

## **Assessment:**

### **Parental Social Support for Adolescents (PSSA)**

#### **Scale items:**

Now I'd like to ask you some questions about your relationship with your parent(s)/guardian(s). My mother and/or father/...

1. Understand(s) when I tell them/him/her things.
2. Show(s) me I can trust them/him/her.
3. Don't/Doesn't pay enough attention to me. **R**
4. Care(s) about my feelings.
5. Really understand(s) me.
6. Make(s) me feel wanted.
7. Make(s) me feel good about myself.
8. Know(s) the real me.
9. Understand(s) my feelings.
10. Are/Is there when I need them/him/her.
11. Like(s) to spend time with me.
12. Really listen(s) to me.
13. Let(s) me know they/she/he care(s) about me.

#### **USE THE FOLLOWING RESPONSE CATEGORIES.**

1. **Strongly agree**
2. **Agree**
3. **Disagree**
4. **Strongly disagree**
5. **Don't know**

**Note: Items followed by an R should be reversed when coding.**