



HIV Research to Practice in Los Angeles County

3rd National EHE Partnerships for Research Meeting
University of California at Los Angeles
April 16, 2024

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Key Takeaways

We must end multiple epidemics to End the HIV Epidemic.

We must transform healthcare delivery systems and adapt to changes in health care consumption patterns (beyond health care settings); we can't expect our priority pops to adjust to these systems.

We must start a 10-year national MH/SW/SUD Specialist workforce recruitment, development and training program (e.g., Teach for America, Peace Corps). HIV is increasingly concentrated among persons MH and SU disorders.

We must change the way we collect data, use data (integrated surveillance systems), and share data with frontline providers (e.g., D2C).

We must expand partners, train partners (detailing, learning collabs, action kits), retain partners.

We must change financing schemes, broaden list of allowable expenses (e.g., CM, EFA, GBI) and coordinate categorical investments and performance expectations between local, State and federal partners. We must push boundaries and disrupt dysfunctional systems of care.

Ending the HIV Epidemic Initiative

Meet the Team!



Julie Tolentino | MPH
she/her/hers
Program Manager



Melissa Papp-Green | MPH
she/her/hers
Diagnose Pillar Lead



Michael Haymer | MD, MSW
he/him/his
Treat Pillar Lead



Richard Salazar | MPH
he/him/his
Prevent Pillar Lead



Brian Valencia | MPH
he/him/his
Respond Pillar Lead



Eduardo Juarez | MPH
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Program Assistant



Sohini Deva | MPH
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Health Program Analyst



Juliana Rojas | MPH
she/her/hers
Health Education Specialist

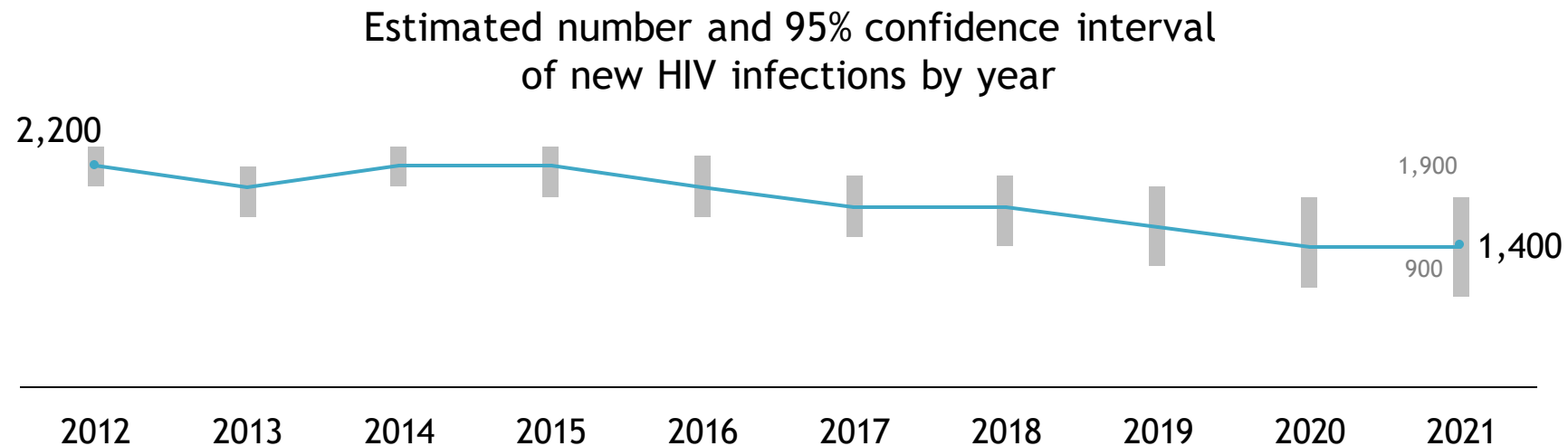
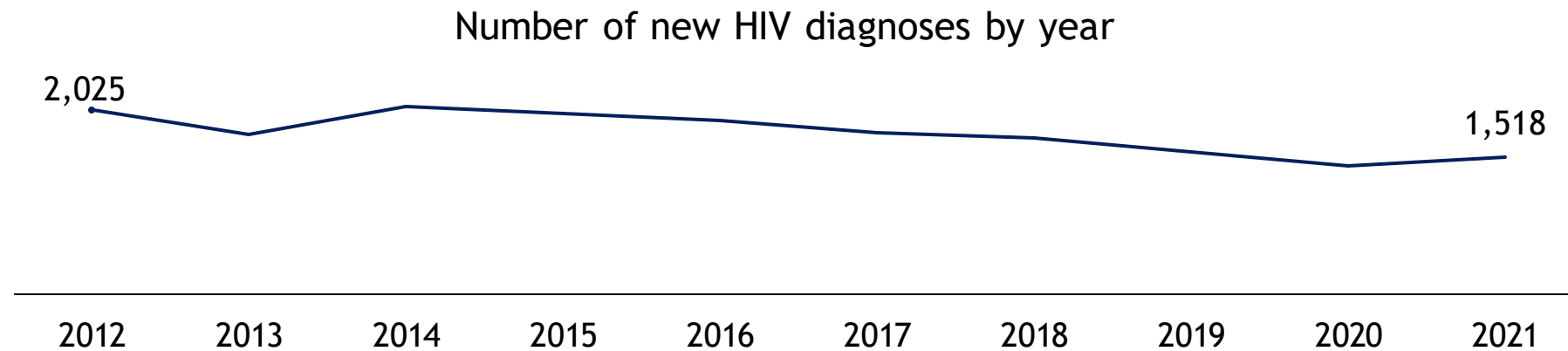


Luke Kristiano
they/them
Health Education Specialist



Robert Renteria | MPH
he/him/they
Health Educator

Number of persons newly diagnosed with HIV compared with the estimated number of persons with new HIV infection among PLWH aged ≥13 years, LAC 2012-2021^{1,2}



Abbreviation: PLWH = persons living with HIV

¹ Estimates based on the CD4-Based Model v4.1 developed by CDC, which derived by using HIV surveillance and CD4 data for persons aged ≥ 13 years at diagnosis. Estimates rounded to the nearest 100 for estimates of >1,000 and to the nearest 10 for estimates of ≤ 1,000 to reflect model uncertainty.

Source: HIV Surveillance data as of December 2022

Ending the HIV Epidemic Indicators



<p>59,400 people living with HIV in LA County</p>	<p>6,800 are unaware of <u>their</u> HIV positive status</p>	<p>76,000 people would benefit from <u>PrEP</u></p>	<p>54,500 of the 76,000 are Black & Latinx people who would benefit from <u>PrEP</u></p>
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Indicator	LAC current	EHE Targets for 2025
Number of new transmissions¹	1,400 (2021)	380
Number of new HIV diagnoses²	1,518 (2021)	**
Knowledge of HIV-status among PLWH¹	89% (2021)	95%
Linkage to HIV care among PLWDH²	76% (2021)	95%
Viral Suppression among PLWDH²	61% (2022)	95%
Percentage of persons in priority populations prescribed PrEP³		
<ul style="list-style-type: none"> • Latinx MSM 50% • Black MSM 32% 	<ul style="list-style-type: none"> Cisgender Women 17% Transgender Persons 12% 	35% (2021)
		50%

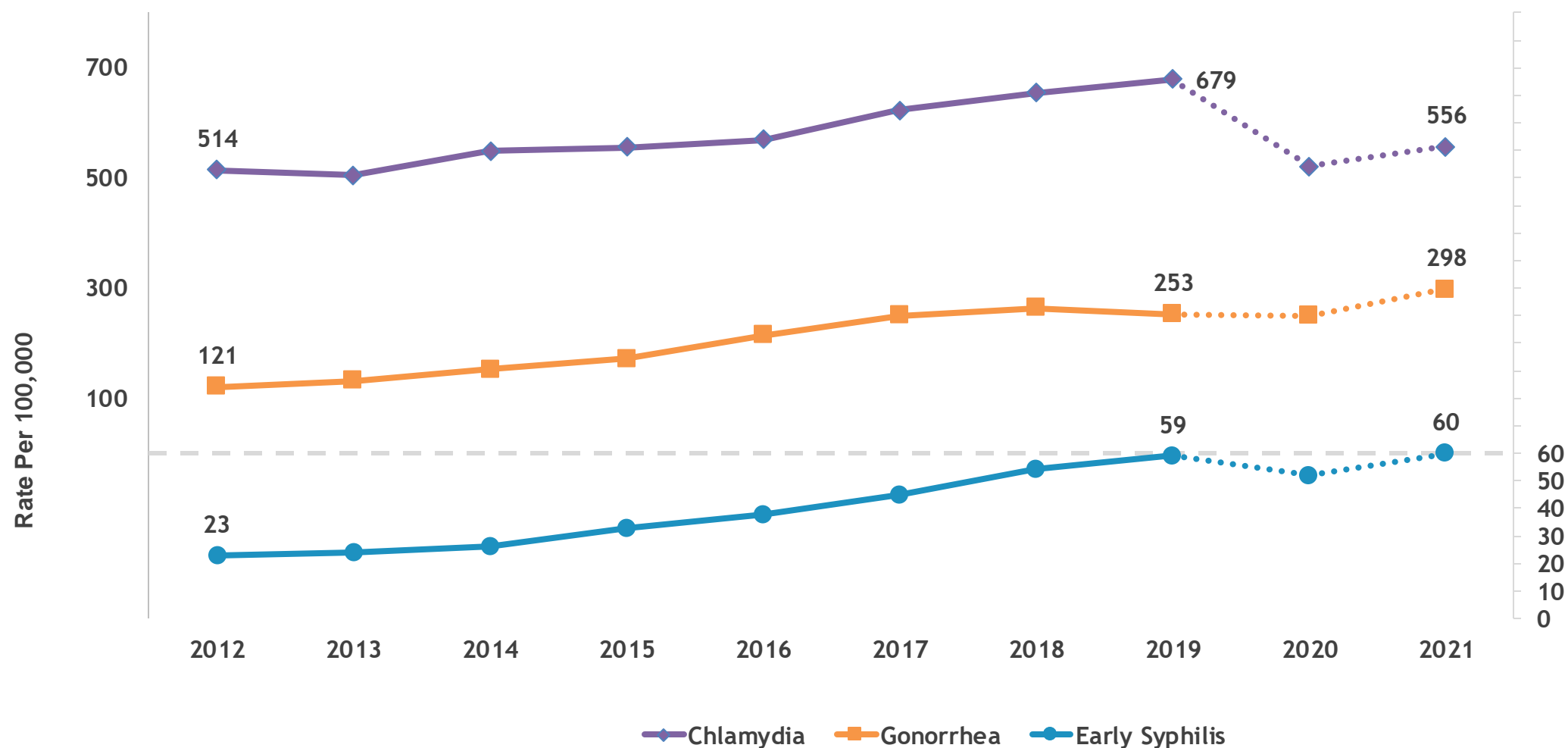
PLWH= People living with HIV (includes those unaware of HIV infection); PLWDH=People living with diagnosed HIV

1. Using Los Angeles County HIV surveillance data in the CDC Enhanced HIV/AIDS Reporting system (eHARS).

2. Using the CD4-based model developed by the Centers for Disease Control and Prevention, modified for use by Los Angeles County.

