
PROMOTING RESISTANCE AND RESILIENCE FOR HOLISTIC HEALTH: THE POWER OF LGBTQIA+ YOUTH

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RESILIENCE +
RESISTANCE
COLLECTIVE



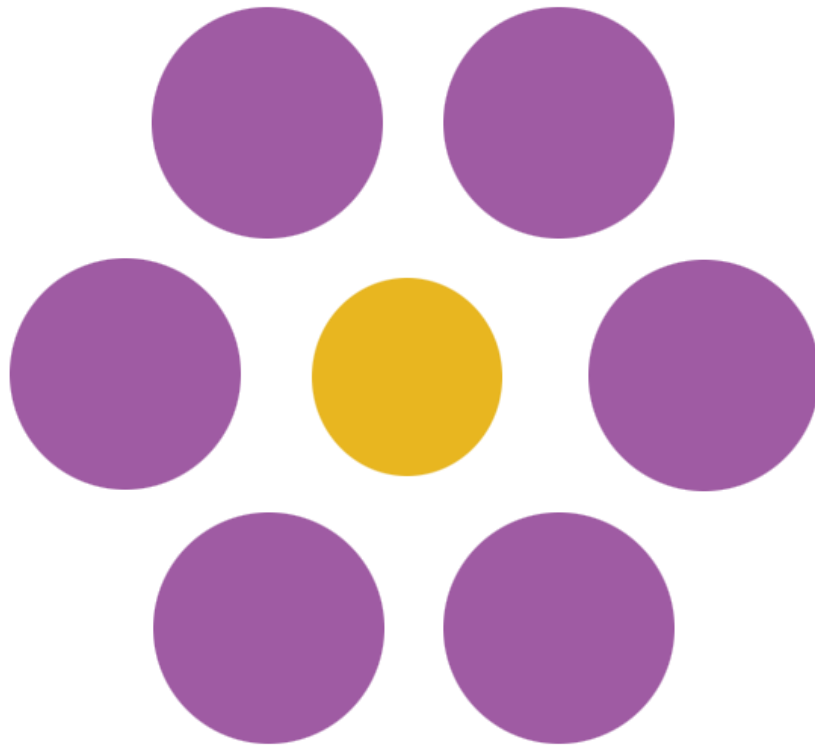
What are you
grateful
for?



MY INTERSECTIONAL IDENTITIES



WHICH YELLOW DOT IS BIGGER?



GOOD NEWS OR BAD NEWS?



Young people and HIV



UNAIDS global estimates for 2019

Adolescents and young people living with HIV

Total number of adolescents living with HIV: 1 700 000 [1 100 000–2 400 000].

- ▶ Total number of adolescent boys: 740 000 [540 000–990 000].
- ▶ Total number of adolescent girls: 1 000 000 [550 000–1 400 000].

Adolescents – defined by the United Nations as those between the ages of 10 and 19 – number 1.2 billion in the world today, making up 16 per cent of the world's population.

46%

Despite the progress made in the past 10 years, with a 46% decline in new HIV infections among young people (15–24 years), the world is still behind on achieving the targets set for young people.

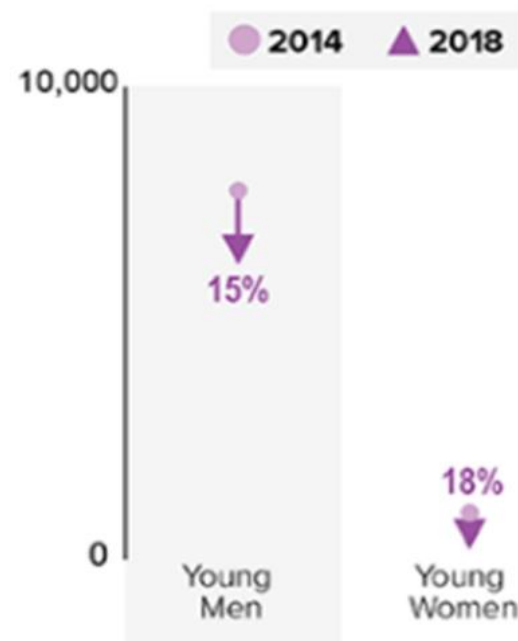
.14% of adolescents globally are living with HIV

99.86% of adolescents globally are NOT living with HIV

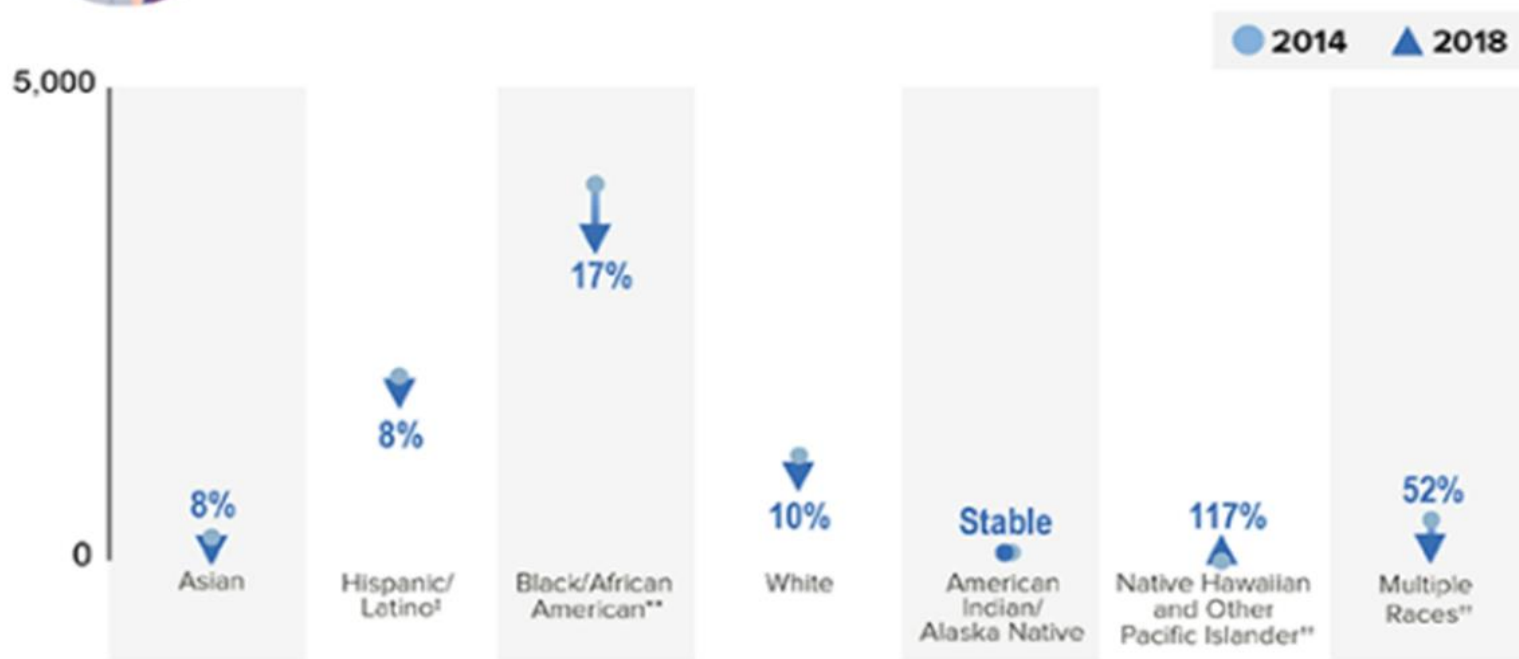
HIV Diagnoses Among Youth in the US and Dependent Areas, 2014-2018



