

Assessment:

RAND Heath Depression Screener

1. Have you ever had 2 years or more in your life when you felt depressed or sad most days, even if you felt OK sometimes? (Circle one)

Yes

No (Skip to Question 2)

a. Did any period like that ever last 2 years without an interruption of 2 full months when you felt OK?

Yes

No (Skip to Question 2)

b. Did any of those long periods of feeling sad or depressed continue into the last 12 months?

Yes

No

2. In the last 12 months, have you had 2 weeks or longer when ... (Circle one answer on each line)

a. nearly every day you felt sad, empty or depressed for most of the day?

Yes

No

b. you lost interest in most things like work, hobbies, and other things you usually enjoyed?

Yes

No

3. In the last month did you have a period of 1 week or more when ... (Circle one answer on each line)

a. nearly every day you felt sad, empty or depressed for most of the day?

Yes

No

b. you lost interest in most things like work, hobbies, and other things you usually enjoyed?

Yes

No