#### Ending the HIV Epidemic (EHE) Regional Learning Collaborative

Alameda, Los Angeles, Orange, Riverside, Sacramento, San Bernardino, San Diego, and San Francisco Counties







Session 14: Innovative Linkage to Care Approaches



Tuesday, November 16, 2021 10-11:30 a.m. PST

#### Session Agenda

#### 1) Presentations

- > San Francisco Department of Public Health [questions immediately to follow]
  - > Erin Antunez, LINCS Coordinator
- > DAP Health
  - Guillermo Ramos, Early Intervention Manager
  - > April Cruz, Diagnostic Testing and Outreach Manager
- > APLA Health
  - > Tiana Monteilh, Program Manager, Care Coordination Services
  - > Ruben Garcia, Project Coordinator, Options

#### 2) Panel Discussion/Q&A

> Enter questions using



Share comments/resources using



# LINCS FOR EHE REGIONAL LEARNING COLLABORATIVE



Innovative LTC Approaches from San Francisco Department of Public Health

Erin Antunez, MS LINCS Coordinator

## LINCS People · Care · Prevention

#### SFDPH LINCS

- Who we are
- What we do
- How we work with people living with HIV and diagnosed with STIs?
- How we address challenges and barriers with LTC and navigation?

#### SFDPH LINCS

#### LINCS is your link to sexual health

#### Have you been tested for syphilis?

- If you have syphilis, getting treated today will help keep you healthy, and will prevent the spread to your partners
- We recommend testing for STDs every 3 months

#### Are you or your partners interested in PrEP?

- PrEP is a daily pill that prevents HIV by more than 90%
- We have a team who can help you get PrEP regardless of insurance status

#### Living with HIV and haven't seen a doctor in 6 months?

Our team can help you:

- Get into HIV care
- Stay healthy on medications to keep your viral load low so you don't transmit HIV

- Linkage, Integration, Navigation, Comprehensive Services
- Team of Disease Intervention Specialists working to prevent and reduce the incidence of HIV and STIs
  - Unique health department role of partner services
- Integrated linkage to care and treatment for HIV+, syphilis, chlamydia, gonorrhea, other STIs
  - Status neutral approach (Referral to PrEP and navigation for out of care HIV+)

#### WHAT IS PARTNER SERVICES?

It can be difficult to tell your partners you have HIV or an STD. Our specialists can contact partners and get them free testing and treatment, while protecting your privacy.

To get LINCed, call us at 415-487-5536 | www.sfcityclinic.org

LINCS is the city's team ensuring comprehensive sexual health.

## HELLO FROM LINCS DIS AND NAVIGATORS!







#### **OUR GOALS:**

- Provide comprehensive sexual health services and coaching
  - Ensure treatment and LTC for HIV and STIs
  - Ensure RAPID HIV start within 5 days of dx
- RAPID re-starts and 3+ months of Navigation for out of care HIV+ patients
  - Address barriers to care
  - Improve HIV VL suppression rates, especially where there are disparities

#### What does a DIS do?



Detective



Teacher



Therapist



Public Health Warrior



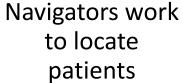
Customer service expert

#### What does a Navigator do?

Out of care HIV+ patients referred

Located patients are offered Navigation services







Enrolled patients provided assistance to re-engage in care



#### LINCS Navigation Prioritization Flow

- 1. Dx <6 months ago + missed 1 appt
- 2. Hospitalized with detectable viral load

3. Detectable viral load, not seen in 4 months (prioritize VL>100,000)

4. CD4<200 and history of poor medication adherence

## Our strategy: Use surveillance data to link people to STI/HIV treatment and services

- 1. Partner services (ie, contact tracing) is an evidence-based intervention that has been successful in identifying persons unaware of their HIV or STI status and reducing disease transmission. Field staff offer free confidential and anonymous HIV screening, risk reduction counseling and condoms for community members at high risk seeking public health services.
- 2. **Data to Care (DTC)** utilizes surveillance and clinical data to identify individuals diagnosed with HIV who need support in re-linking to care. HIV navigators provide short-term case management to help patient re-enter medical care and adhere to medications.
- 3. Support clinicians and CBO partners to increase access to STI and HIV services. This includes technical assistance and trainings on a variety of sexual-health and HIV topics to improve the quality of sexual health care delivery.