Trends by Sex *



Trends for Young Gay and Bisexual Men by Race/Ethnicity †



* Based on sex assigned at birth and includes transgender people.



THE TREVOR Project National Survey on LGBTQ Youth Mental Health 2021

Although LGBTQ youth described a number of challenges in their lives, they also listed hundreds of ways they find joy and strength, including:   



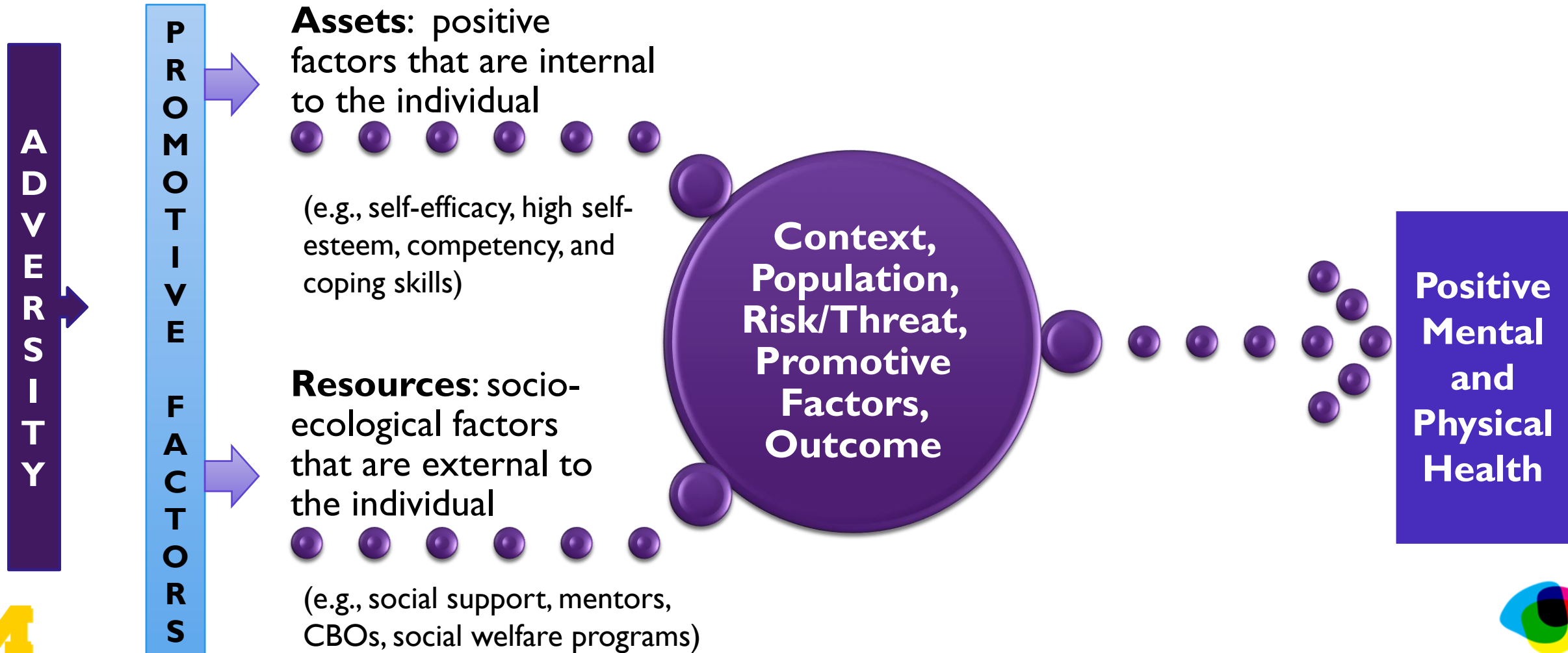
CURRENT APPROACH TO HIV PREVENTION AND TREATMENT...



RESILIENCE AND RESISTANCE



RESILIENCE AS A PROCESS (FERGUS & ZIMMERMAN, 2005)



RESILIENCE PROCESSES AMONG LGBTQIA+ YOUTH

ann. behav. med. (2021) 55:1168–1183
DOI: 10.1093/abm/kaab011

REGULAR ARTICLE

Gender Affirmation as a Source of Resilience for Addressing Stigmatizing Healthcare Experiences of Transgender Youth of Color

Tamar Goldenberg, PhD, MPH^{1,2} · Kristi E. Gamarel, PhD^{2,3} · Sari L. Reisner, ScD^{4,7} · Laura Jadwin-Cakmak, MPH² · Gary W. Harper, PhD, MPH²

P1 AIDS CARE
© 2018, VOL. 30, NO. 55, 527–538
<https://doi.org/10.1080/09540121.2018.1510106>



OPEN ACCESS Check for updates

“Stay strong! keep ya head up! move on! it gets better!!!!”: resilience processes in the healthMpowerment online intervention of young black gay, bisexual and other men who have sex with men

Megan C. Barry^a, Megan Threats^b, Natalie A. Blackburn^c, Sara LeGrand^d, Willa Dong^c, Deren V. Pulley^c, Greg Sallabank^e, Gary W. Harper^f, Lisa B. Hightow-Weidman^g, Jose A. Bauermeister^h and Kathryn E. Muessig^c

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Resilience Processes Demonstrated by Young Gay and Bisexual Men Living with HIV: Implications for Intervention

