

## Family Functioning Subscales

Response categories:

Very untrue for my family

Fairly untrue for my family

Fairly true for my family

Very true for my family

### Cohesion

1. Family members really helped and supported one another.
2. There was a feeling of togetherness in our family.
3. Our family didn't do things together. (R)
4. We really got along well with each other.
5. Family members seemed to avoid contact with each other when at home. (R)

### Expressiveness

6. Family members felt free to say what was on their minds.
7. Our family did not discuss its problems. (R)
8. Family members discussed problems and usually felt good about the solutions.
9. In our family it was important for everyone to express their opinion.
10. We didn't tell each other about our personal problems. (R)

### Conflict

11. We fought a lot in our family.
12. Family members sometimes got so angry they threw
13. Family members hardly ever lost their tempers. (R)
14. Family members sometimes hit each other.
15. Family members rarely criticized each other. (R)

### Intellectual-Cultural Orientation

16. We rarely went to lectures, plays, or concerts (R)
17. We rarely had intellectual discussion (R)
18. Watching TV was more important than reading in our family (R)
19. Family members really liked music, art, and literature
20. We were very interested in cultural activities.

### Laissez-Faire Family Style

21. Members of our family could get away with almost anything.
22. Family members were not punished or reprimanded when they did something wrong.
23. It was unclear what would happen when rules were broken in our family.
24. It was hard to know what the rules were in our family because they always.

25. There was strong leadership in our family

#### Active Recreational Orientation

- 26. We often went to movies, sports events, camping, etc.
- 27. Everyone in our family had a hobby or two.
- 28. Family members were not very involved in recreational activities outside of work or school. (R)
- 29. Family members sometimes attended courses or took lessons for some kind of hobby or interest.
- 30. Friends rarely came over for dinner or to visit. (R)

#### Religious Emphasis

- 31. Family members attended church, synagogue, or Sunday School fairly often.
- 32. We didn't say prayers in our family. (R)
- 33. We often talked about the religious meaning of Christmas, Passover, or other holidays.
- 34. We didn't believe in heaven or hell.
- 35. The bible was a very important book in our home.

#### Organization

- 36. It was often hard to find things when you needed them in our household. (R)
- 37. Being on time was very important in our family.
- 38. Family members made sure that their rooms were neat
- 39. Dishes were usually done immediately after eating.
- 40. We were generally pretty sloppy around the house. (R)

#### Family Sociability

- 41. We were full of life and good spirits
- 42. Our family enjoyed being around other people.
- 43. Socializing with other people often made my family uncomfortable. (R)
- 44. As a family, we had a large number of friends.
- 45. Our family liked having parties.

#### External Locus of Control

- 46. We encouraged each other to develop his or her own individual way. (R)
- 47. We were satisfied with the way in which we lived. (R)
- 48. Our decisions were not our own, but were forced upon us by things beyond our control.
- 49. Our family had more than its share of bad luck.
- 50. My family felt that they had very little influence over the things that happened to them.

#### Family Idealization

- 51. I didn't think that any family could live together with greater harmony than my family.

52. I didn't think anyone could possibly be happier than my family and I when we were together.

53. My family had all the qualities I've always wanted in a family

54. Our family was as well adjusted as any family in this world could have been.

55. My family could of been happier than it was. (R)

#### Disengagement

56. It was difficult to keep track of what other family members were doing

57. In our family we knew where all family members were at all times.

58. Family members did not check with each other when making decisions.

59. Family members were extremely independent.

60. Family members were expected to have the approval of others before making a decision.

(R)

#### Democratic Family Style

61. Family members made the rules together.

62. Family members felt they had no say in major family decisions.

63. Each family member had at least some say in major family decisions.

64. Parents and children in our family discussed the method of punishment.

65. In our family, parents did not check with the children before making important decisions.

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#### Authoritarian Family Style

71. Parents made all of the important decisions in our family.

72. There was strict punishment for breaking rules in our family

73. Family members were severely punished for anything they did wrong.

74. There were very few rules in our family.

75. Nobody ordered anyone around in our family.