## LINCS People · Care · Prevention

#### OUR SUCCESSES:

- GTZ- SF continues to see a decline in new HIV cases (131 vs 295 in 2015)
- High rate of LTC and RAPID (92% new dx persons in 2020 entered care within one month)
  - High rate of VL suppression (77% of new dx persons between Jan-June 2020 achieved VL suppression within 6 months)

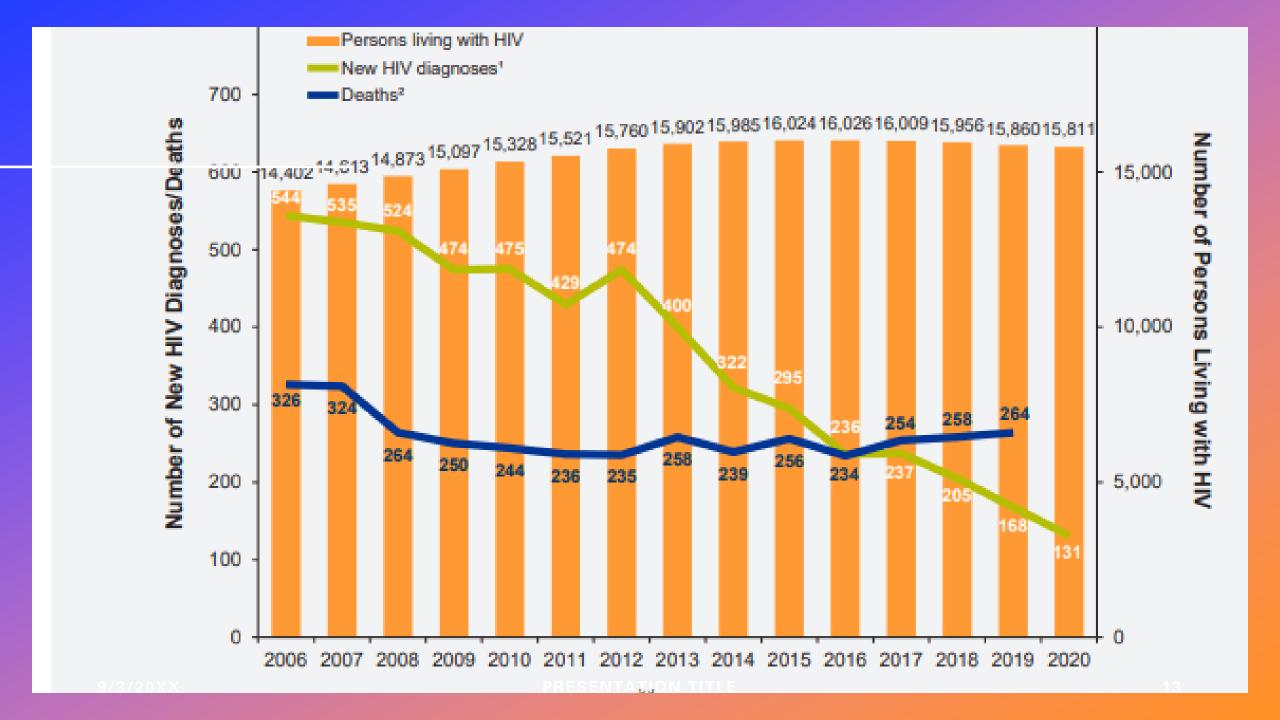
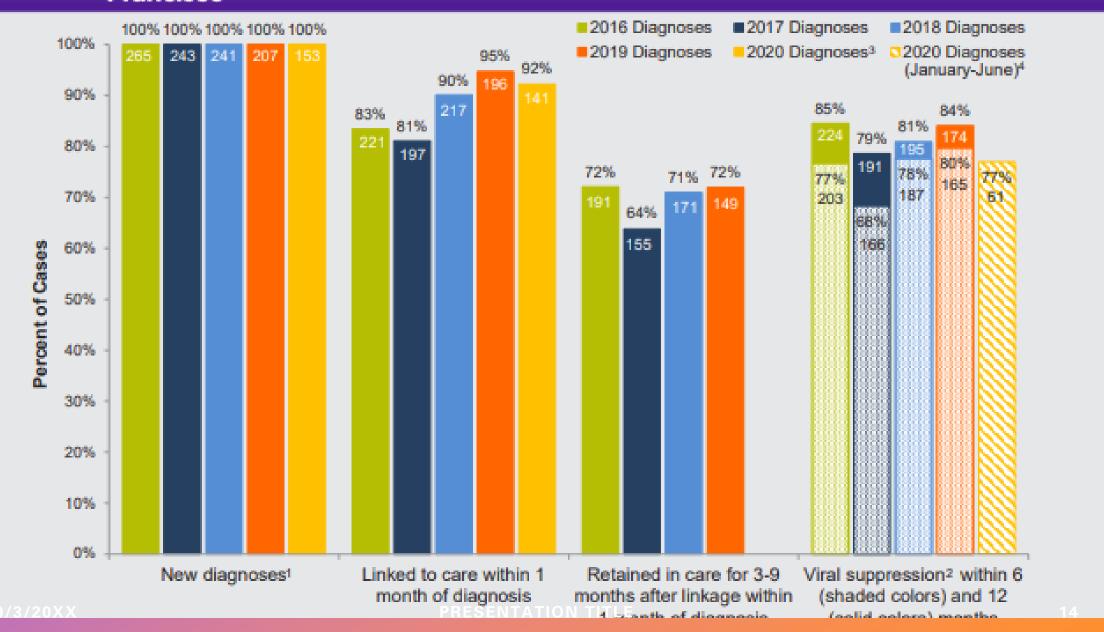