Gary W. Harper, PhD, MPH¹ · Douglas Bruce, PhD, MSW² · Sybil G. Hosek, PhD³ · M. Isabel Fernandez, PhD⁴ · Brian A. Rood, MA, MPH⁵ and the Adolescent Medicine Trials Network for HIV/AIDS Interventions

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What's Good About Being Gay? Perspectives from Youth

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This article explores gay and bisexual male adolescents' positive perceptions of their sexual orientation identity. In-depth qualitative interviews were conducted with an ethnically diverse sample of 63 gay/bisexual male adolescents in Chicago (N = 42) and Miami (N = 21). Data revealed two major conceptual categories: 1) positive personal conceptualizations of being gay/bisexual and 2) resiliency in the face of gay-related oppression. Additional primary themes and subthemes were identified within each category that further illustrate how gay/bisexual youth were able to

EW Journal of the International AIDS Society 2015, 18(Suppl 1):19429
<https://doi.org/10.1002/jia2.19429> | <http://dx.doi.org/10.7448/IAS.18.2.19429>



Health and support among young key populations: a conceptual approach to understanding and intervention

and Gary W. Harper^{1,3}

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Abstract
Introduction: The patterning of the HIV epidemic within young key populations (YKPs) highlights disproportionate burden by mental disorders in these populations. The mental wellbeing of YKPs is closely associated with biological predispositions and psychosocial factors related to YKPs' sexual and gender identities and socio-economic status. The purpose of this paper is to highlight sources of risk and resilience, as well as identify treatment and supports for mental health disorders (MHDs) among YKPs. **Discussion:** This paper utilizes Bronfenbrenner's Bioecological Systems Theory and the Social Stress Model to explore the risk and protective factors for MHDs across YKPs' ecological systems, and identify current gaps in treatment and support for MHDs among these youth. We emphasize the fluidity and intersections across these categorizations which reinforce the vulnerability of these populations, the lack of concrete data to inform mental health interventions among YKPs, and the need to ground YKP interventions and programmes with human rights principles stipulated in the convention on the rights of a child. **Conclusions:** We put forth recommendations for future research and strategies to address the mental wellbeing of YKPs, including the need for integrated interventions that address the multiplicity of risk factors inherent in the multiple group membership, rather than single-focus interventions whilst addressing the unique needs or challenges of YKPs.

Keywords: youth; adolescents; psychiatric disorders; psychosocial; HIV/AIDS; treatment; programmes.

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Resilience among gay/bisexual young men in Western Kenya: psychosocial and sexual health outcomes

Gary W. Harper^a, Ryan M. Wade^a, Daniel Peter Onyango^b, Pauline A. Abuor^c, Jose A. Bauermeister^a, Wilson W. Odero^d and Robert C. Bailey^e



Contents lists available at ScienceDirect

Children and Youth Services Review

journal homepage: www.elsevier.com/locate/childyouth



Examining natural mentoring relationships (NMRs) among self-identified gay, bisexual, and questioning (GBQ) male youth

Rodrigo Sebastián Torres^{a,*}, Gary W. Harper^a, Bernadette Sánchez^a, M. Isabel Fernández^b and The Adolescent Medicine Trials Network for HIV/AIDS Interventions

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^bNova Southeastern University, Fourth Floor Terry Building, 3200 South University Drive, Fort Lauderdale, FL 33328, USA



Article

“God Didn’t Make a Mistake in Creating Me”: Intrapersonal Resilience Processes among Gay and Bisexual Male Youth in Kenya

Gary W. Harper^{1,*}, Katherine A. Lewis¹, Gabriella A. Norwitz², Elijah Ochieng Odhiambo³, Laura Jadwin-Cakmak⁴, Felix Okutah⁵, Kendall Lauber¹, Teddy Aloo³, Ben Collins¹, Edwin Gumbe³, K Rivet Amico¹, Kennedy Olango⁴, Wilson Odero⁵ and Susan M. Graham⁶

Psychological resilience among transfeminine adolescents and emerging adults living with HIV

Gary W. Harper^a, Riley L. Wagner^a, Elliot Popoff^a, Sari L. Reisner^b and Laura Jadwin-Cakmak^a

RESISTANCE AS A PROCESS: TRANSPORT PHENOMENA

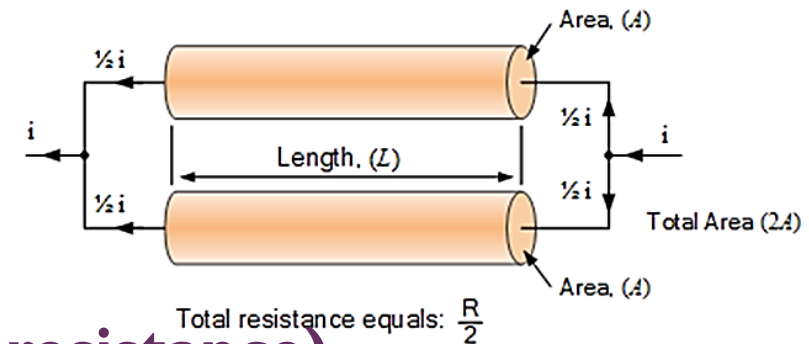
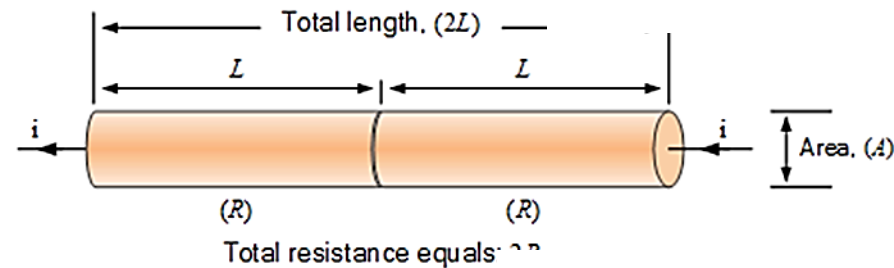
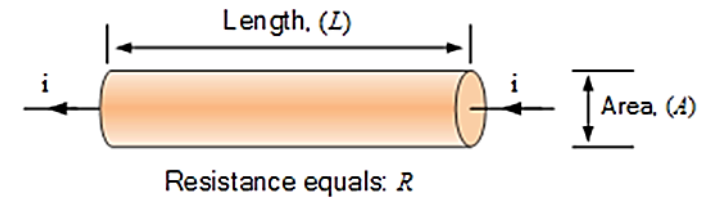
Transport Phenomena (science & engineering)

$$R = \rho (L / A)$$

- R is the resistance in ohms (Ω)
- L is the length in meters (m)
- A is the area in square meters (m²)
- ρ is the proportional constant Resistivity

Resistivity: the resisting power of a material

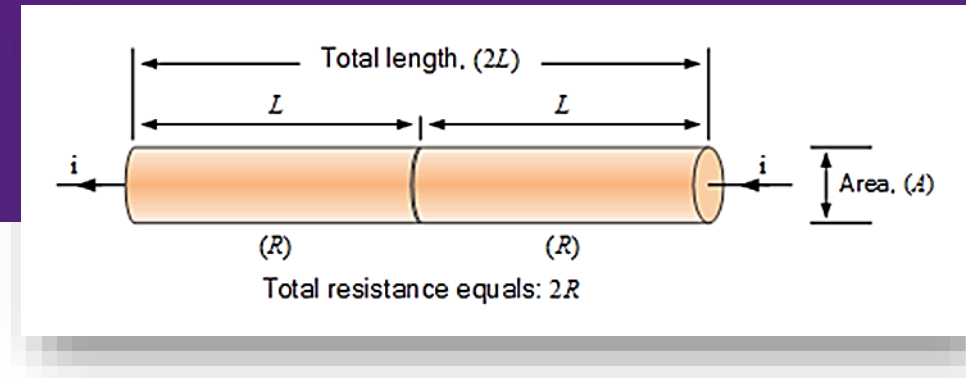
Resistivity is influenced by the environment (\uparrow temp = \uparrow resistance) and the composition/mixture of the material (\uparrow resistive materials = \uparrow resistance)



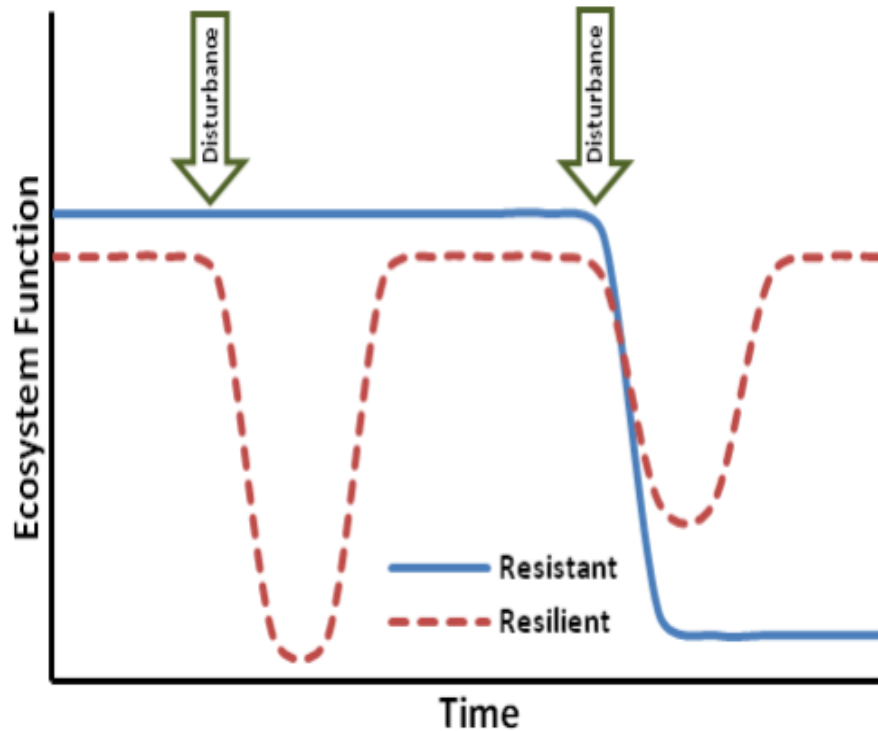
RESISTANCE TO OPPRESSION

$$R = \rho (L / A) \quad R = \rho (S / D)$$

- **R** is the resistance
- [L is the length] **S** is social connectivity: Increase social capital (bonding, bridging, & linking)
- [A is the area] **D** is distraction: Increase critical consciousness & focused awareness
- ρ is the proportional constant Resistivity
- **Resistivity**: resistive processes (e.g., resilience) [Zimmerman] which are impacted by inter-related contexts/cultures/histories (environment) and the person (composition) [Bronfennbrenner]



RESILIENT VS. RESISTANT ECOSYSTEMS' RESPONSES TO DISTURBANCE



- Resistant ecosystems show little impact due to repeated disturbances over time.
 - If disturbances become too intense, structure and function may be severely impacted.
 - At this point a resistant ecosystem does not easily recover.
- Resilient ecosystems are often immediately impacted by even low intensity disturbances.
 - It has the capacity to quickly recover structurally and functionally to levels approaching the pre-disturbance condition.

