

## Family Assessment Measure III

### Dyadic Relationship Scale

1. This person and I never see family problems the same way.
2. This person accepts what I expect of him/her in the family.
3. I know what this person means when he/she says something.
4. I can tell when this person is upset.
5. This person and I aren't close to each other.
6. This person is reasonable when I make a mistake.
7. This person and I have the same views about right and wrong.
8. This person can never accept my answer to a problem.
9. This person takes his/her share of family responsibilities.
10. This person takes what I say the wrong way.
11. When I'm upset, I know this person usually knows why.
12. When I'm upset, I know this person really cares.
13. Even when I admit I'm wrong, this person doesn't forgive me.
14. This person and I argue about how we spend our spare time.
15. When I have a problem, this person helps me with it.
16. This person complains that I expect too much of him/her.
17. If this person is angry with me, I hear about it from someone else.
18. This person lets me know how he/she feels about me.
19. This person still loves me even when I argue with him/her.
20. I never know how this person will react when I make a mistake.
21. This person is all wrong about the importance of religion.
22. When there's a problem between us, this person finds a new way of working it out.
23. This person often ruins things for me.
24. This person is available when I want to talk to him/her.
25. When this person gets angry with me, he/she stays upset for days.
26. This person gets too involved in my affairs.
27. This person gives me a chance to explain when I make a mistake.
28. This person is right about the importance of education.
29. When problems come up between us, this person is all talk and no action.
30. This person expects too much of me.
31. Even if this person disagrees, he/she still listens to my point of view.
32. This person takes it out on me when he/she has had a bad day.
33. This person really trusts me.
34. This person is always on my back.
35. There's a big difference between what this person expects of me and how he/she behaves.
36. I can count on this person to help me in a crisis.
37. This person and I have the same views about who should do what in our family.

38. I often don't know whether to believe what this person says.
  39. When this person is upset, he/she tries to get me to take sides.
  40. This person worries too much about me.
  41. I don't need to remind this person to do his/her share.
  42. This person is right about the importance of being successful.
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#### Self-Rating Scale

43. My family and I usually see our problems the same way.
44. My family expects too much of me.
45. My family knows what I mean when I say something.
46. When I'm upset, my family knows what's bothering me.
47. My family doesn't care about me.
48. When someone in the family makes a mistake, I don't make a big deal of it.
49. I argue a lot with my family about the importance of religion.
50. When my family has a problem, I have to solve it.
51. I do my share of duties in the family.
52. I often don't understand what other family members are saying.
53. If someone in the family has upset me, I keep it to myself.
54. I stay out of other family members' business.
55. I get angry when others in the family don't do what I want.
56. I think education is much more important than my family does.
57. I have trouble accepting someone else's answer to a family problem.
58. What I expect of the rest of the family is fair.
59. If I'm upset with another family member, I let someone else tell them about it.
60. When I'm upset, I get over it quickly.
61. My family doesn't let me be myself.
62. My family knows what to expect from me.
63. My family and I have the same views about what is right and wrong.
64. I keep on trying when things don't work out in the family.
65. I am tired of being blamed for family problems.
66. Often I don't say what I would like to because I can't find the words.
67. I am able to let others in the family know how I really feel.
68. I really care about my family.
69. I'm not as responsible as I should be in the family.
70. My family and I have the same views about being successful.
71. When problems come up in my family, I let other people solve them.
72. My family complains that I always try to be the center of attention.
73. I'm available when others want to talk to me.
74. I take it out on my family when I'm upset.
75. I know I can count on the rest of my family.
76. I don't need to be reminded what I have to do in the family.

77. I argue with my family about how to spend my spare time.
  78. My family can depend on me in a crisis.
  79. I never argue about who should do what in our family.
  80. I listen to what other family members have to say, even when I disagree.
  81. When I'm with my family, I get too upset too easily.
  82. I worry too much about the rest of my family.
  83. I always get my way in our family.
  84. My family leaves it to me to decide what's right and wrong.
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#### General Scale

85. We spend too much time arguing about what our problems are.
86. Family duties are fairly shared.
87. When I ask someone else to explain what they mean, I get a straight answer.
88. When someone in our family is upset, we don't know if they are angry, sad, scared or what.
89. We are as well adjusted as any family could possibly be.
90. You don't get a chance to be an individual in our family.
91. When I ask why we have certain rules, I don't get a good answer.
92. We have the same views on what is right and wrong.
93. I don't see how any family could get along better than ours.
94. Some days we are more easily annoyed than on others.
95. When problems come up, we try different ways of solving them
96. My family expects me to do more than my share.
97. We argue about who said what in our family.
98. We tell each other about things that bother us.
99. My family could be happier than it is.
100. We feel loved in our family.
101. When you do something wrong in our family, you don't know what to expect.
102. It's hard to tell what the rules are in our family.
103. I don't think any family could possibly be happier than mine.
104. Sometimes we are unfair to each other.
105. We never let things pile up until they are more than we can handle.
106. We agree about who should do what in our family.
107. I never know what's going on in our family.
108. I can let my family know that is bothering me.
109. We never get angry in our family.
110. My family tries to run my life.
111. If we do something wrong, we don't get a chance to explain.
112. We argue about how much freedom we should have to make our own decisions.
113. My family and I understand each other completely.
114. We sometimes hurt each others feelings.

115. When things aren't going well it takes too long to work them out.
116. We can't rely on family members to do their part.
117. We take the time to listen to each other.
118. When someone is upset, we don't find out until much later.
119. Sometimes we avoid each other.
120. We feel close to each other.
121. Punishments are fair in our family.
122. The rules in our family don't make sense.
123. Some things about my family don't entirely please me.
124. We never get upset with each other.
125. We deal with our problems even when they're serious.
126. One family member always tries to be the center of attention.
127. My family lets me have my say, even if they disagree.
128. When our family gets upset, we take too long to get over it.
129. We always admit our mistakes without trying to hide anything.
130. We don't really trust each other.
131. We hardly ever do what is expected of us without being told.
132. We are free to say what we think in our family.
133. My family is not a perfect success.
134. We have never let down another family member in any way.

Response categories:

Strongly agree

Agree

Disagree

Strongly disagree