
Sets youth ages 17-24 up for success in a health career. Participants learn about important health topics including diabetes, trauma, and reproductive health. They explore a wide variety of careers, engage in professional development, and meet with health experts. Participants enroll in college classes and earn credits and relevant health care experience, and are trained in First Aid, and Mental Health First Aid Certified. Ends with 8-week internship in health facility (pending COVID).



3rdStrEATS

3rd StrEATS is a Community Supported Agriculture (CSA) program that partners with Earl's Organic Market to provide fresh produce and other groceries to Bayview Hunters Point youth and their families every Thursday. During the pandemic, 3rd Street is delivering groceries to more than 25 families.

https://docs.google.com/forms/d/e/1FAIpQLSfxlcHmj7a1k7b0R71q3V46qtXV-ya6VnOlr7ydOwaqv_Jl1w/viewform



Housing Department

We consider the journey from housing insecurity to housing stability a collaborative process with young people. Our team works with youth to overcome the economic, emotional, medical, legal, and social barriers that keep them from getting their own apartments or homes. With a goal to end homelessness for the young residents of Bayview Hunters Point and San Francisco, 3rd Street offers rapid re-housing, access to the City's Coordinated Entry System, and housing-focused case management.

Youth who are 18-24 years old and experiencing housing instability or homelessness





Goal of improving your health and wellbeing.

Giving people the chance to connect and seek help without the fear of being stigmatized; while at the same time growing public awareness of different relevant topics for the community

Park Rx - Park Prescription Program, aims to foster a collaborative approach to improve health outcomes of bayview community members through strengthening the connection between the healthcare system, parks and public lands.

The main goals of this program include:

1. Improve participants' health and well being.
2. Giving community members the chance to connect and seek support in healthy initiative without the fear of being stigmatized.
3. Help young people with mental health challenges by offering creative and fun activities and services directed toward bayview community members.



Mental Health Services

Individual Therapy

Couples Counseling

Family Therapy

Group Therapy/ Classes

Mental Health Education and Trainings

Case Management

Consultation

via telephone or video chat)

(Due to COVID-19 services are offered remotely

How to Refer a Youth?

Fill out referral form on our website:

<https://3rdstyouth.org/counseling/>



Clinic

3rd Street Youth Center & Clinic offers primary, physical and sexual health care for youth, ages 12 to 24. All clinic services are provided by the San Francisco Department of Public Health (SFPDH). In early 2017, 3rd Street's medical clinic was fully integrated into SFPDH's Community Health Programs for Youth (CHPY), a health consortium of all youth clinics in San Francisco.

Services:

- Pregnancy testing and counseling
- Birth control (all methods including IUD and implants)
- Emergency contraception (like Plan B)
- STI testing and treatment
- Rapid HIV testing and counseling
- Pap smears and pelvic exams
- Education on how to protect yourself
- Free condoms



HIV Prevention

- Currently, as far as our clinical site at 3rd st, we do not have any positive cases of HIV among our patient population.
 - 3rd street currently has one patient on PrEP.
 - PrEP (pre-exposure prophylaxis) is medicine people at risk for HIV take to prevent getting HIV from sex or injection drug use. When taken as prescribed, PrEP is highly effective for preventing HIV
 - Our 3rd street clinical team is currently dealing with high rates of syphilis cases oppose to HIV in the Bayview district. Syphilis has been rising in our community in recent months. Thus, education around this has taken precedence over other STDs in the area
- We recommend getting **HIV and syphilis** testing once a year if patient has been exposed, and we recommend frequently testing in general

https://youtu.be/1_eo17YahCo

Contact Us

3rd Street Youth Center & Clinic

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Monday to Friday 1:00-5:00 PM

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