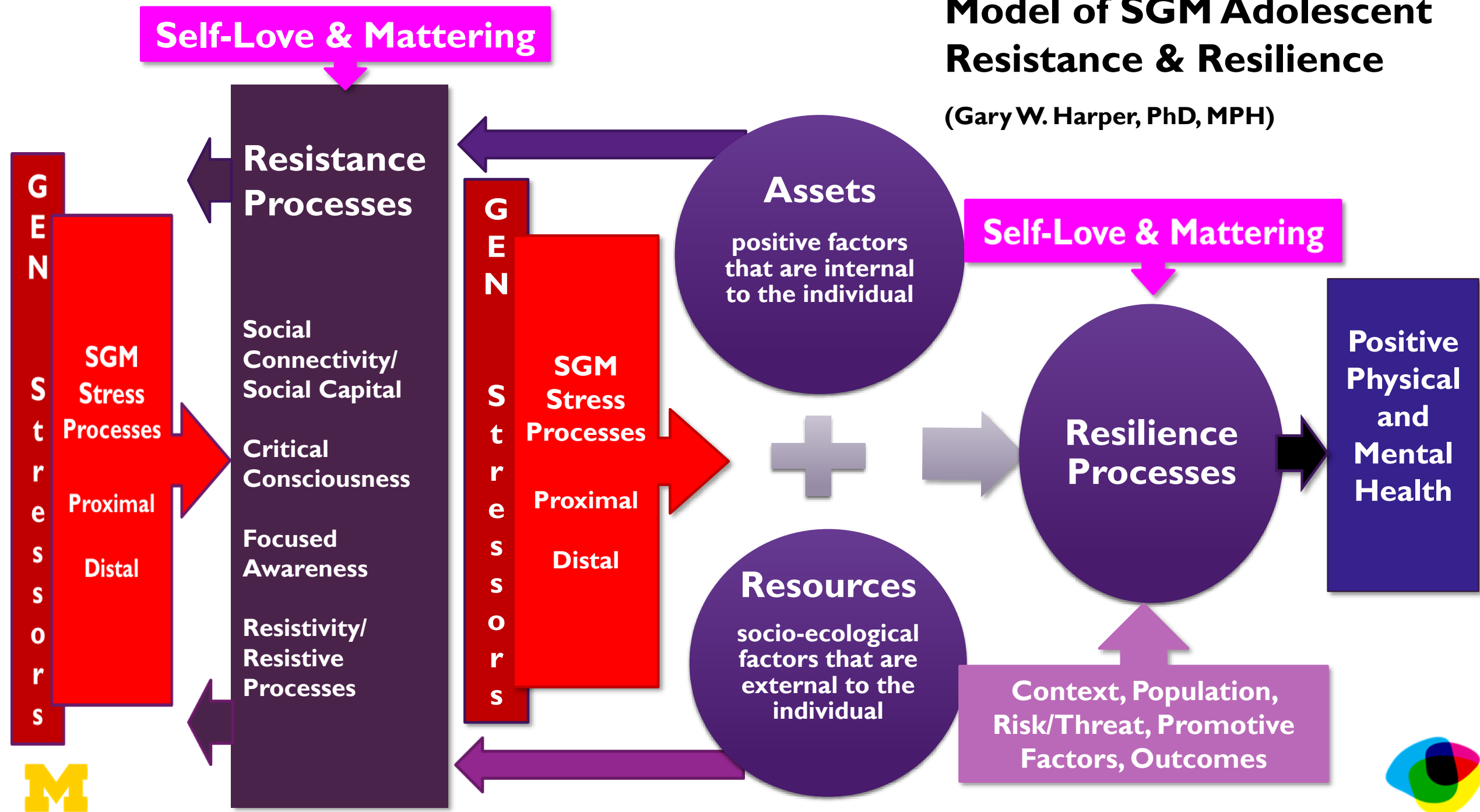
PUTTING IT ALL TOGETHER...

...With a little help from Meyer's Minority Stress Framework, Critical Consciousness, Intersectionality



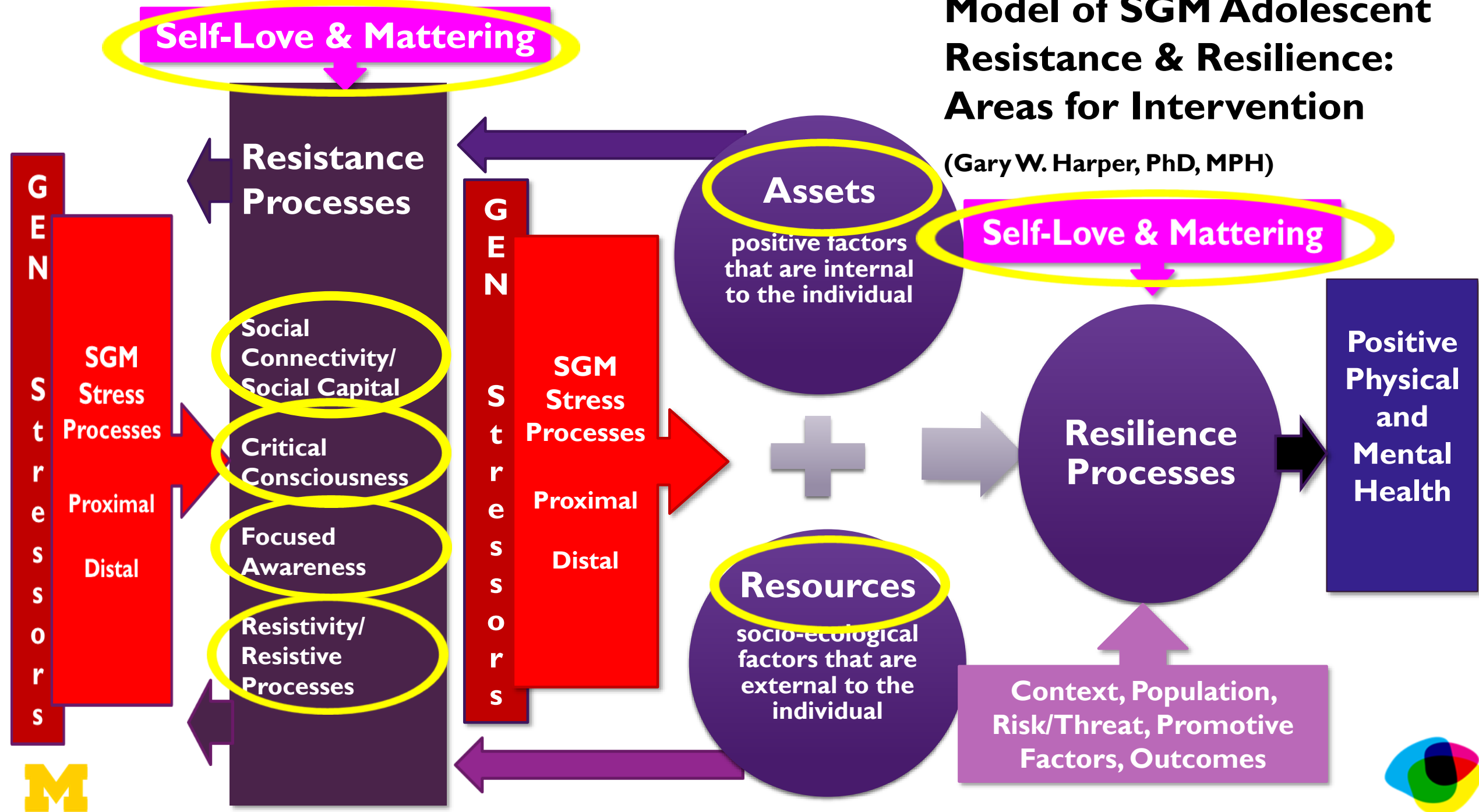
Model of SGM Adolescent Resistance & Resilience

(Gary W. Harper, PhD, MPH)



