

# Alcohol



Alcohol during  
Pregnancy damages  
your baby.

*baby*



Alcohol makes you  
an irresponsible mother

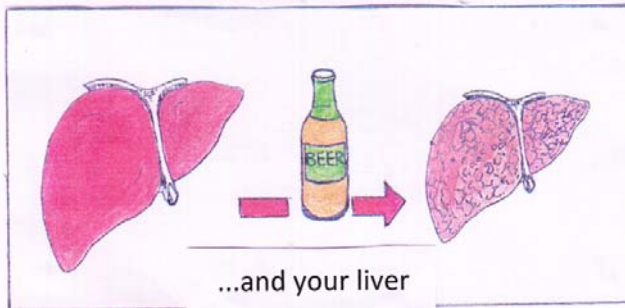


Alcohol damages your brain...

*alcohol damages your brain ...*

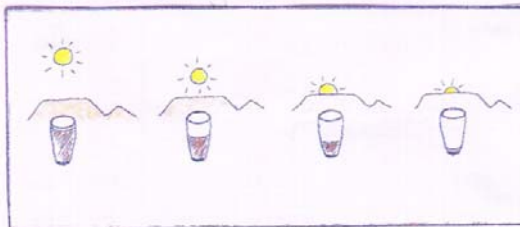


...your nerves  
(pins and needles)



...and your liver

*... and more*



*drinking ...*



*or  
link*

If you cannot stop drinking completely make your drink last  
the whole day or dilute your drink with water.

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Expiration Date: