

Assessment:

Proactive Attitude Scale

Scale items:

1. I spend time to identify long-range goals for myself.
2. I feel in charge to make things happen.
3. I feel responsible for my own life.
4. I feel driven by my personal values.
5. I usually wait for something to happen rather than taking the initiative myself. **R**
6. I am driven by a sense of purpose.
7. I am able to choose my own actions.
8. I often feel like I am being "programmed" instead of being the "programmer" myself. **R**
9. There are abundant opportunities that await me.

Response Categories:

1. not at all true
2. barely true
3. moderately true
4. exactly true

Items followed by an **R** should be reversed when scoring.