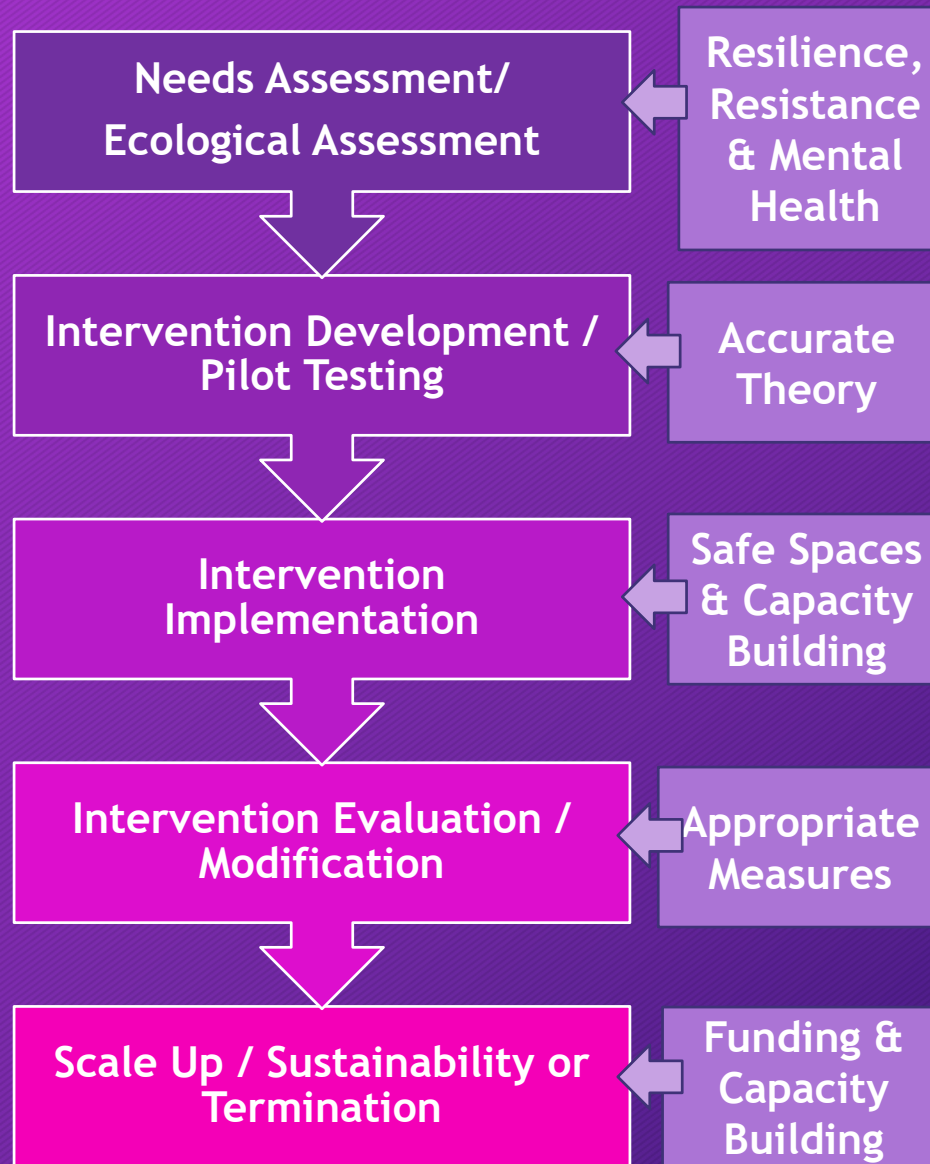
Model of SGM Adolescent Resistance & Resilience: Areas for Intervention

(Gary W. Harper, PhD, MPH)

