

Assessment:

FACT (FACIT) - Functional Assessment of Chronic Illness Therapy

FACT-G: Functional Assessment of Cancer Therapy - General version of the scale constitutes the core of all subscales. FACT-G can be used with patients of any tumor type

Sample form:

Response Categories

Not at all

A little bit

Somewhat

Quite a bit

Very much

Physical Well Being

1. I have a lack of energy
2. I have nausea
3. Because of my physical condition, I have trouble meeting the needs of my family
4. I have pain
5. I am bothered by side effects of treatment
6. I feel ill
7. I am forced to spend time in bed

Social/Family Well Being

1. I feel close to my friends
2. I have nausea
3. I get emotional support from my friends
4. My family has accepted my illness
5. I am satisfied with family communication about my illness
6. I feel close to my partner
7. I am satisfied with my sex life

Emotional Well Being

1. I feel sad
2. I am satisfied with how I am coping with my illness
3. I am losing hope in the fight against my illness
4. I feel nervous
5. I worry about dying
6. I worry that my condition will get worse

Functional Well Being

1. I am able to work (include work at home)
2. My work (include work at home) is fulfilling
3. I am able to enjoy life
4. I have accepted my illness
5. I am sleeping well
6. I am enjoying the things I usually do for fun
7. I am content with the quality of my life right now.