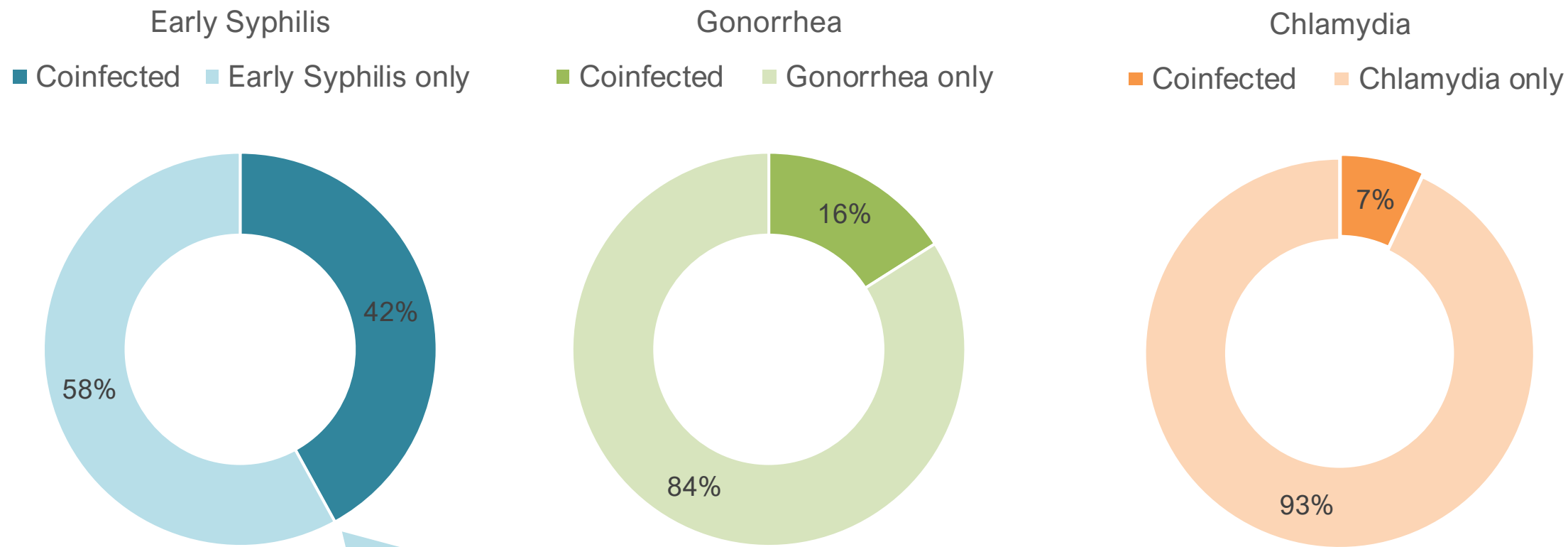
3. Using Los Angeles County data from the National HIV Behavioral Surveillance system, STD clinic data, online Apps survey, COE program data, and AHEAD dashboard.

Trends in Sexually Transmitted Diseases, Los Angeles County, 2012-2021



¹ Data as of 06/05/2022. Early syphilis includes all cases staged as primary, secondary, or early non-primary non-secondary (previously early latent); cases from Long Beach and Pasadena are excluded. 2020 and 2021 data are provisional due to reporting delay. 2021 rates are calculated using 2020 population estimates as a proxy for 2021

HIV Co-infection¹ in Early Syphilis², Gonorrhea, and Chlamydia Cases Aged ≥ 13 Years , Los Angeles County, 2021³



In 2021, a higher proportion of early syphilis cases were co-infected with HIV compared to gonorrhea or chlamydia.

1. An HIV diagnosis before or in the same calendar year as an STD diagnosis.
2. Early syphilis includes all cases staged as primary, secondary or early non-primary non-secondary (early latent).
3. LAC data as of March 23, 2023. Data from the Cities of Long Beach and Pasadena are not included.

Source: LAC DPH Division of HIV and STD Programs;

Early Syphilis Rates by Health District and SPA Los Angeles County, 2021

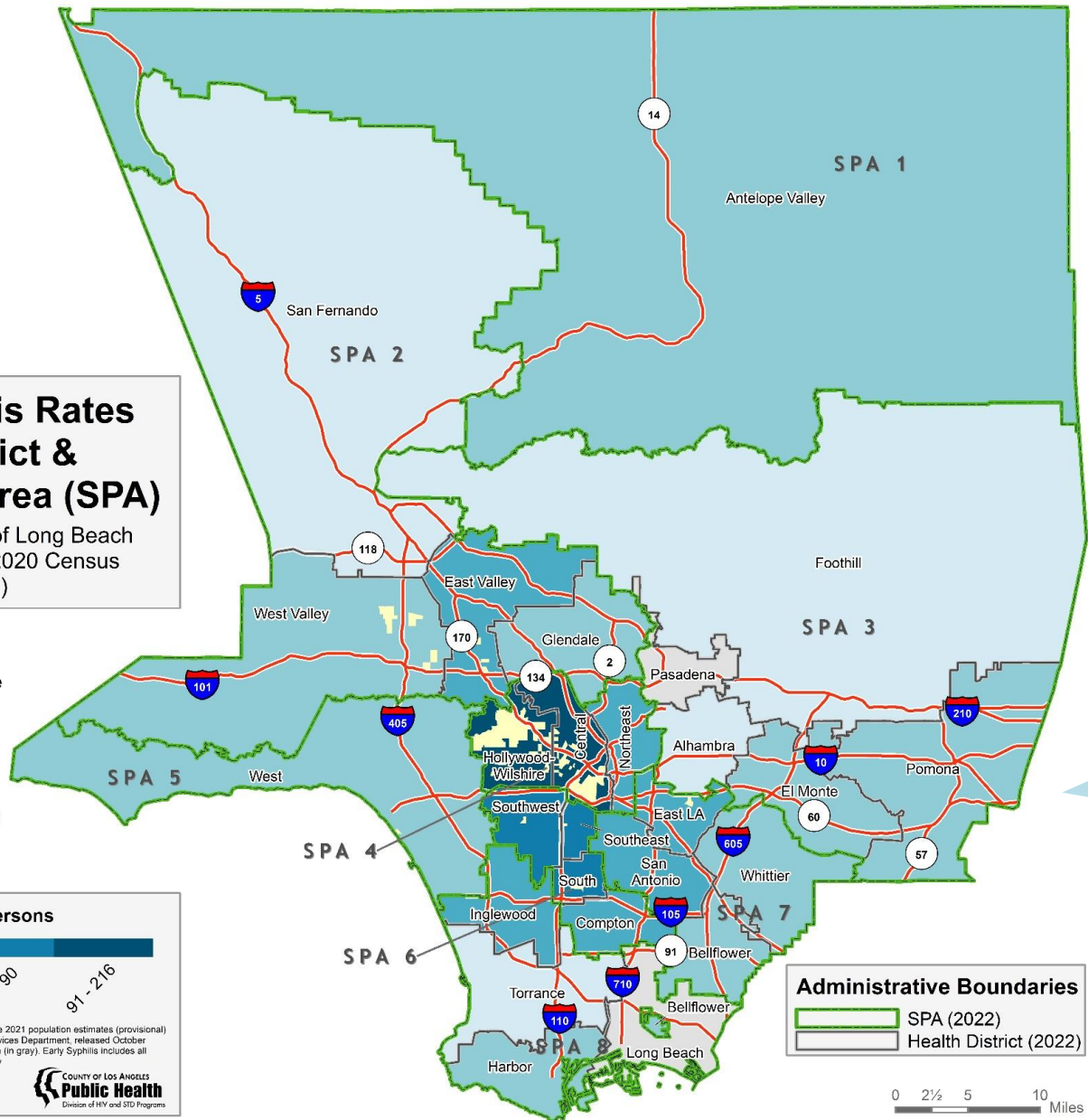
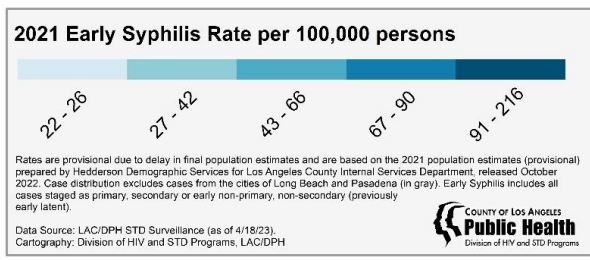


Revised: 7/24/2023

2021 Early Syphilis Rates by Health District & Service Planning Area (SPA)
(excludes data from the cities of Long Beach and Pasadena and includes 2020 Census Tracts of interest*)

* Census tracts with ≥ 12 cases and a population > 100 are symbolized by pale yellow. These areas in SPA 4, 2 and 6 should be prioritized when designing geographic-based interventions.

Census tract with stable rates (Range: 198 - 1,948 per 100,000 persons)



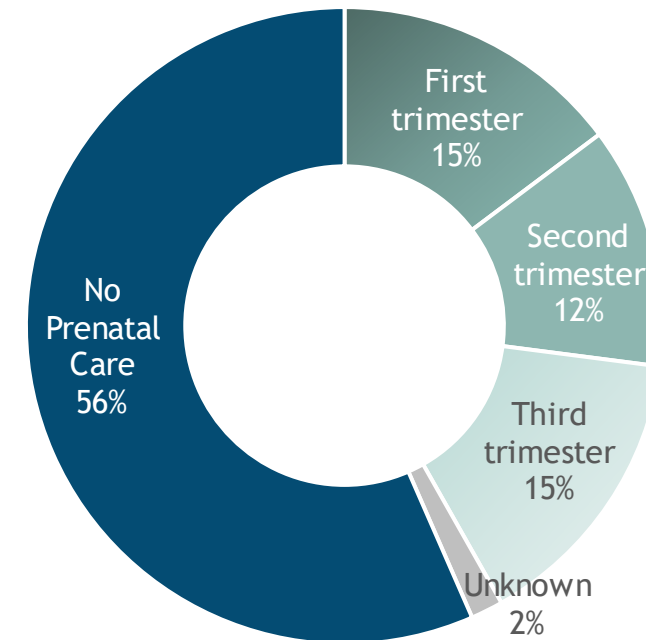
During 2021, rates of early syphilis were highest in Hollywood-Wilshire, Central, South, and Southwest.

Administrative Boundaries
 SPA (2022)
 Health District (2022)

0 2 1/2 5 10 Miles

- **124 Congenital syphilis cases**
 - 18 stillbirths
- **40% reported unstable housing**
- **34% history of incarceration**
- **62% reported substance use**
 - methamphetamine most common
- **>2/3 had late or no prenatal care**