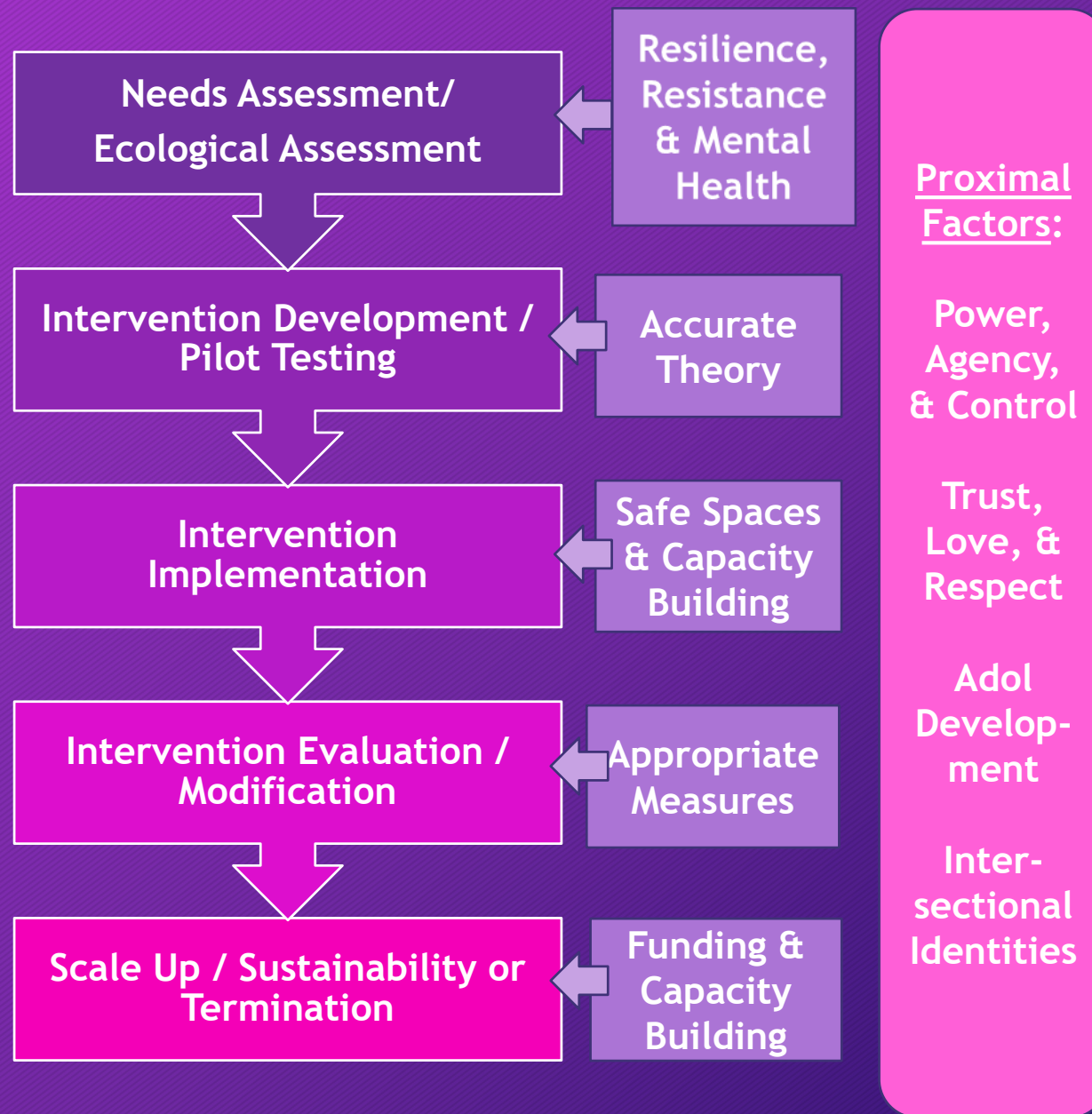


LAYING THE GROUNDWORK FOR FUTURE INTERVENTION DEVELOPMENT

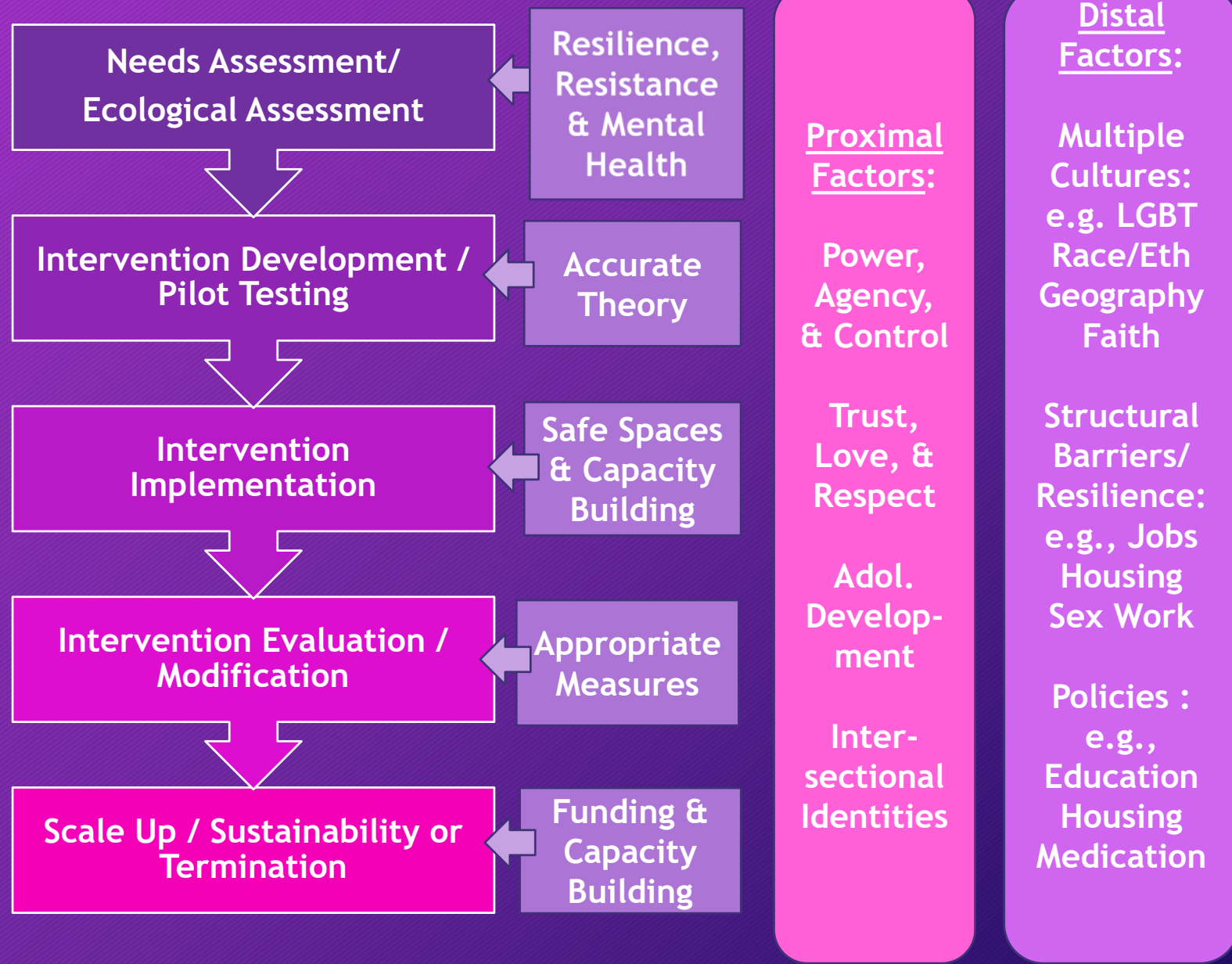




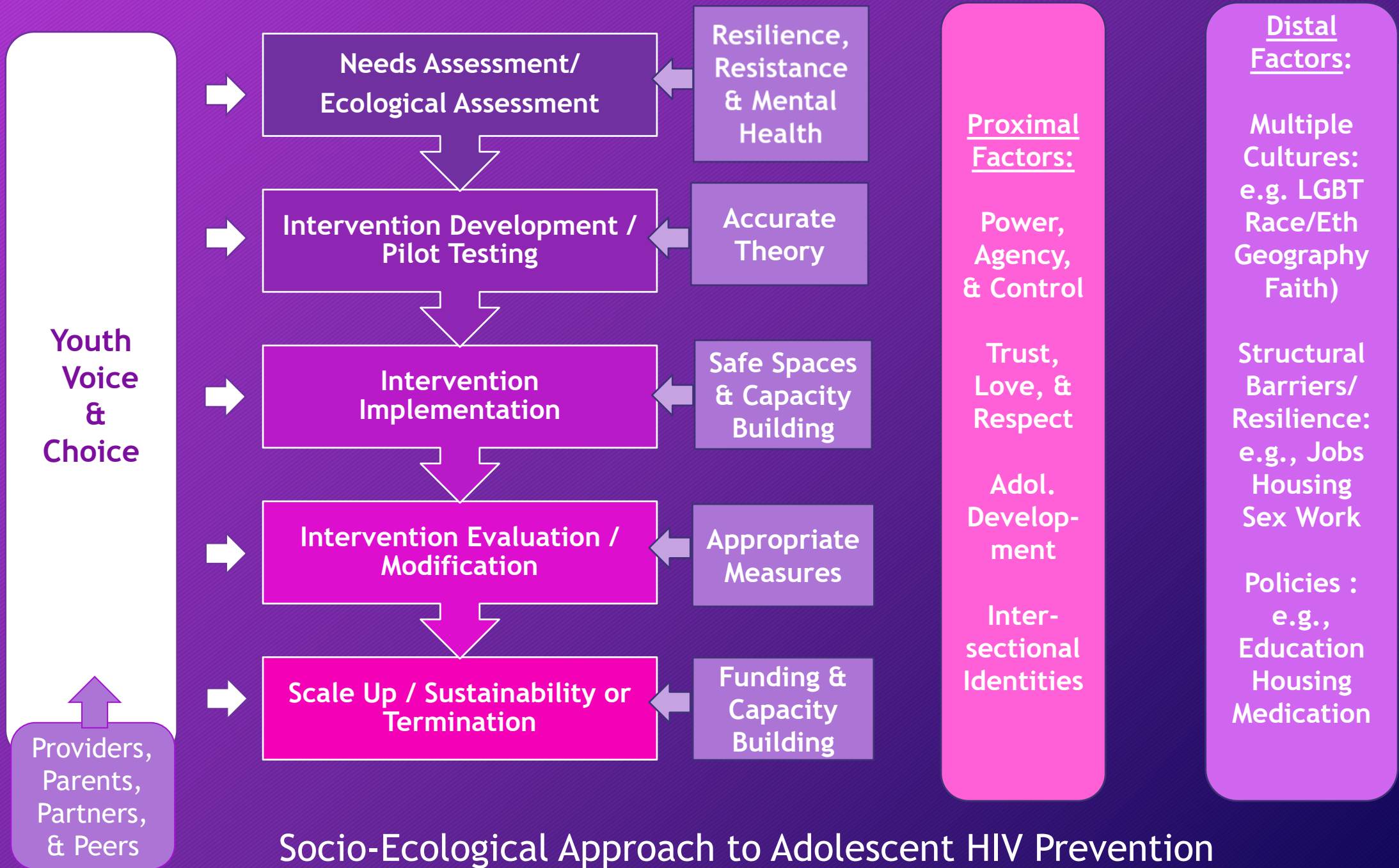
Socio-Ecological Approach to Adolescent HIV Prevention



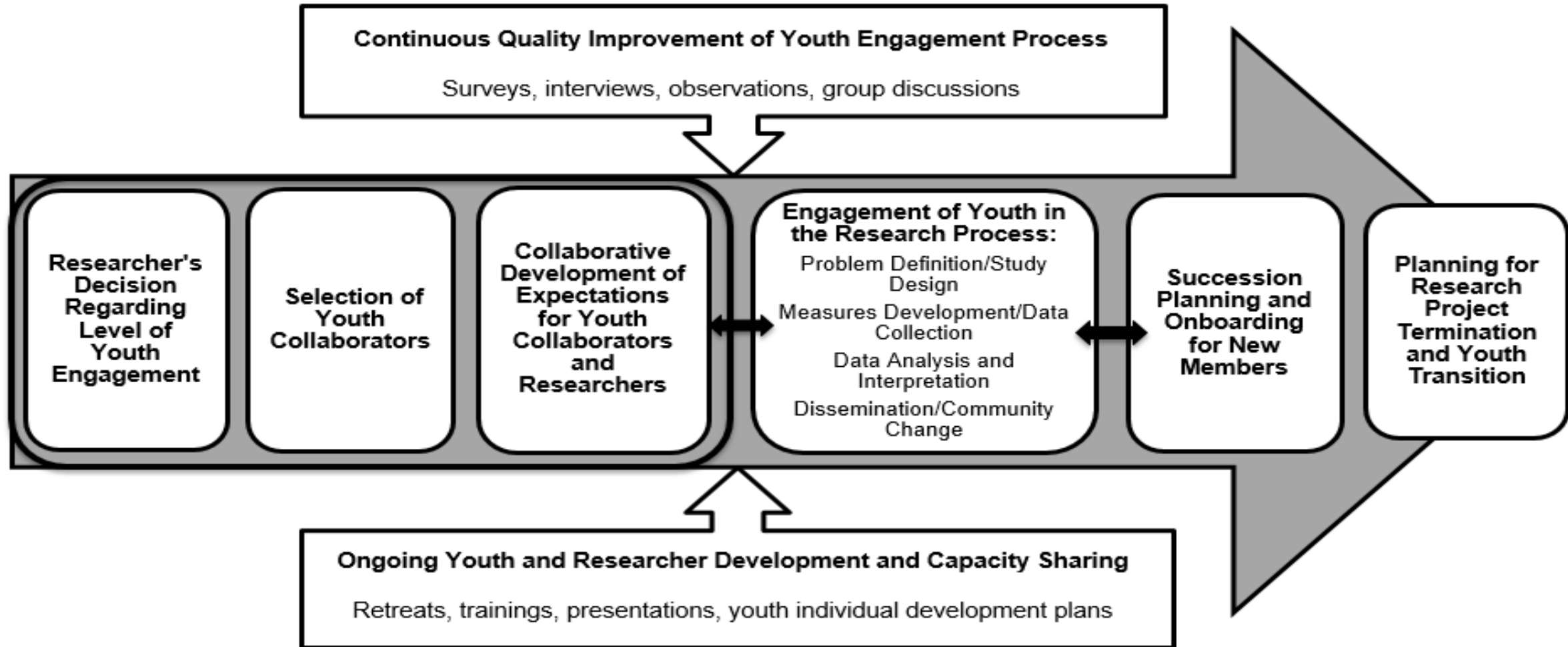
Socio-Ecological Approach to Adolescent HIV Prevention



Socio-Ecological Approach to Adolescent HIV Prevention



Interactive and Dynamic Model of the Youth Engagement Process for Research



Gary W. Harper, Angulique Outlaw, Manny Ocasio, Juan Jauregui, Bevin Gwiazdowski

YEAH members: Sandra Agola, David Michael Collins, Alexander Fernandez, Kendrick Forte, J.J. Jackson, Omar Nieto, Michael

Perez-Auguste, Taylor Sherlock, Ari Varona, Maurice Williams, Meghan Williams



QUESTIONS?

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