Medical Student-Run Telehealth for HIV Testing and Counseling Among Sexual Minority Men: Impact on Patient Experience and Medical Student Education

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• Covid-19 drastically increased the use of telehealth
  • But HIV Testing still down 11-54%
• Education is often elective
  • Communication
  • Physical examination
• Additional considerations for HIV
  • Interpreting and delivering results
  • Self-specimen collection
• Making the most of the visit
METHODS

12 medical students trained to administer OraQuick and Counseling via telehealth

Tester 1: primary tester who conducted visit and counseling
Tester 2: assisted Tester 1 by providing resources to PrEP and STI screening
RESULTS
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Eight medical students were involved in the sessions and reported

• Increased confidence using telehealth to communicate with patients
• Feeling more comfortable speaking with future patients about PEP/PrEP, ART, HIV, and risk-reduction
CONCLUSIONS

• Acceptability and feasibility of telehealth for
  • HIV testing
  • HIV counseling
• Increased medical student confidence and expansion of skill set
• Major limitation: small sample size
• Future directions: scale up and expand
THANK YOU

Questions? Contact lori.zomback@downstate.edu