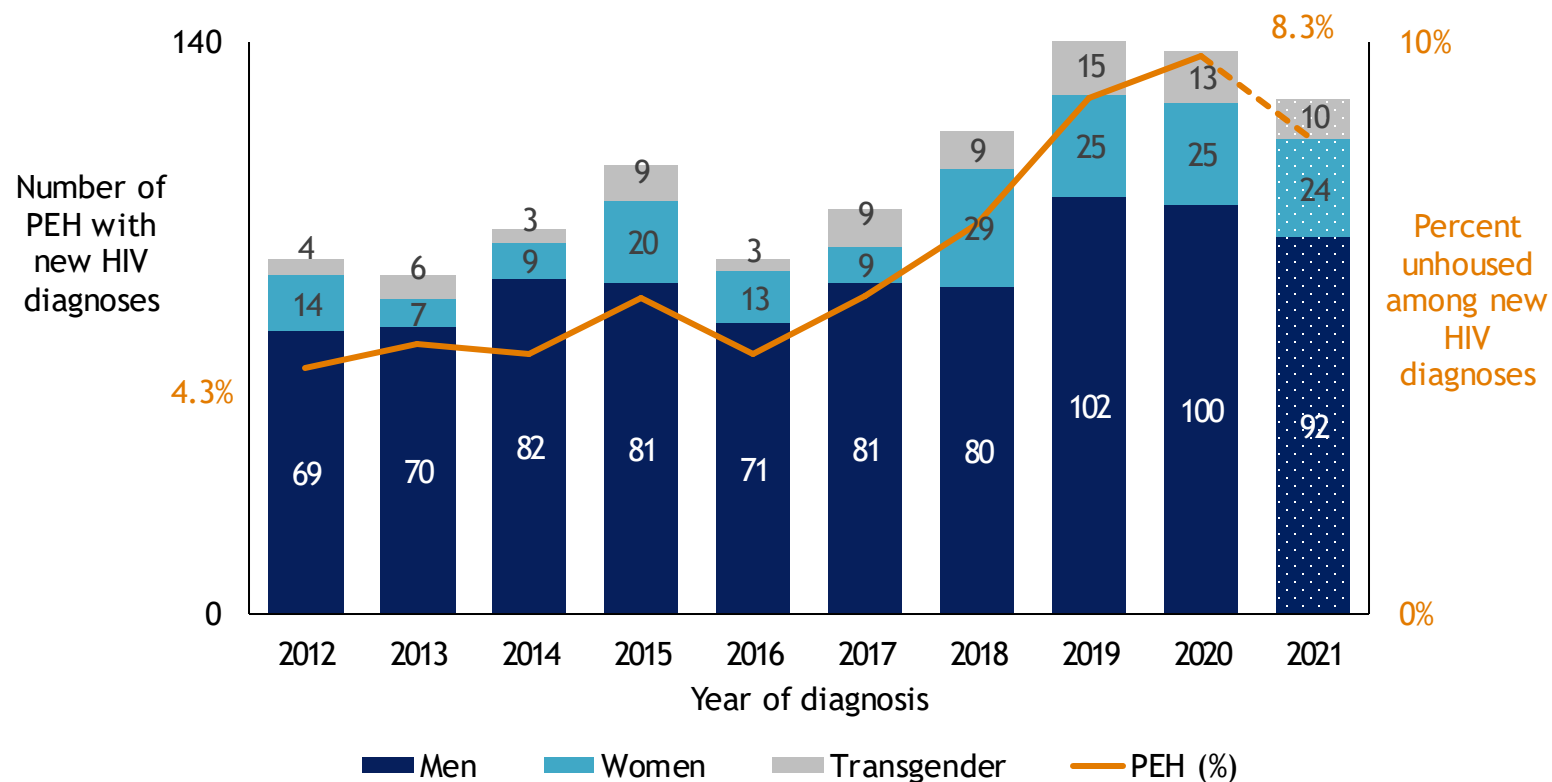
Entry into Prenatal Care



- **Interventions must extend beyond healthcare settings**



Number of persons experiencing homelessness and newly diagnosed with HIV,¹ by gender and percentage of persons aged ≥ 13 years newly diagnosed with HIV, LAC 2012-2021²



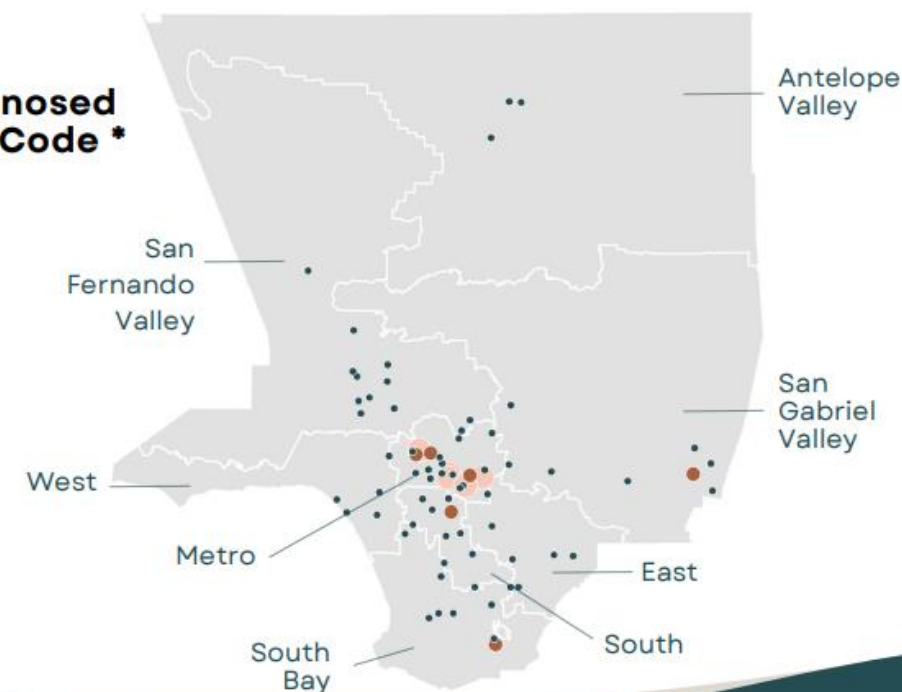
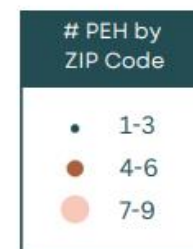
¹Persons newly diagnosed with HIV were classified as PEH if they were experiencing homelessness within 6 months of their HIV diagnosis date. For the PEH definition used, please refer to the Los Angeles Housing Services Authority (LAHSA) definition under “Category 1” at <https://www.lahsa.org/documents?id=1349-homeless-definition-part-1-.pdf>.

²Due to reporting delay, 2021 HIV diagnosis data are provisional as indicated by the patterned bar and dashed line.

HIV and Homelessness in 2022

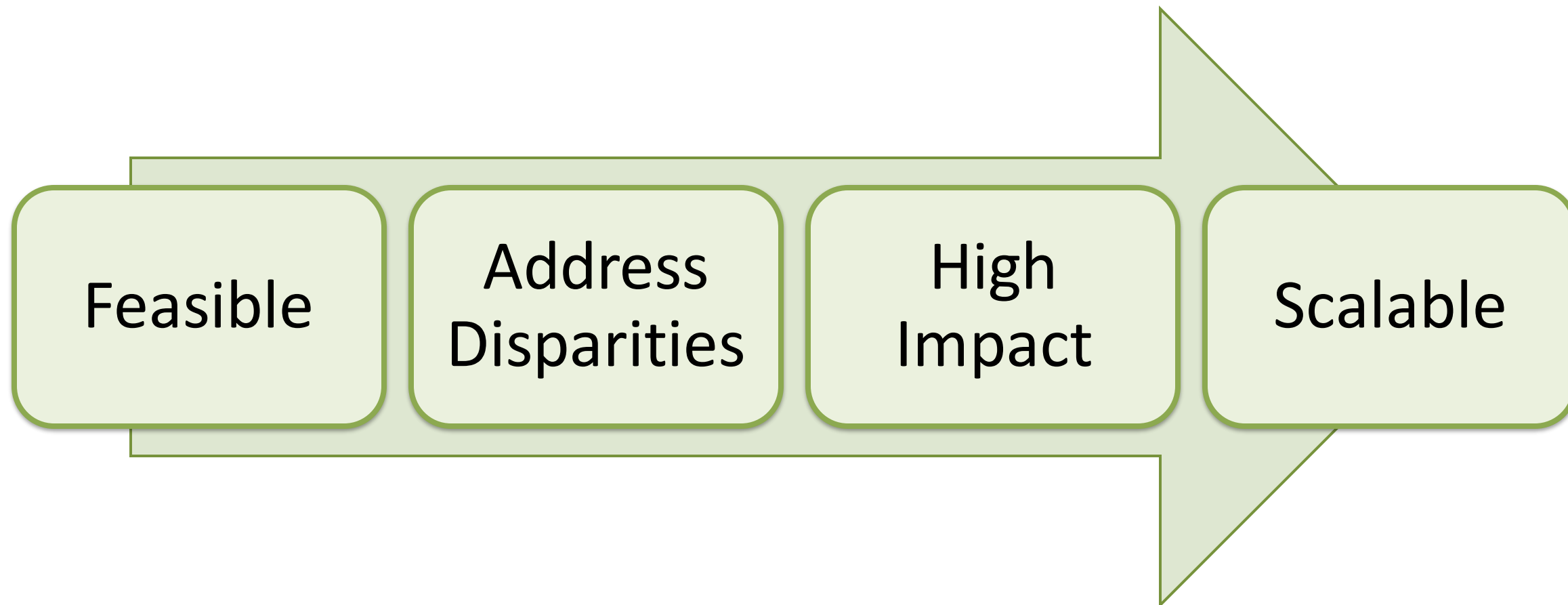
- 13% of all new HIV diagnoses were among PEH (n=184) (↑36%)
 - 20% were cisgender women (usually ~10% of new cases)
 - 11% were trans women (usually ~4% of new cases)
- Meth use common >34%
- 54% diagnosed in hospital setting

PEH Newly Diagnosed with HIV by ZIP Code *

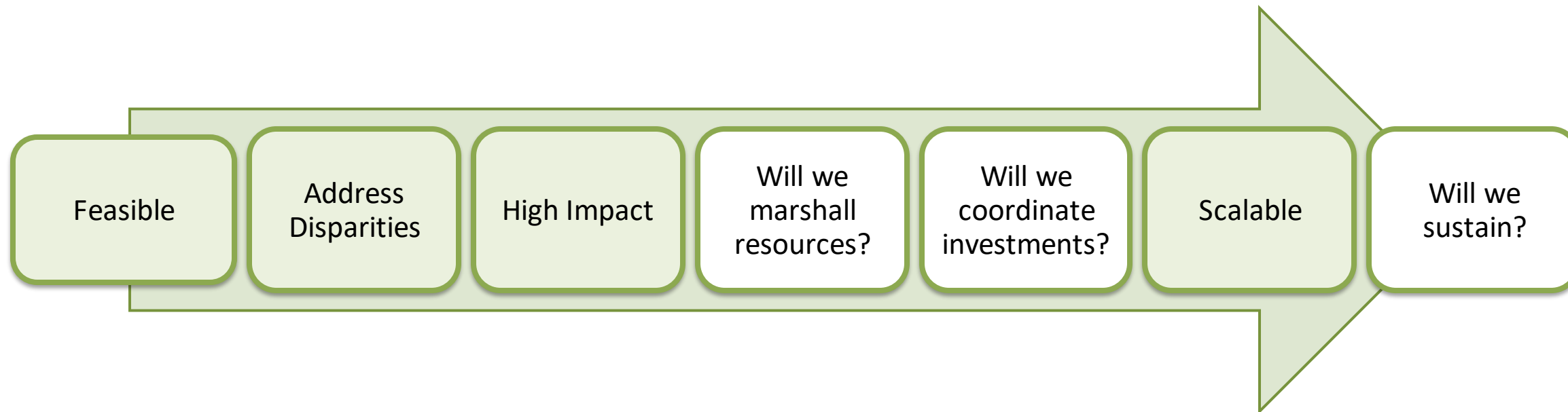


* The data presented are mapped to the ZIP Code centroid

Moving from HIV Research to Practice in a Local Health Jurisdiction



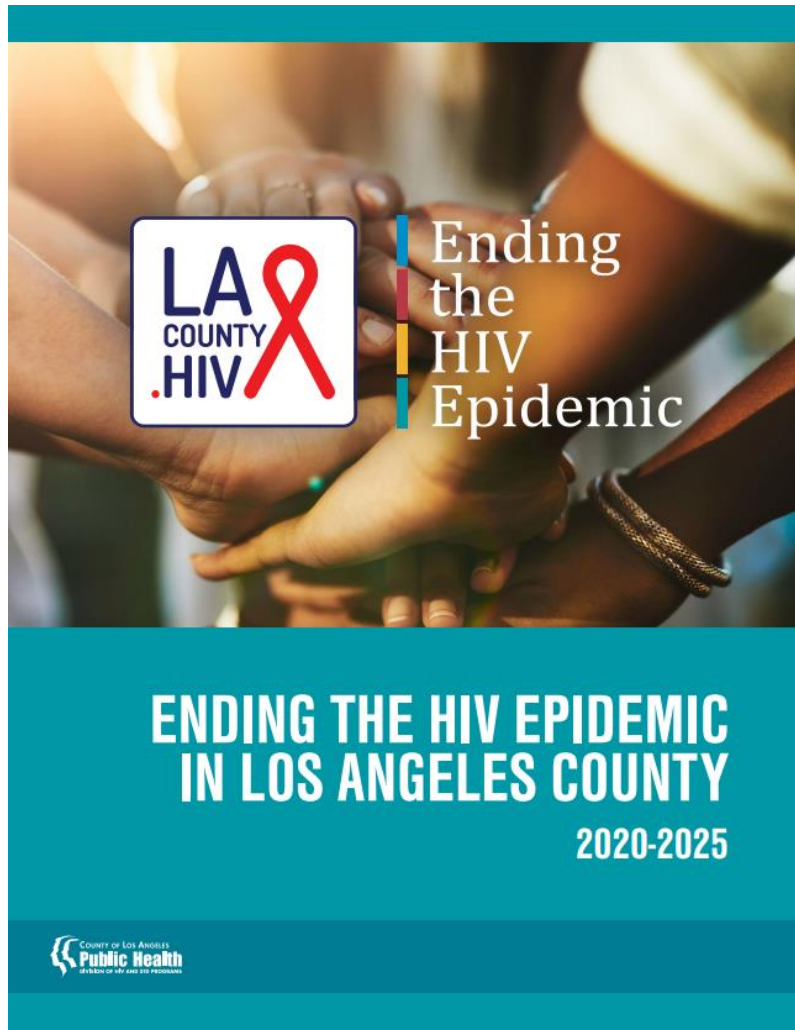
Moving from HIV Research to Practice in a Large, Populous, Expensive Metropolis with High Levels of STIs, SUD, Homelessness, Income Inequality, that leans of Fragmented and Uneven Funding Streams, DHS, DPH, DMH, 95 Hospitals and more than 100 FQHCs/CBOs with varying levels of capacity, expertise, and interest.