Figure 3.1 Continuum of HIV care among persons newly diagnosed with HIV, 2016-2020, San Francisco



11/16/2021



#### CHALLENGES, AND HOW WE ADDRESS:

- Recent staffing challenges (COVID, burnout)
- Increasing complexity of PLWH- beyond insurance
- Increase in People Experiencing Homelessness, Active substance use, Mental health
  - Increase in cis and trans women, heterosexuals- some parallels with syphilis
- Address with partnerships: citywide network of SFDPH primary care clinics, PHAST team, CBO partners, GTZ (RAPID, Retention and Re-engagement, PEH committees), long term case management and ICM programs, social workers
  - Get input from Staff and Patients and Prioritize
    - Hire staff from community
    - Address Wellness of Staff

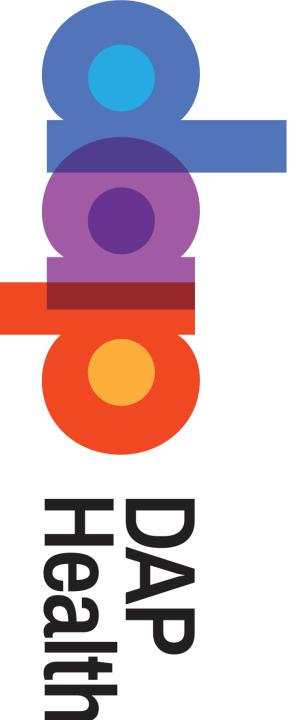


#### **Thank You!**

LINCS staff and our patients Rebecca Shaw **Meya Harris Midori Hiyagon Todd Watkins Arcelia Gomez Wanda Anderson Josue Velasquez** Elia Arias Vanessa Ruiz **Gloria Calero Hugh Gregory Cheryl Fields Ki-Shawna Hampton** 

