# **Ending the HIV Epidemic (EHE) Regional Learning Collaborative**

Alameda, Los Angeles, Orange, Riverside, Sacramento, San Bernardino, San Diego, and San Francisco Counties







Session 5:
Strategies and Best Practices for Mobile Service Delivery

Tuesday, February 16, 2021 10-11:30 a.m. PST



## Session Agenda

#### Bienestar Human Services' Mobile HIV Services

Jorge A. Diaz, MSW, Director of Prevention Programs

#### San Francisco Community Health Center's GTZ/HHOME Programs

- Charilyn Quarto, LVN, GTZ/HHOME Program Manager
- Robert Arnold, LVN, Associate Director of HIV Services
- Doston Ganiyev, Medical Case Manager

#### **Keck School of Medicine of USC's Street Medicine Program**

• Brett J. Feldman, MSPAS, PA-C, Director of Street Medicine

#### Panel Discussion/Q&A

# HIV Homeless Mobile Engagement (HHOME) and Getting To Zero Intense Case Management (GTZ-ICM)

San Francisco, CA



# HIV Homeless Mobile Engagement (HHOME)

- Homeless HIV+ clients in the County of San Francisco
- CD4 < 200
- Psychiatric Diagnoses
- Substance Use
- Mobile Medical and Case Management Services
  - 1 Mobile MD
  - 2 HHOME Case Managers
  - 1 RN
  - 1 Housing Case Manager

# Getting To Zero Intense Case Management (GTZ- ICM)

- Homeless or marginally housed HIV+ clients in the County of San Francisco
- CD4 > 200
- Psychiatric Diagnoses
- Substance Use
- Mobile Medical and Case Management Services
  - 1 MD
  - 2 Case Managers
  - 1 LVN



## Client Services- HHOME

#### Medical

- 1 RN and 1 MD
  - Mobile outreach, medical assessments, wound treatment, medication delivery, blood draws
  - Drop in 4 wall medical clinic

#### Case Management

- 2 HHOME Case Managers and 1 Housing SF HOT Case Manager.
  - Mobile outreach, navigation, connection to shelter, obtaining ID, Social Security card, food services, connection to medical insurance and income.
  - Referral to psychiatric services



## Client Services- GTZ- ICM

- Medical: 1 LVN and 1 MD.
  - LVN: Medication adherence, medication delivery, medical assessment, wound treatment, blood draws, mobile outreach, psychiatric assessments
  - 4 wall drop in clinic
- Case Management: 2 Case Managers.
  - Assists clients with any intense Case Management needs; connection to lawyers, possible evictions, referral to psychiatric services
  - Mobile outreach, navigation, counsels clients
  - In contact with clients supportive housing Case Managers
  - Connection to food services
  - Assists clients in maintaining housing and income
  - Assists clients in obtaining lost ID, lost SS Card



## Acuity Assessments

#### Acuity scale is used to asses:

- severity of the client
- needs and chronicity of each client

#### Domains

- Ability to:
  - Engage in primary care
  - Adhere to medication regimen
  - Adjust to and maintain housing
  - Engage in mental health treatment
  - Manage life while using substances
  - Identify basic needs
  - Navigate health and supportive services





## Program Recipe

## HHOME

Medical Doctor/Nurse

Visit with mobile MD and Case Manager 1 x per week

## GTZ

Case Manager Nurse

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Visit with mobile Nurse and Case Manager 2 x per week

## **TACE**

Case Manager
Medical Doctor

Visit with drop-in MD and CM 1 x per week



#### **Client and Care Team Connection- HHOME**

- Referrals from other community services.
- Meets with initial referring person for a warm hand off
- Consistently outreaches and builds rapport with client.
- Gift Cards are given to client on an as needed basis- Intake process or meeting with MD
- Team outreaches client to bring them to clinic to meet MD.
- Assistance and escort to specialty medical appointments
- De- escalate situations, counsel clients and assess for psychiatric services if needed; Mobile Crisis or contacting in house Social Worker for 5150.



## **Client and Care Team Connection- GTZ**

- Referrals from other community services or clients who have graduated HHOME
- Case Manager
  - Meets with initial referring person for a warm hand off.
  - Frequent check in's with clients and their housing case managers or social workers.
  - Assists clients with connection to lawyers if needed
  - Case Manager and LVN work together to connect clients to PCP and for client to attend medical appointments at a 4 wall clinic.
  - Any other intense case management needs
- LVN creates a medication adherence plan with client
- LVN and/or Case Manager refers client to Psychiatric services if needed



## **Unable To Find a Client**

- If a client goes MIA:
  - Case Manager contacts hospitals in the county, morgue and may file for a missing person; if needed.
  - Program Manager sends a "Be On the Look Out" email to clients DPH care team; SF HOT.