Research to Practice: Examples from the Los Angeles County EHE Initiative





Priority Populations

- Black/African American men who have sex with men (MSM)
- Latinx MSM
- Ciswomen of color
- People who inject drugs and/or with substance use disorder
- People of trans experience
- Youth under 30 years of age

EHE website: www.LACounty.HIV

Snapshot of EHE Strategies and Programs



Diagnose

- HIV self-testing
- Increased HIV testing in non-healthcare settings
- Routine testing in healthcare settings



Treat

- Rapid and Ready Program
- iCARE Program (Contingency Management)
- Mental health/trauma informed services
- Intensive case management for pregnant persons with HIV
- Evidence based interventions



Prevent

- Expand PrEP service delivery
- TelePrEP
- Provider education
- Media campaigns
- Pharmacies as PrEP access points



Respond

- Cluster Detection and Response
- Statewide Community Advisory Board
- Data to Action efforts
- Community Health Ambassador Program

Cross
Cutting
Strategies

- Community mobilization and engagement
- Social media influencer partnerships
- HIV workforce development (skills building, leadership development, self-care)
- Mini-grants & Innovation awards
- Financial assistance programs

EHE Diagnose Pillar Strategies

HIV Self-Testing

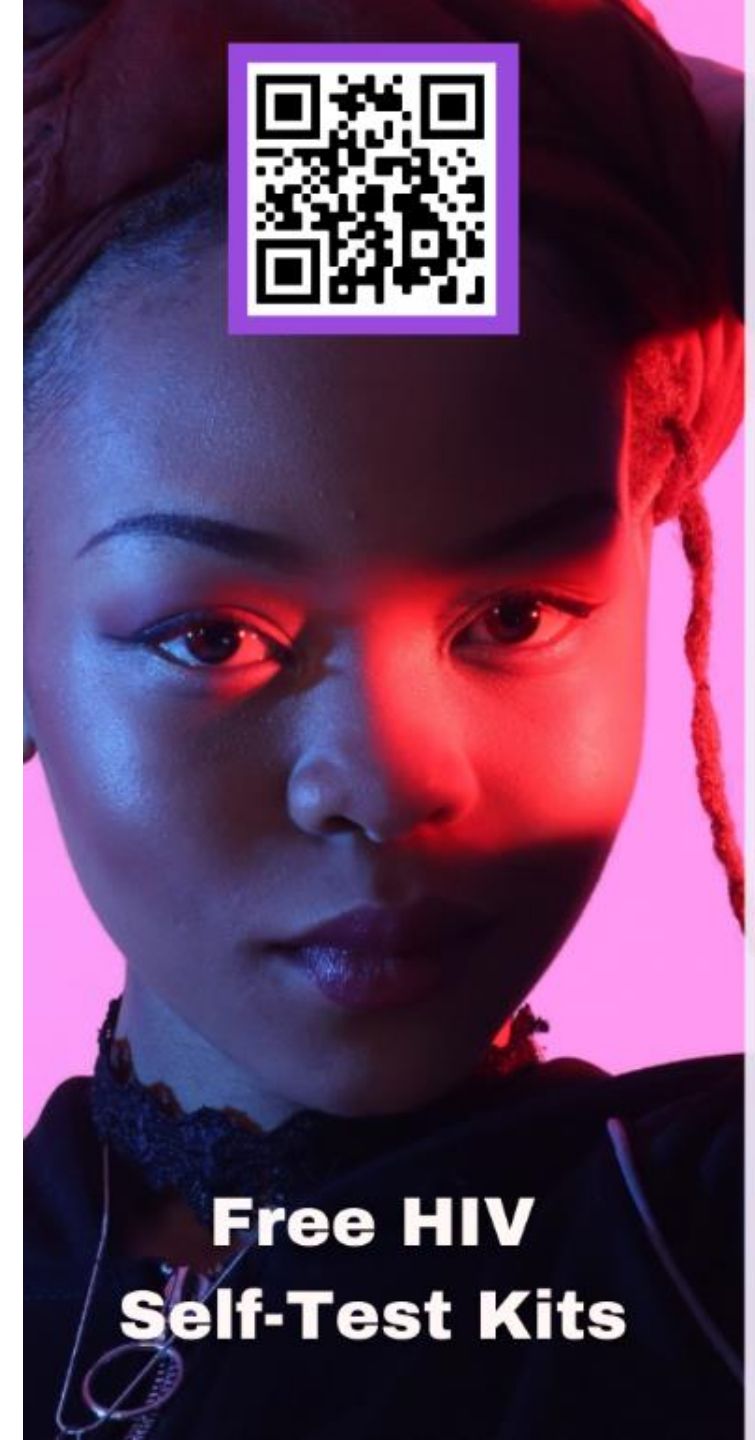
- Over 20,000 tests distributed via:
 - 1) Take Me Home
 - 2) Community Partners (23)
 - 3) DHSP Contracted Partners (25)

HIV Testing in Non-Traditional Settings

- 5 Syringe Service Programs (Engagement and Overdose Prevention Hubs)
- 5 Street Medicine Programs
- 2 Mobile Vaccine Clinics

Routine Testing in Healthcare Settings

- 47 Department of Mental Health (DMH) clinics + psych street medicine team (i.e. HOME team)
- **HRSA BPHC FQHC Funding**



**Free HIV
Self-Test Kits**

HIV Testing Resources

- Connect organizations with [Melissa Papp-Green](mailto:MPapp-Green@ph.lacounty.gov) MPapp-Green@ph.lacounty.gov for bulk orders of free HIV self-test kits, INSTI HIV test kits, syphilis test kits.



ROUTINE HIV SCREENING

INTRODUCTION

Approximately 57,000 people in Los Angeles County (LAC) are living with HIV, including 5,100 persons who are unaware of their HIV status. Early HIV diagnosis is critical for preventing the progression of the disease, improving health outcomes, and reducing the likelihood of HIV transmission to others.

The Ending the HIV Epidemic (EHE) Initiative aims to reduce the number of new HIV transmissions in the U.S. by 90% by 2030. To meet this goal, the percentage of people living with HIV (PLWH) who are aware of their diagnosis in LAC needs to increase from 91% to 95% by 2030. The Los Angeles County Department of Public Health (Public Health), in collaboration with a variety of community partners, is working to expand and improve HIV testing services through routine screening in emergency departments (EDs) and other healthcare settings, a key strategy in the [Ending the HIV Epidemic Plan for Los Angeles County](#).

WHAT IS ROUTINE HIV SCREENING?

Routine HIV screening occurs when HIV testing is provided as a routine element of medical care. The Centers for Disease Control and Prevention (CDC) recommends that everyone aged 13 to 64 years should be screened for HIV at least once in their lifetime across healthcare settings.¹ For those at higher risk, such as persons who inject drugs and persons who have sex with partners of unknown HIV status, the CDC recommends testing at least once a year. Despite these guidelines, only 25% of patients who saw a primary care provider in the U.S. in the past year, and who may most benefit from HIV testing, were offered an HIV test.^{1,2}

WHY IS ROUTINE HIV SCREENING IMPORTANT?

Routine HIV screening in clinical settings (e.g., EDs, hospitals, sexual health clinics) is crucial for increasing the proportion of PLWH who are aware of their status, especially in places where HIV is prevalent. It's also a good approach to de-stigmatize HIV and normalize testing, as well as increase the likelihood that people at risk for HIV, who may not be aware, get an HIV test. Routine HIV screening also allows for the early detection of acute HIV infections and the successful linkage of newly and previously diagnosed PLWH to care.

Many people use EDs as their first point of contact with healthcare, and PLWH have been observed to use EDs more frequently than other groups.^{3,4} As a result, EDs, urgent care centers, and hospitals are critical places to offer HIV testing, especially for those who rely on emergency services because they do not have access to a primary care provider.

Los Angeles County Department of Public Health
Division of HIV and STD Programs
www.publichealth.lacounty.gov/dshp
(213) 351-8000

DIAGNOSIS	PREVENTION	TREATMENT	NEXT STEPS
<p>What is HIV? HIV (Human Immunodeficiency Virus) is a sexually transmitted infection (STI) where the virus attacks the body's immune system. If left untreated, it can lead to AIDS (Acquired Immunodeficiency Syndrome).</p>	<p>Choose any or all that are right for you: Condoms and Dental Dams Use a condom or dental dam consistently and correctly every time you have sex. Consider Limiting Your Sex Partners</p>	<p>How is HIV treated? HIV is treated by taking antiretroviral therapy (ART). ART reduces the amount of HIV in your body and helps you stay healthy. There is no cure for HIV, but you can control it with HIV treatment.</p>	<p>Should you tell people that you tested positive for HIV? Many people experience a sense of relief, closeness, and empowerment when they disclose their status to loved ones and partners. Your HIV status is personal so it's your decision how and when you tell others. Your HIV care team or the Department of Public Health can assist you with this if you need or want help. Notifying Partners of HIV Exposure If you feel comfortable, let your sex partners or needle-sharing partners know that they have been exposed to HIV and should get tested. You can let them know anonymously through TellYourPartner.org which allows you to send an anonymous text or email to the person. You can also call the Department of Public Health and we can work to notify them while protecting your confidentiality. See number below. Are you experiencing domestic violence (DV) or intimate partner violence (IPV)? Sometimes, an HIV or STI diagnosis can happen for someone who is experiencing DV or IPV, and may make partner notification an unsafe choice for them. If you need help right away, or are experiencing DV or IPV, please call the 24/7 confidential LA County DV Hotline at (800) 978-3600.</p>

I TESTED POSITIVE

Open this panel to learn more about next steps!

I GOT TESTED

Now What?

Open this panel to learn more about next steps!

I TESTED NEGATIVE

Open this panel to learn more about next steps!

Resources

The official sexual health information and resource hub for HIV and STD prevention, testing and care services in LA County.

Information on PrEP and PEP for the public and providers. Features information on HIV prevention and care services in LA County.

TAKEMEHOME

Free HIV self-test kits that are mailed discreetly to you.

Ending the HIV Epidemic (EHE) Initiative is an initiative launched locally in LA County that aims to reduce HIV by 75% by 2025, and by 90% by 2030.

To learn more about EHE, visit LACounty.HIV or email EHEInitiative@ph.lacounty.gov to sign-up to receive the EHE newsletters.