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### Innovative Linkage to Care Approaches

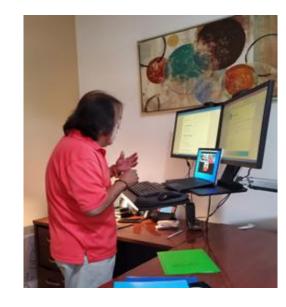
April Cruz- Senior Programs Manager Guillermo Ramos- Early Intervention Manager November 16, 2021

#### **Access to Education**

- Schools (Youth/High School)
  - Safe House of the Desert
  - Twin Palm Continuation
  - Yucca Valley H.S
  - Palm Desert H. S
  - Nellie Coffman Middle School
  - Moreno Valley H.S
  - Palm Desert Charter Middle School
  - La Quinta H. S

#### Presentations

- The ABC Club
- The Alert Program
- The Awareness Program
- Betty Ford
- Casa Cecilia
- Casa Las Palmas
- Hacienda Valdez
- Hemet Valley Recovery



- Metcalf Recovery
- Michael's House (Co-Ed in-patient)
- Phoenix Rising
- The Ranch
- Recovery Innovation
- Re-entrée Initiative Program
- House of Hope

- Raymond Cree Middle School
- Torres Martinez Indian Reservation
- Temecula Valley H.S
- Youth Accountability Team (DHS H.S)
- Palm Springs H. S
- Insight DSUSD
- Health Academy Program (CV H.S)
- Olive Crest

- Coachella Valley Sexual Assault
- Indio Drug and Alcohol Program
- CSUSB Palm Desert
- College of the Desert (COD Health Department



#### Recovery & Treatment Centers

- California Recovery Health, (Addiction Recovery)
- The Alert Program, Palm Springs (Out-Patient DUI Program.)
- The Awareness Program (Indio ) (Palm Springs) (Out-patient DUI Program)
- James A. Venable Cabazon Community Center
- County Of Riverside Department of Mental Health Program Male/Female Groups / Female Groups / Male Groups only
- Martha's Village & Kitchen Homeless Shelter
- Coachella Valley Rescue Mission (Homeless Shelter)
  - The ABC Club, Men and Women (In/Out-Patient Treatment Center)
  - (Hazelden) Betty Ford Center (Co-Ed In Patient Treatment Center)
  - Casa Cecilia (Female In-patient Treatment Center)
  - Casa Las Palmas (Male in-patient Treatment Center)
  - Hacienda Valdez (Woman Inpatient Treatment Center)
  - Hemet Valley Recovery (Inpatient Co –Ed Treatment Center)
  - Michaels House (Male Inpatient Residential Drug Treatment Program)
  - Phoenix Rising Recovery (Co-Ed In-patient/Out-patient Residential Treatment Program)

#### **Self Test Kits**





#### Access to Testing & Treatment

#### **Mobile Clinic: Status Neutral Approach**

- STI Testing & Treatment
- Mobile PrEP
- Mobile Rapid Start
- Harm Reduction Program



Previous Testing Van



**Mobile Clinic** 



**Mobile Clinic** 





**Mobile Clinic** 



- We realized it would be beneficial for the client to schedule a second appointment with the rapid stART clinician in the Orange Clinic within two weeks of initial RS appointment for a few reasons:
  - Labs are reviewed sooner and client is provided more HIV education by clinician.
  - Immediate health needs can be addressed sooner, for example, client can be prescribed antibiotics right to treat any infections.
  - Clinician can review medication adherence and side affects.
- Follow up appointment was scheduled within two weeks with Orange Clinic clinician which allowed for needs to be taken care
  of quicker. Upon completion of second appointment, client was scheduled with permanent HIV clinic at Blue/Green clinic(s).
- This change allows for the Orange Clinic clinician to provide permanent clinician with important information pertaining to patients care.
- Telemedince/telehealth visits
- Transportation assistance





## APLA Health Innovative Linkage To Care Strategies

Tiana Monteilh, Program Manager Ruben Garcia, Project Coordinator

Innovative Linkage to Care Approaches November 16, 2021



#### Learning Objectives

Describe APLA Health's Options Linkage Program.

Assess strategies to successfully increase linkage to care targeting MSM.

3

Identify lessons learned in from the Options program.



#### What Guides your Work?



#### TODAY'S NEWS IN A MINUTE

HIV TESTING AND TREATMENT FOR HEALTH AND PREVENTION:

### HOW HIV TRANSMISSIONS DECREASE AS PEOPLE GO THROUGH CARE

Source: Centers for Disease Control and Prevention



## APLA Health Options Program

- Non-Clinical Case Management Setting
- Targeted population HIV+ MSM
- Addresses traditional/non-traditional risk behaviors
- Integrated into all APLA Health program
- Encourages PLWH to share biomedical risk reduction strategies with their sero-discordant partners.

<sup>\*</sup> Guided by the Los Angeles County Division of HIV/STD Programs and contract guidelines

### APLA Health Options Program

- Information-Motivation-Behavioral Skills (IMB) model based
- Motivational Interviewing techniques
- Builds on provider-patient relationship
- Incorporates brief individualized discussions
- Follow-up





#### Ending the HIV Epidemic



Diagnose all people with HIV as early as possible.

**Treat** people with HIV rapidly and effectively to reach sustained viral suppression.





**Prevent** new HIV transmissions by using proven interventions, including pre-exposure prophylaxis (PrEP) and syringe services programs (SSPs).

**Respond** quickly to potential HIV outbreaks to get needed prevention and treatment services to people who need them.





#### Intervention Strategies

Client Centered Approach

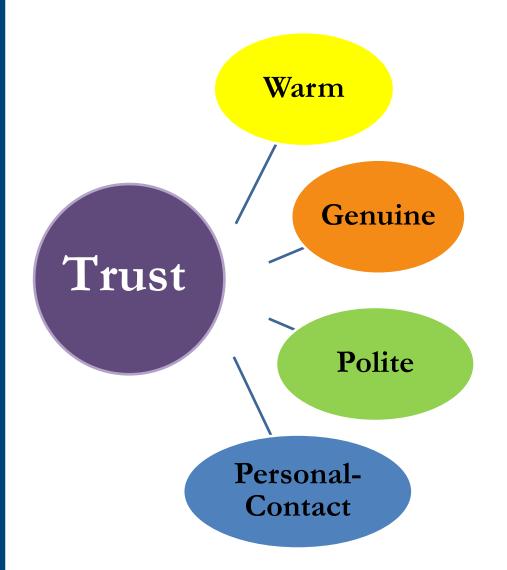
**Building Strong Community** 

Networks

Follow-up



#### Client Centered Approach



- Flexibility and accessibility
- Allow the client to set the tone of the session while staying faithful to intervention
- Making time and creating a safe space



#### **Building Community Networks**



#### Expanding Linkage Networks

Oral health, behavioral health

Food & Nutrition

COVID
Testing &
Vaccines



Benefits Counseling

Housing Support Services

#### **MCC** Teams

- Tx Adherence
- Transportation

## Follow Up Check-in with clients



1 week before



1 day before



After appointment follow-up



#### Follow Up

#### Financial Incentive





#### Lessons Learned

- Ambivalence
- Go beyond their diagnosis
- Building trust with both clients and providers
- Scheduling flexibility
- Staffing
- Realistic expectations



#### **Options Program**

- Options is a feasible and practical intervention that it is effective in the adoption of health promoting behaviors targeting PLWH over the course of a 30, 60, 90-day follow-up.
- Establishing connections and relationships with a network of programs and agencies is critical.



# APLA Health