# Housing and Healthcare Strategies

The Housing Determinant: Integrating Housing into the Continuum of HIV Services Conference

October 21, 2014



## PATH in the Beginning

- Began in 1984
- Motto: hand up, not a hand out
- 32 bed shelter
- Served meals, provided clothing and employment supports to homeless individuals
- Mostly episodic and non-chronic homeless individuals



## **PATH Currently**

- Range of services provided across So. Cal
- Outreach, supportive services, interim and permanent supportive housing
- Serve Veterans, individuals and families
- Majority of our population served are chronic homeless, vulnerable individuals
- Co-occurring disorders



### Housing and Healthcare Strategies

- Integrated Approach
- Use of EBP's
- Choice and Empowerment
- Recovery Oriented
- Skill Building
- Collaborative Case Management and Healthcare
  - Field based healthcare work with VA and DHS
  - San Diego model- FQHC on site
  - La Kretz model- community healthcare collaboration
  - PSH developments in progress- on-site health/ mental health providers



#### La Kretz Villas



- Opened in 2012
- PATH Ventures PSH development
- All clients on the Silver lake VI
- 8 of 48 units dedicated to people living with HIV or AIDS
- On-site supportive services
- Collaboration with a range of healthcare providers- based on the individual
- On-site health education for clients
- Live in the least restrictive environment

### Lessons learned

- Building the health literacy of staff
- Staff support and resiliency as our clients are faced with health deterioration and death
- Importance of natural and social supports
- 5 wishes, WRAP planning and Advance Directives
- Role clarity and confidentiality with PSH





#### Welcome Home!!!!