Revised: January 2023

County of Los Angeles Department of Public Health
Division of HIV and STD Programs
www.publichealth.lacounty.gov/dshp
(213) 351-8000

[I Got Tested Brochure](#); [Me Hice La Prueba](#)

[Routine HIV Screening Fact Sheet](#)

Treatment Pillar Indicators

1. Increase the proportion of people diagnosed with HIV who are linked to HIV care within one month of diagnosis

2. Increase the proportion of diagnosed PLWH who are virally suppressed

Indicator	LAC current	EHE Targets for 2025
Linkage to HIV care among PLWH	76% (2021)	95%
Viral Suppression among PLWH	61% (2022)	95%

59,400

People living
with HIV in LA
County

iCARE Program

- **Purpose:** Support participants in achieving or maintaining viral suppression and prevent clients from falling out of care through **contingency management**.
- **Population:** **Youth under 30 years** living with HIV
- Program expansion in progress. Clients will be able to self **enroll via QR code**.



iCARE Ending the HIV Epidemic County of Los Angeles Public Health
Division of HIV and STD Programs

Text to earn up to \$600 for staying in HIV care!

Are you...

- ✓ Living with HIV
- ✓ 18-29 years old

Funding provided by the Health Resources & Services Administration and the County of Los Angeles, Department of Public Health, Division of HIV and STD Programs



iCARE Ending the HIV Epidemic County of Los Angeles Public Health
Division of HIV and STD Programs

Text to earn up to \$600 for staying in HIV care!

Are you...

- ✓ Living with HIV
- ✓ 18-29 years old

Scan QR Code to Enroll
Complete a short survey & receive a \$50 gift card.



bit.ly/iCAREProgram

Stay on Track
Take your meds, stay in care & reach viral suppression.

Earn Gift Cards
Reply to weekly text check-ins & earn up to \$15 per week.

Funding provided by the Health Resources & Services Administration (HRSA) Ending the HIV Epidemic Grant and the County of Los Angeles, Department of Public Health, Division of HIV and STD Programs

Rapid and Ready Program

Purpose:

1. Build a network of **clinics who accept immediate appointments.**
2. Link clients to appointments and **same day ART.**

Population: Newly diagnosed and out of care PLWH

Two components:

1. [Rapid Treatment Hubs:](#)
10 Ryan White Ambulatory Outpatient Medical (AOM) agencies, totaling 19 clinic sites
2. [R&R Navigation Team:](#)
DHSP Navigation Specialists in DCS

Ending the HIV Epidemic

LA COUNTY HIV

LOS ANGELES COUNTY RAPID AND READY AMBULATORY OUTPATIENT CLINIC GUIDE 2022

Rapid and Ready Program
Rapid HIV Navigation Services

What is the Rapid and Ready Program?
The Rapid and Ready Program (RRP) is designed to promote and support rapid linkage to HIV care for all persons who newly test positive for HIV or are ready to reengage in HIV care.

What are Rapid Navigation Services?
Rapid Navigation Services includes a team of navigators that link clients who test positive for HIV to a same-day or next-day medical appointment with providers who prescribe HIV medications on the first visit.

Who can receive services?
The services are for anyone who tests positive for HIV in Los Angeles County and is interested in seeing an HIV provider. HIV testing sites, community clinics, medical centers, and emergency departments can also use this service to link a client to HIV care.

What other services can I access through this Program?
Support services are available, including transportation, insurance navigation, benefits screening, assistance filling prescriptions, and accompanying clients to clinic visits. Navigators will also work to offer resources and referral pathways that best serve clients experiencing barriers in linkage to care.

How can I access services?
Connect with a navigator through any of the contact methods below. Hours of operation are Monday through Friday from 8:00 AM to 5:00 PM.

(833) 351-2298
rapid@ph.lacounty.gov
publichealth.lacounty.gov/dhsp/RapidART.htm

- Linkage to HIV care provider
- Assistance with transportation
- Insurance & benefits screening
- Assistance with filling prescriptions
- Accompanying clients to clinic visit

County of Los Angeles Department of Public Health
Division of HIV and STD Programs

Revised: January 2023

Programs and Resources for PWH



Ending the HIV Epidemic

LOS ANGELES COUNTY RYAN WHITE HIV/AIDS PROGRAM: MEDICAL & SUPPORTIVE SERVICES FACT SHEETS

County of Los Angeles Public Health

[Ryan White HIV/AIDS Program Fact Sheets](#)
 Free or low-cost treatment and supportive services for people with HIV.

Emergency Financial Assistance Program
 ([English](#) | [Spanish](#))
 Apply for up to \$5,000 in assistance.

Emergency Financial Assistance (EFA) for People with HIV

Apply for up to \$5,000 over a 12-month period

PAY FOR:

- Rent (rental agreement must be in your name)
- Utilities, including cell phone and Wi-Fi (bill must be in your name)
- Food

ELIGIBILITY:

- Los Angeles County Resident
- Person with HIV
- Current Income ≤ 500% FPL
- Not currently receiving any other form of emergency financial assistance

TO LEARN MORE OR APPLY, CONTACT:

- HIV Medical Care Coordination (MCC) Team
- HIV Benefits Specialist (BSS)
- LAFAN Case Manager

Please refer to the list of contacts on back.

All financial assistance payments are made on the client's behalf while maintaining confidentiality and protecting personal health information. No direct payments are made to clients.

County of Los Angeles Public Health

Introducing A New **Buddy Program!**

What is the buddy program? Buddy programs for people living with HIV/AIDS have been a vital part of HIV/AIDS services for decades. Now, as the majority of people living with HIV/AIDS are 50+ years old, isolation and the need for personal and social support has seen a resurgence. Being Alive was approached to start a new generation of a buddy program to address not only the needs of a population aging with HIV, but also to assist newly diagnosed people on a shorter-term basis to adjust to their new diagnosis.

If you're interested in HAVING a buddy, please email Ross at rmeredith@beingalivela.org to be put on the list.

If you're interested in BEING a buddy, also reach out to Ross at rmeredith@beingalivela.org. Our buddy program coordinator will be reaching out to follow up with those interested.

Participants will receive fantastic support, gift cards, and invitations to special activities.



BA BEING ALIVE!

A new program funded by the U.S. Centers for Disease Control and Prevention and the County of Los Angeles, Department of Public Health, Division of HIV and STD Programs to End the HIV Epidemic.

Buddy Program
 at Being Alive! for PWH.
 To find or become a buddy,
 email Ross
rmeredith@beingalivela.org

Spanish Mental Health Program
 For an appointment call
 (213) 375-3830 or email
 Marcus Mendez
marcusm@apaitonline.org

NECESITAS ALGUIEN CON QUIEN HABLAR?

Hay servicios gratuitos de salud mental disponibles para quienes hablan español.

DO YOU NEED SOMEONE TO TALK TO?

FREE mental health services are available!

¡ESTÁ BIEN PEDIR AYUDA!

APAIT apoya a los adultos (mayores de 50 años) que viven con el VIH o se ven afectados por el VIH en Los Angeles en estas poblaciones: hombres que tienen sexo con hombres, mujeres cisgénero, mujeres transgénero y personas que consumen sustancias. Ayudamos a las personas a abordar los factores estresantes de la vida y las condiciones de salud mental. Los servicios de apoyo son: asesoría individual y culturalmente apropiada en español, en persona o en línea (teleatención), de forma gratuita.

WE ARE HERE TO HELP!

APAIT supports adults (18+) living with or impacted by HIV in Los Angeles in these populations: men who have sex with men, cisgender women, transgender women, and people who use substances. We help individuals cope with life stressors and mental health conditions by providing free Spanish in-person or online (telehealth) culturally appropriate one-on-one counseling.

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OUR SERVICES

- Individual Therapy
- Psychiatric Services
- Case Management
- Substance Use Services
- Housing Referrals
- HIV & STD Testing
- HIV Education Classes
- HIV+ Social Support Groups

OUR SERVICES

- Terapia Individual
- Servicios Psiquiátricos
- Administración de Casos
- Servicios de uso de Sustancias
- Referencias de Vivienda
- Pruebas de VIH e ITS y clases de educación
- Grupos de apoyo social

Marcus Mendez (213) 375-3830 Ext: 1042 | 3055 Wilshire Blvd., Suite 300, Los Angeles, CA 90010

www.apaitonline.org

APAIT | ssg | L.A. HIV | Ending the HIV Epidemic | County of Los Angeles Department of Public Health, Division of HIV and STD Programs | Oficina de Programas Contra el VIH y el SIDA del Condado de Los Angeles, Departamento de Salud Pública, División de Programas Contra el VIH y el SIDA

DARE2Care Program

- Data for Adherence, Retention, and Engagement (DARE) 2 Care



Program Goals:

1. Utilize data to care to better reengage clients in HIV Medical Care and Medical Care Coordination (MCC) services.
2. Build a team within clinics that focus on field-based work, including locating and engaging out of care clients.



Partner clinics will be required to hire:

- 1 Data Analyst
- 2 Clinic Embedded HIV Engagement Specialists (CEHES)

Prevent Pillar Indicators

1. Increase the proportion of persons prescribed PrEP in priority populations to at least 50%

2. Increase capacity of syringe service programs (i.e. Engagement and Overdose Prevention (EOP) Hubs) for HIV testing and linkage to services.

Indicator	LAC current	EHE Targets for 2025
Percentage of persons in priority populations prescribed PrEP ³	53% (2021)	50%

76,000

people would benefit from PrEP

54,500

of the 76,000 are Black & Latinx people

PrEP Projects (Prevent Pillar)

Expand PrEP service delivery & provider options

- Technical assistance to FQHCs, DPH PHIs, housing partners
- 22 trainings held to date

TelePrEP

- Funded PrEP Centers of Excellence
- Technical assistance to DPH Sexual Health Clinics

Public Health Detailing

- Reached over 700 providers (primary care & women's health)

PrEP marketing/media campaign

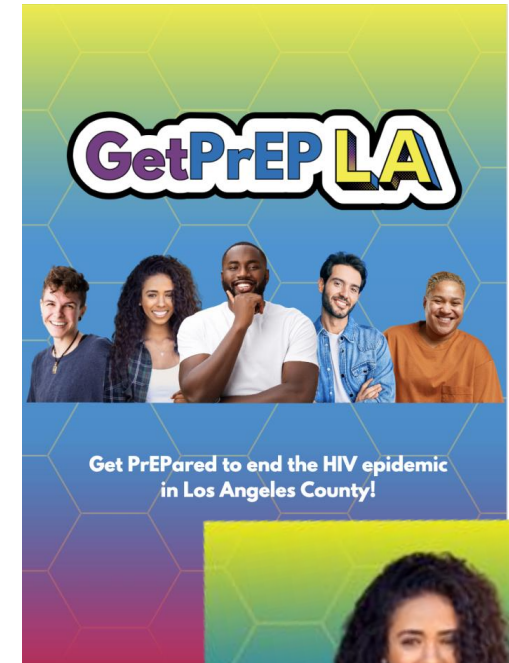
- (1) Black/African American Community
- (2) PrEP Access

Data to action

- Follow up calls to clients diagnosed with syphilis
- PrEP dashboard created by Surveillance Data to Action team

Pharmacy Partnerships

- Developing pharmacy partnerships and a protocol to operationalize the furnishing of PrEP



TelePrEP launched at DPH Sexual Health Clinics

Clinic	Contact
Antelope Valley Health Center 335-B East Avenue K6 Lancaster, CA 93535	661-471-4861
North Hollywood Public Health Center 5300 Tujunga Ave. North Hollywood, CA 91602	818-766-3982
Pomona Health Center 750 S. Park Avenue Pomona, CA 91766	909-868-0235
Central Public Health Center 241 N Figueroa Street Los Angeles, CA 90012	213-288-8204
Hollywood-Wilshire Health Center 5205 Melrose Ave. Los Angeles, CA 90038	323-769-7800
Martin Luther King, Jr. Center for Public Health 11833 Wilmington Ave., Los Angeles, CA 9059	323-568-8100
Ruth Temple Public Health Center 3834 S. Western Ave. Los Angeles, CA 90062	323-730-3507
Whittier Health Center 7643 Painter Ave. Whittier, CA 90602	562-464-5350
Curtis Tucker Health Center 123 W. Manchester Blvd. Inglewood, CA 90301	310-419-5325

Be PrEPared

PrEP/PEP Navigation Services are available to help you.

