

Assessment:

Rosenberg Self-Esteem Scale (RSE)

Scale Item I: Two or three positive responses is considered positive.

I feel that I am a person of worth, at least on an equal basis with others. **R**
I feel that I have a number of good qualities. **R**
All in all, I am inclined to feel that I am a failure.

Scale Item II: One or two positive responses is considered positive.

I am able to do things as well as most other people. **R**
I feel I do not have much to be proud of.

Scale Item III:

I take a positive attitude toward myself. **R**

Scale Item IV:

On the whole, I am satisfied with myself. **R**

Scale Item V:

I wish I could have more respect for myself.

Scale Item VI: One or two positive responses is considered positive.

I certainly feel useless at times.
At times I think I am no good at all.

USE THE FOLLOWING RESPONSE CATEGORIES.

1. Strongly agree
2. Agree
3. Disagree
4. Strongly disagree

In this scale, a response of Agree or Strongly Agree is to be scored as positive, unless the item is followed by an **R**, in which case a response of Disagree or Strongly Disagree is to be scored as positive.