### **Best Practices**

- Bring snacks when meeting with client
- Be consistent with clients
- Meet clients where they're at in their care



## Thank you!





## Exploring the Value(s) of Street Medicine in Care of the Unsheltered Homeless

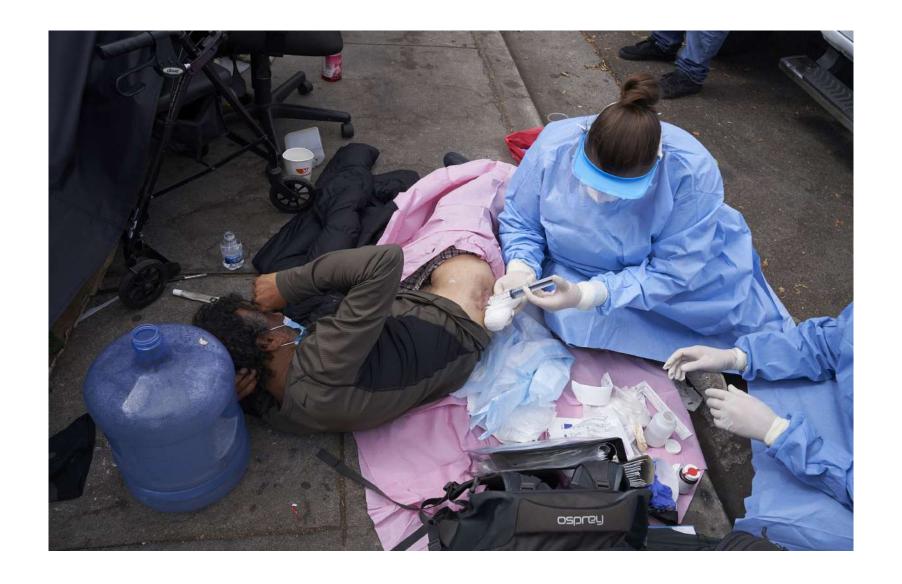
Brett J. Feldman, MSPAS, PA-C

Director of Street Medicine Keck School of Medicine of USC Assistant Professor of Family Medicine

February 16, 2021 | Zoom, CA









## Values and Philosophy

Patient led

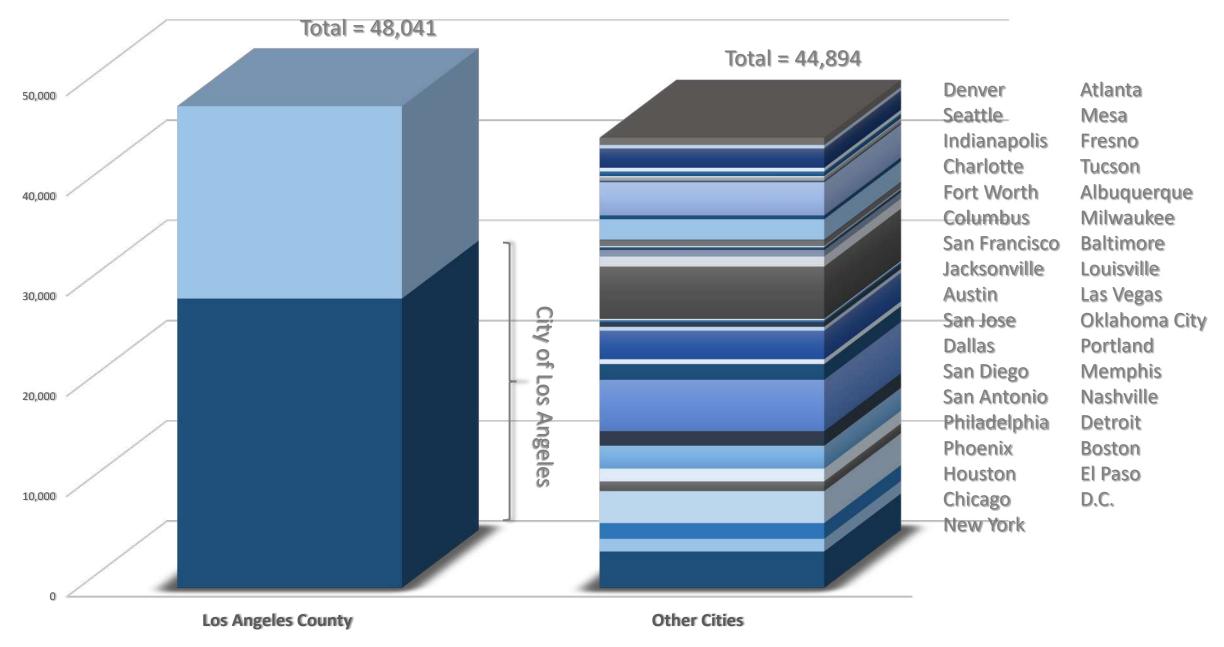
Reality based

Unconditional respect

Medicine as an instrument of peace

Medicine as tool of advocacy

#### **Unsheltered Homeless in US, 2019/2020**









## Targeted interventions address social risk factors

Vision: all unsheltered homeless in LA have access to basic healthcare



Hospital-based consult service



**Street-based care** 



Workforce development Education



Research

## Depths of Outreach with Solidarity

- Level 1: Outreach
  - Surface level interaction
  - Offering of services
- Level 2: Engagement
  - Genuine intent to deliver services
  - Informed by population level trends and beliefs
- Level 3: Solidarity
  - Seeks deeper level of understanding without agenda
  - Shared responsibility of goals and outcomes

# Acceptable (patient centered): patient preferences and aspirations

Recognizing system vs patient centered thinking