- Stay educated and on track of PrEP.
- Attend appointments online.
- Receive appointment reminders.
- Receive medication refills.
- Stay up-to-date on your lab results.
- Get treated for Sexually Transmitted Diseases (STDs).
- Get sexual health vaccinations such as mpox and meningitis.

Visit one of our clinics today!

QR Code

COUNTY OF LOS ANGELES
Public Health

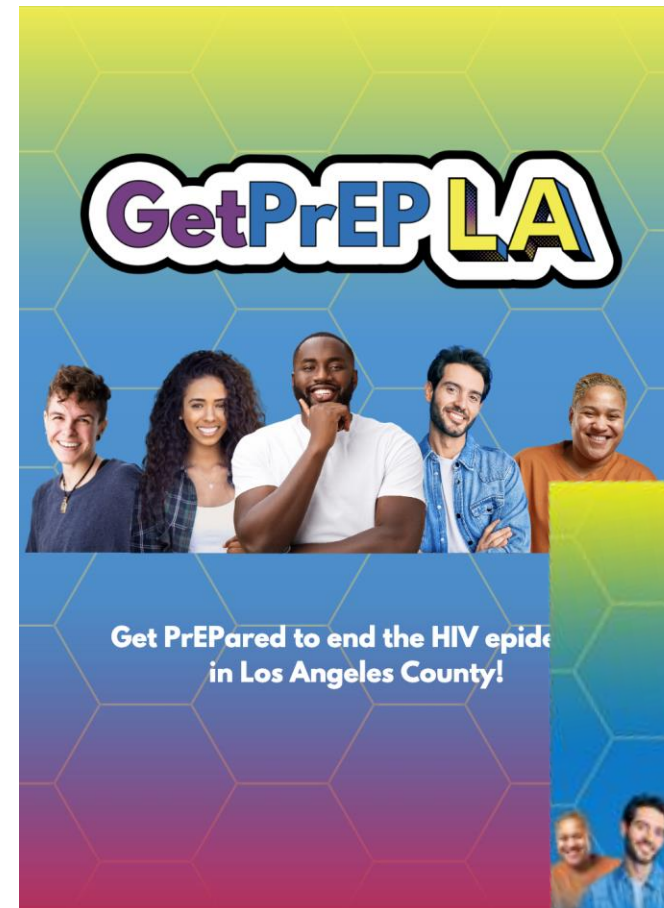
PrEP and PEP Action Kit

Provider resources

- [PrEP Detailing Aid](#)
- [PrEP/PEP FAQ](#)
- [PrEP Triage Protocol Card](#)
- [PEP Triage Protocol Card](#)
- [Taking a Sexual Health History Card](#)
- [PrEP Front Desk Info Card](#)
- [Oral PrEP Provider Postcard](#)
- [Oral PrEP Service Delivery Checklist Guidelines](#)
- [PrEP/PEP Billing Codes](#)
- [CA STI Screening Recommendations](#)
- [CA STI Treatment Recommendations](#)

Patient resources

- Know Your PrEP Brochure ([English](#)) ([Spanish](#))
- PrEP and PEP Brochure ([English](#)) ([Spanish](#))
- No PrEP Coverage? No Problem! ([English](#)) ([Spanish](#))
- PrEP Tearpad Stand ([English](#))
- PrEP Tearpad ([English](#)) ([Spanish](#))
- PrEP Posters



PrEP Public Health Detailing Campaign

- Provider education visits (in-person, 1 on 1) conducted by detailing staff.
- 1,400 medical providers (primary care and women's health) across 800 sites identified.
- Over 700 providers reached.
- PrEP and PEP Action Kit revamped and shared during provider visit.

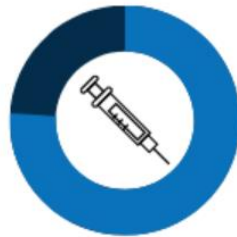
**ANY PRIMARY CARE PROVIDER
CAN PRESCRIBE PREP.**

Tell all your sexually active patients about PrEP and how it can protect them from getting HIV. Prescribe PrEP to anyone who asks for it, including sexually active adults and adolescents who do not report HIV risk factors.



99%

PrEP, when taken orally on a daily basis or injected bi-monthly, can reduce the risk of sexually acquired HIV by more than 99%.



76%

When taken daily, oral PrEP can reduce the risk of acquiring HIV in people who inject drugs by more than 76%.



76,000

Approximately 76,000 people in Los Angeles County would benefit from PrEP.

KEY MESSAGES

Take a sexual and substance use history of all patients.

Inform all sexually active adults and adolescents about PrEP. Prescribe PrEP to anyone who requests it. Strongly recommend PrEP to patients identified as having a risk for HIV.

Conduct an HIV test to confirm a patient does not have HIV before starting them on PrEP. Provide prescription the same day while awaiting test results.

Follow up with patients every 3 months for HIV/STI testing and a 90-day PrEP refill.

KNOW YOUR PREP!

PrEP is a medication that helps reduce your risk of getting HIV.

GetPrEP LA
GetPrEP LA.com

PREP AND PEP

in Los Angeles County

GetPrEP LA.com

PREVENT GETTING HIV BEFORE EXPOSURE

PrEP = Pre-Exposure Prophylaxis

Prophylaxis = Prevención

PrEP TO PREVENT HIV

- PrEP (Pre-Exposure Prophylaxis) is a medication (taken as a pill or injection) that helps you prevent HIV.
- PrEP reduces the risk of getting HIV by about 99% from sex and at least 74% from injection drug use.
- PrEP does not protect against other STIs or pregnancy - condoms are still recommended every time you have sex.

PrEP MAY BE FOR YOU

- PrEP can help you prevent HIV if you have tested negative for HIV, and are:
 - Sexually active
 - Sharing injection drug equipment
 - Experiencing intimate partner violence
- PrEP has been shown to work for people of all genders and sexualities.
- PrEP is an additional prevention tool if your partner is living with HIV.

PrEP

MOST INSURANCE PLANS COVER PrEP

Including Medi-Cal

MORE ABOUT PrEP

- If you regularly worry about HIV, ask your healthcare provider if PrEP may be right for you.
- You'll have to take an HIV test before starting PrEP.
- While you are on PrEP, you will need to see a healthcare provider for regular check-ups and HIV/STI tests.

Got Questions?

Web: GetPrEP LA.com

Call our automated info line: 1-844-YEA-PrEP (1-844-932-7737)

Find a place to get PrEP or PEP never been easier! Scan the QR code below to find a PrEP Center of Excellence near you.

Look for a PrEP navigator to welcome your appointment today!

PREVENIR EL VIH DESPUÉS DE EXPOSICIÓN

PEP = Profilaxis Pos-Exposición

Prophylaxis = Prevención

PEP DE EMERGENCIA PARA PREVENIR EL VIH

PEP (profilaxis pos-exposición) es un medicamento de emergencia que se toma durante 28 días para prevenir el VIH después de una posible exposición reciente.

PEP debe iniciarse dentro de las 72 horas posteriores a una posible exposición al VIH. Mientras más pronto mejor.

PEP no protege contra otras ITS si el embarazo, todavía se recomienda el uso de condones cada vez que tengas sexo.

¿QUIÉN DEBERÍA TOMAR PEP?

Toma PEP dentro de las 72 horas para las siguientes posibles exposiciones al VIH:

- Tuiste sexo anal o vaginal sin condón con alguien que vive con el VIH o un estado serológico desconocido.
- Tuiste sexo anal o vaginal y el condón se rompió con alguien que vive con el VIH o un estado serológico desconocido.
- Compartiste una aguja, jeringa u otro equipo de inyección de drogas con alguien que vive con el VIH o con un estado serológico desconocido.
- Superviviste una agresión sexual.

SI CASI QUE ESTUVISTE EXPOSTO AL VIH EN LAS ÚLTIMAS 72 HORAS, VE DE IMMEDIATE A UNA CLÍNICA, ATENCIÓN DE URGENCIAS O SALA DE EMERGENCIAS.

¡PEP FUNCIONA!

- PEP es muy eficaz para prevenir el VIH cuando se toma como recetado.
- PEP funciona mejor si se inicia dentro de las 72 horas de una posible exposición al VIH.
- PEP debe iniciarse lo antes posible - ¡cada hora cuenta!
- PEP funciona mejor cuando te lo tomas por los 28 días completos. No debes de tomar la PrEP sin consultar a tu proveedor de salud.

MÁS SOBRE PEP

- PEP protege a las personas que no viven con el VIH. Tendrás que hacerte una prueba de VIH antes de comenzar la PrEP.
- PEP puede causar efectos secundarios leves (por ejemplo, náuseas, diarrea), especialmente al comienzo del tratamiento.
- Cuando termines la PrEP, te harás otra prueba del VIH para asegurarte de que la PrEP funcionó.
- Considera la PrEP si tienes que tomar la PrEP más de una vez.

Habla con tu proveedor de salud sobre si la PrEP o la PEP son adecuadas para ti.

Hay asistencia financiera disponible para los copagos de los medicamentos. PrEP y PEP están disponibles a bajo costo o gratis, incluso si no tienes seguro médico.

Para obtener preguntas sobre cómo hablar con tu médico sobre la PrEP, vea CDC.GOV - Busque "Habla con tu médico acerca de la PrEP".

UNDERSTAND THE BASICS

- PrEP (Pre-Exposure Prophylaxis) is a medication taken as a pill or an injection that reduces the risk of getting human immunodeficiency virus (HIV) before an exposure through sex or sharing injection syringes.
- Taking PrEP as prescribed can reduce your risk of getting HIV by up to 99%.
- PrEP does not protect against other sexually transmitted infections (STIs) or pregnancy - condoms are still recommended every time you have sex.

KNOW THE FACTS

✓	✗
<ul style="list-style-type: none"> PrEP may be for you. You can get PrEP for free (and at free or low cost) from healthcare providers. You can use PrEP if you are on birth control. If you're taking PrEP to prevent HIV, you can continue to have sex with partners from whom you've had sex while on PrEP. You can use PrEP without a condom if you are trying to get pregnant, or if you are pregnant. 	<ul style="list-style-type: none"> PrEP is not a cure for HIV. PrEP does NOT work as soon as you start taking it. It can take 7-14 days to build up in your body. PrEP does NOT protect against other STIs. PrEP does NOT prevent pregnancy.

PrEP MAY BE FOR YOU!

PrEP can help you prevent getting HIV if you have tested negative for HIV, and are:

- Sexually active
- Sharing injection drug equipment
- Experiencing intimate partner violence

PrEP has been shown to work for people of all genders and sexualities.

PrEP is an additional prevention tool if your partner is living with HIV.

PrEP IS AVAILABLE FOR FREE OR LOW-COST

- Most insurance plans, including Medi-Cal, cover PrEP.
- If you have insurance, you can find a medical provider and information about how to get PrEP at GetPrEP LA.com.
- If you don't have insurance or can't get insurance due to your immigration status, there are places that you can still get PrEP for free!

HOW TO GET PrEP

Finding a place to get PrEP in Los Angeles County has never been easier! Whether or not you have insurance, a PrEP Center of Excellence can help you get started.

These clinics offer various services, including:

- Medical care
- Help to apply for insurance and other programs
- PrEP
- Help for remembering to take your medications
- Referrals to other services to keep you healthy

Check out the map on the back to find the nearest center to you. Call today to schedule an appointment and ask for the PrEP Navigator.

RESOURCES

WANT TO KNOW MORE?

