

## **Assessment:**

### **Health Locus of Control - Parent/Child (HLCP)**

#### **Scale items:**

1. My child's good health comes from being lucky.
2. There is nothing that I can do to keep my child from getting sick.
3. Bad luck makes my child get sick.
4. I can only do what the doctor tells me to do for my child.
5. Getting sick just happens to children.
6. Children who never get sick are just plain lucky.
7. It is my job as a mother to keep my child from getting sick.
8. Only a doctor or a nurse keeps children from getting sick.
9. I can make very few choices about my child's health.
10. Accidents just happen to children.
11. I can do many things to fight illness in my child.
12. Only the dentist can take care of my child's teeth.
13. The only way I can make my child stay healthy is to do what other people tell me to do.
14. I take my child to the doctor right away if my child gets hurt.
15. It will be my child's teachers' job to keep my child from having accidents at school.
16. I can make many choices about my child's health.
17. If my child feels sick, I have to wait for other people to tell me what to do.
18. Whenever my child feels sick, I take my child to the doctor right away.
19. There is nothing I can do to make sure my child has healthy teeth.
20. I can do many things to prevent my child from having accidents.

#### **USE THE FOLLOWING RESPONSE CATEGORIES FOR SCALES ABOVE.**

- a. Agree
- b. No opinion
- c. Disagree