Visit GetPrEP LA.com

Call the automated info line: 1-844-YEA-PrEP (1-844-932-7737)

PrEP CENTERS OF EXCELLENCE

Center Name	Address	Phone
Whittier PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
West Valley PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
Long Beach PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
Los Angeles PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Gabriel PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Bernardino PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Diego PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Jose PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Francisco PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Antonio PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Marcos PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Luis Obispo PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Bernardino PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Diego PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Francisco PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Antonio PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Marcos PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200
San Luis Obispo PrEP Center	10000 Whittier Blvd, Whittier, CA 90606	(562) 864-9200

KNOW YOUR PREP!

PrEP is a medication that helps reduce your risk of getting HIV.

GetPrEP LA
GetPrEP LA.com

FREE or low-cost pre-exposure prophylaxis (PrEP) to prevent getting HIV is available to all residents of LA County!

The following information provides an overview of how to access PrEP.

Did you know?
Taken as prescribed, PrEP can reduce the chance of getting HIV by up to 99%

If You Have Insurance

Medi-Cal

- PrEP and all related medical services are 100% covered as preventive services.
- Services should be billed directly to Medi-Cal, not the patient's managed care plan.
- Who is eligible?**
 - Covers LA County residents whose income is at or below 138% Federal Poverty Level (FPL)
 - Undocumented
 - Medi-Cal

Medicare

- PrEP is covered
- Financial assistance is available if referred to a provider
- Who is eligible?**
 - Individual
 - Individual with insurance

Private Insurance

- Covers the cost
- Prior authorization required
- To get started:
 - Open enrollment
 - Enroll for special events: [www.coveredca.com](#)
- Who is eligible?**
 - People with private insurance
 - People with income over 138% FPL
 - Consistent enrollment

Private Insurance

- Most major insurance plans
- Who is eligible?**
 - Individual

DoxyPEP for STI Prevention

What is DoxyPEP?



Doxycycline Post-Exposure Prophylaxis (DoxyPEP) means taking the antibiotic doxycycline after sex, to prevent getting a sexually transmitted infection (STI). It is a morning-after pill for STIs. Studies have shown that taking DoxyPEP reduces your chance of getting syphilis and chlamydia by about two-thirds, especially if you are a transgender woman (TGW) or a man who has sex with men (MSM).

When should I take DoxyPEP?



Two 100 mg of doxycycline should ideally be taken within 24 hours, but no later than 72 hours after condomless sex. Condomless sex means oral, anal, or vaginal/front-hole sex where a condom is not used for the entire time.

What about when I have sex again?



If you have sex again within 24 hours of taking doxycycline, take another dose 24 hours after your last dose. You can take doxycycline as often as every day when you are having condomless sex but do not take more than 200 mg (two 100 mg pills) every 24 hours.

How should I take DoxyPEP?



Take doxycycline with plenty of water or something else to drink so that it does not get stuck when you swallow. If your stomach is upset by doxycycline, taking it with food may help.

- Some people are more sensitive to the sun when they take doxycycline, so wear sunscreen.
- Please do not share doxycycline with others.
- Avoid dairy products, calcium, antacids, or multivitamins 2 hours before after taking doxycycline.

What are we still learning about DoxyPEP?



- Does it affect normal ("good") bacteria in our intestines?
- Could it increase or decrease the bacteria that live on our skin, or cause bacterial resistance to doxycycline (for example staph)?
- Will DoxyPEP increase doxycycline resistance in bacteria that cause STIs?
 - Although doxycycline has been used for decades, there is no known resistance to doxycycline in chlamydia or syphilis.
 - About 25% of gonorrhea in the US is already resistant to doxycycline; DoxyPEP may not work against these strains. The DoxyPEP study and other studies will help understand whether using DoxyPEP changes resistance in gonorrhea.

Reminders

- Please continue to get tested for STIs every 3 months and whenever you have symptoms.
- DoxyPEP doesn't protect against MPOX (monkeypox), HIV, or other viral infections.
- Talk to your health care provider about pre-exposure prophylaxis (PrEP) and post-exposure prophylaxis (PEP) for HIV prevention.
- If you are living with HIV, continue to take your medications and see your health care provider regularly.

Prevent Pillar Resources

- [PrEP/PEP Action Kit for Providers and Patients](#)
- [Basics of PrEP/PEP](#)
- [GetPrEPLA](#)
- [Syringe Exchange Site Schedule](#)
- DoxyPEP Fact Sheets ([English](#) / [Spanish](#))

Respond Pillar Indicators

1. Develop and maintain capacity for cluster and outbreak detection and response

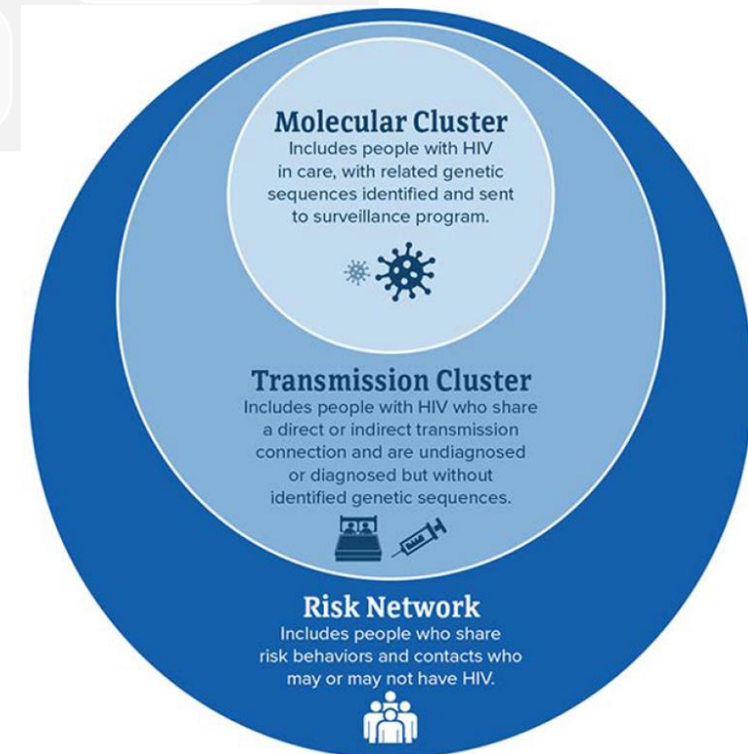
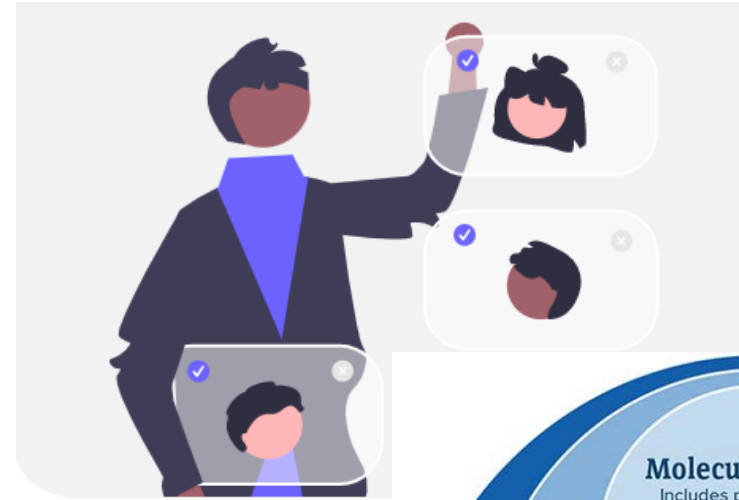
2. Increase the percentage of new HIV diagnoses assigned/attempted contacts for Partner Services to 95%

3. Increase the percentage of new HIV diagnoses assigned cases to be interviewed for PS to 75%

Indicator	LAC current	EHE Targets for 2025
Percentage of assigned contacts to PS	67% (2022)	95%
Percentage of assigned cases to be interviewed for PS	45% (2022)	75%

Community Health Ambassador (CHAP) Program

- **Purpose:** Utilize cluster detection efforts with the Social Network Strategy (SNS) to identify persons with undiagnosed HIV and link them to treatment services.
- **Populations:** EHE priority populations identified in high priority clusters
- **Community Health Ambassadors** will be selected from high priority clusters to recruit individuals from their social and sexual networks to link to HIV testing via self-test kits.



Cluster Detection & Response Community Advisory Board



- **Purpose:** Amplify community voices on CDR to guide surveillance efforts across CA counties, including Los Angeles.



- **Committee Size:** 10 members

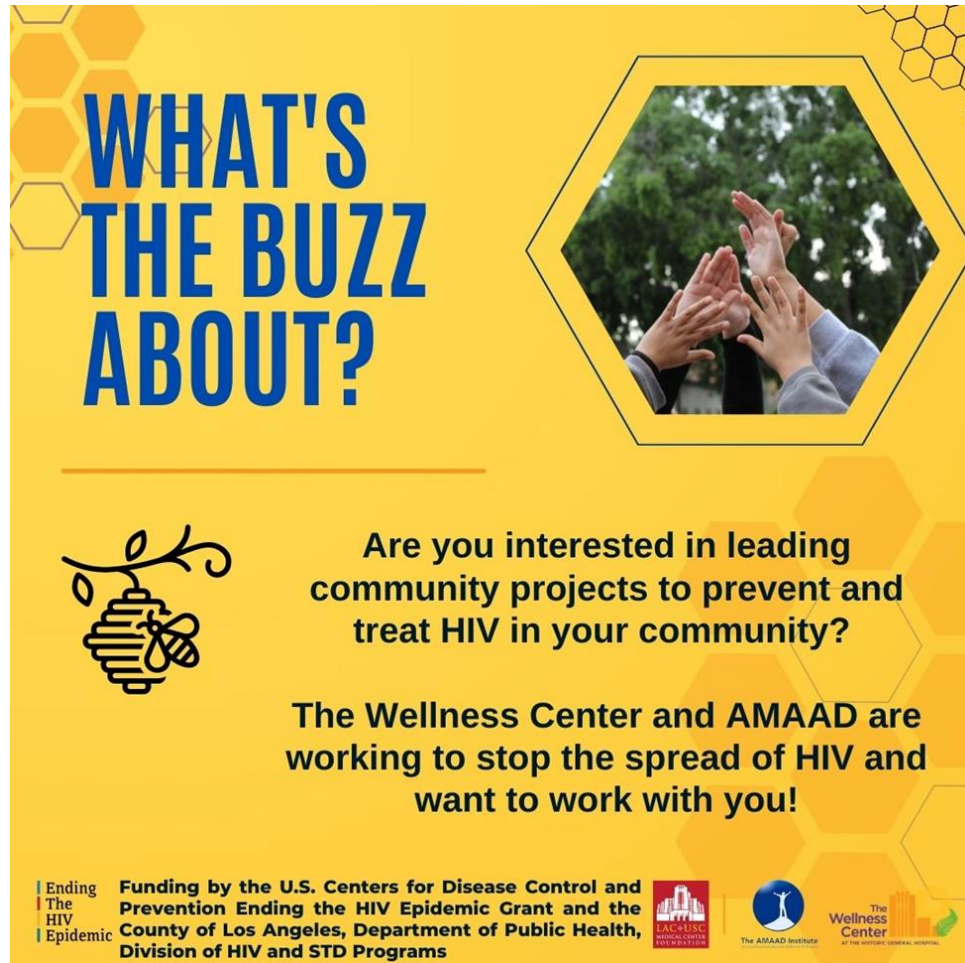


- **Population:** Diverse representation + surveillance experts from multiple Counties




- **Partners:** CDPH State Office of AIDS, San Francisco DPH
- **Meeting Topics:** Overview of Health Department CDR Programs, Data Privacy, Language Utilized when Discussing Clusters, Addressing Stigma in Responding to Clusters.

Community Engagement Program



WHAT'S THE BUZZ ABOUT?




Are you interested in leading community projects to prevent and treat HIV in your community?

The Wellness Center and AMAAD are working to stop the spread of HIV and want to work with you!

Ending The HIV Epidemic

Funding by the U.S. Centers for Disease Control and Prevention Ending the HIV Epidemic Grant and the County of Los Angeles, Department of Public Health, Division of HIV and STD Programs



- **Purpose:** Engage community members across the County to engage in EHE-related projects of their choice.
- **Population:** 8 community teams representative of EHE Priority Populations
- **Partners:** The Wellness Center Foundation & Arming Minorities Against Addiction and Disease (AMAAD)

Cohort Project Overview

Cohort	Project
Black MSM	Address stigma of HIV and queer identity within faith-based institutions.
South LA	Storytelling events every quarter to share personal stories of how HIV has impacted lives. Partnering with barbershops & comedian.
Women of Color	Developed banners to be hung in South LA empowering women of color with HIV with inclusive and supportive messaging.
Young Adults (19-29 years)	Developed an online “zine” that (1) addresses stigma, stereotypes and common myths surrounding HIV, and (2) education, dialogue within targeted population groups.
Trans & Gender-Inclusive	Host a conference led by and for the TGI community.
Youth (12-18 years)	Partnered with Bravo High School (LAUSD) to increase HIV/STD testing for youth, educate community on sexual health/focus on early messaging of queer identity and LGBTQ+ youth.
Latinx MSM	Increase sex positivity in primary care settings by ensuring primary care physicians have the proper knowledge to support LGBTQ+ patients.
East LA (Spanish speaking)	Resource mapping and health education in East LA to increase access to condoms, HIV testing, PrEP.

Cross Cutting Strategies

- Community Engagement Programs (South LA)
- Social Marketing and Media Campaigns
- Priority Pop Intervention Grants & Mini-grants
- Implicit Bias & Medical Mistrust Training
- Syndemics planning with County Partners
- Policy and Leadership

WHAT'S THE BUZZ ABOUT?

Are you interested in leading community projects to prevent and treat HIV in your community?

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Ending The HIV Epidemic

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The AMAAD Institute

The Wellness Center

It's their health too
SYPHILIS
and other STDs can harm your baby
GET FACTS. GET TESTED. GET CURED.
Free & confidential testing & information:
1-800-758-0880 • www.publichealth.lacounty.gov/dhsp

KNOW YOUR PREP!

PrEP is a medication that helps reduce your risk of getting HIV.

GetPrEPLA
GetPrEPLA.com



STIGMA KILLS

HIV EDUCATION & EMPOWERMENT
VOL-001 + Summer 2023

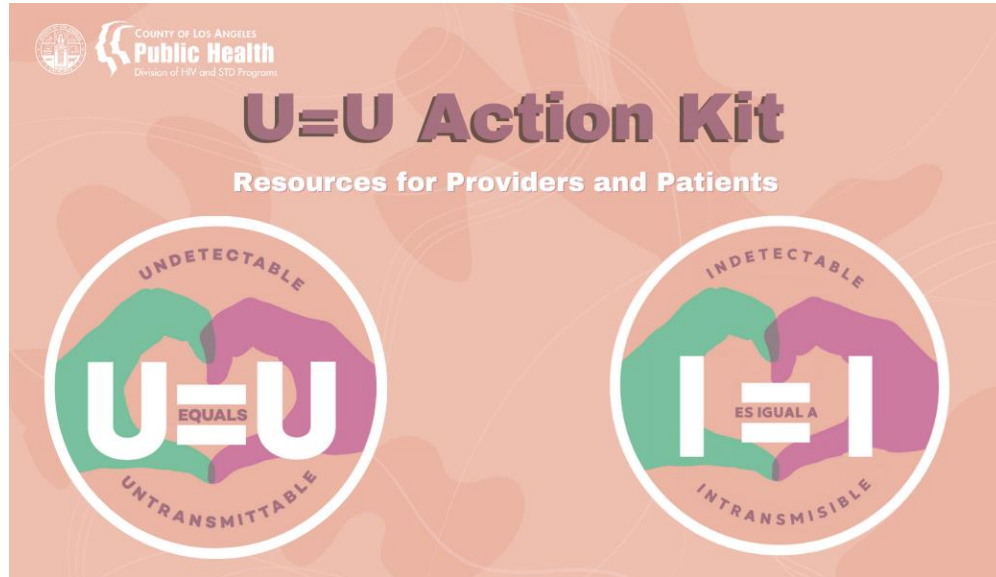
STIGMA KILLS

EHE Priority Population Intervention Grants

Organization	Population	Intervention
CARE Center at St. Mary Medical Center	MSM	CBT for Adherence and Depression
St. John's Community Health	MSM	CBT for Adherence and Depression
Los Angeles LGBT Center	MSM	Seeking Safety
Bienestar Human Services	Transgender women	Seeking Safety
Los Angeles LGBT Center	Transgender women	Seeking Safety
UCLA – Los Angeles Family AIDS Network	Cisgender women	Peer Linkage and Re-engagement
East Los Angeles Women's Center	Cisgender women	Seeking Safety
The Wall Las Memorias	PWID/SUD	Seeking Safety + Health Models: Pay-for-Performance
CARE Center at St. Mary Medical Center	PWID/SUD	Seeking Safety + Health Models: Pay-for-Performance
REACH LA	Youth <30	Health Models: Pay-for-Performance

For agency contact information or to make referrals, contact Michael Haymer at mhaymer@ph.lacounty.gov

Action Kits ([click here](#))



COUNTY OF LOS ANGELES
Public Health
Division of HIV and STD Programs

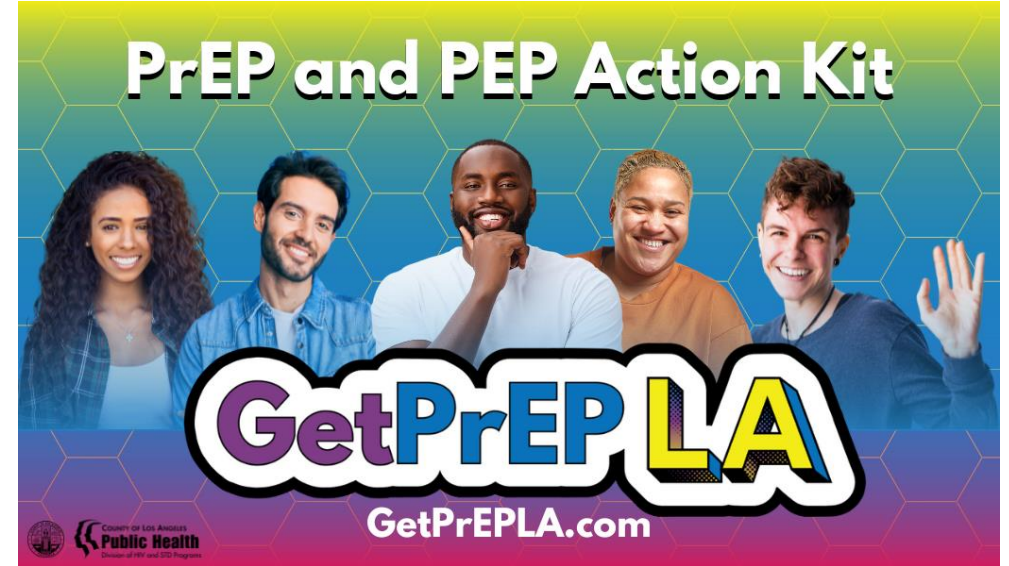
U=U Action Kit

Resources for Providers and Patients


UNDETECTABLE
U=U
EQUALS
UNTRANSMITTABLE

INDETECTABLE
I=I
ES IGUAL A
INTRANSMISIBLE

The cover features two circular logos. The left logo shows two hands holding a heart with 'U=U' and 'EQUALS' in the center, surrounded by the words 'UNDETECTABLE' and 'UNTRANSMITTABLE'. The right logo shows two hands holding a heart with 'I=I' and 'ES IGUAL A' in the center, surrounded by the words 'INDETECTABLE' and 'INTRANSMISIBLE'.



PrEP and PEP Action Kit



GetPrEP LA

GetPrEP LA.com

COUNTY OF LOS ANGELES
Public Health
Division of HIV and STD Programs

The cover features a group of five diverse young adults smiling against a blue and green hexagonal background. The text 'GetPrEP LA' is written in a large, colorful, bubbly font.



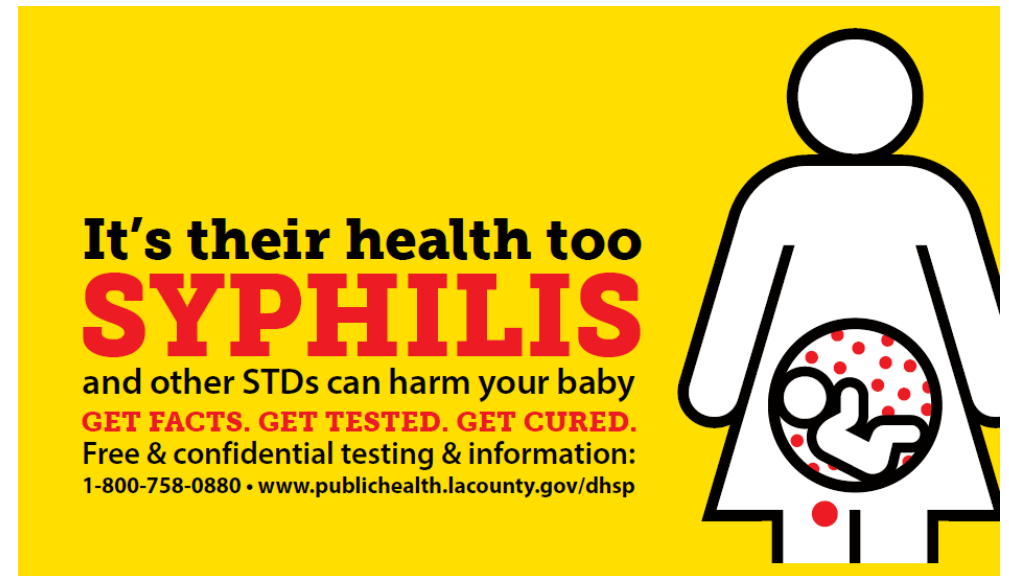
COUNTY OF LOS ANGELES
Public Health
Division of HIV and STD Programs

PERINATAL HIV ACTION KIT

Provider Resources

Be Ready to Care for Pregnant Persons with HIV


The cover features a stylized illustration of a pregnant woman's silhouette in orange and purple, with a green circle containing a fetus inside. The text is in bold black and white fonts.



It's their health too

SYPHILIS

and other STDs can harm your baby
GET FACTS. GET TESTED. GET CURED.
Free & confidential testing & information:
1-800-758-0880 • www.publichealth.lacounty.gov/dhsp



The cover features a yellow background with a white icon of a pregnant woman. The fetus is depicted with red dots, representing syphilis. The text is in bold black and red fonts.

Absolutely Critical EHE Partners



Partner Types	Organizations/Groups
Frontline Service Providers	<ol style="list-style-type: none"> 1) Community Health Centers, FQHCs, CCALAC 2) County partners (DHS, DMH, DPH, SAPC, LASD) 3) Ryan White Program Network
Academic Partners	<ol style="list-style-type: none"> 1) UCLA, USC, CDU 2) Pacific AIDS Education Training Center (PAETC)
Policy Partners	<ol style="list-style-type: none"> 1) CA HIV Research Program (CHRP) 2) Commission on HIV Public Policy Committee 3) CA Ending the Epidemics Coalition
Community Engagement	<ol style="list-style-type: none"> 1) AMAAD, LAC+USC Foundation (The Wellness Center) 2) Commission on HIV Consumer Caucus 3) Community Advisory Boards
Healthcare Financing Partners	<ol style="list-style-type: none"> 1) CMS (Medicaid/Medicare) 2) Health Plans (LA CARE, Health Net, Molina)
Advisory and Operational Groups	<ol style="list-style-type: none"> 1) Commission on HIV 2) EHE Steering Committee 3) CDR Advisory Committee

FEDERAL PARTNERS





Ending
the
HIV
Epidemic



Gracias!

Email: EHEInitiative@ph.lacounty.gov

EHE website: www.LACounty.HIV