

MOS-Social Support (All Items)

[INTERVIEWER READ: “Next are some questions about your friends and relatives that are available to you.”]

12. About how many close friends and close relatives do you have, people you feel at ease with and can talk with about what is on your mind?

____ ____

1a. How many social activities away from your home have you participated in this past week (e.g. attended movies with friends, met others for coffee or an activity, attended event)?

__ __ __ times

1b. How many times have you spoken with friends on the phone this past week?

__ __ __ times

1c. How many times have you visited friends at their homes or had friends visit you at your home this past week?

__ __ __ times

1d. Do you have at least one person you would consider a best friend?

Yes

1

No

2

[INTERVIEWER READ: “People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it?”]

1 = None of the time	2 = A little of the time	3 = Some of the time	4 = Most of the time	5 = All of the time
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Emotional/informational support

13. Someone you can count on to listen to you when you need to talk

1 2 3 4 5

14. Someone to give you information to help you understand a situation

1 2 3 4 5

15. Someone to give you good advice about a crisis

1 2 3 4 5

16. Someone to confide in or talk to about yourself or your problems

1 2 3 4 5

17. Someone whose advice you really want

1 2 3 4 5

18. Someone to share your most private worries and fears with

1 2 3 4 5

19. Someone to turn to for suggestions about how to deal with a personal problem	1	2	3	4	5
20. Someone who understands your problems	1	2	3	4	5

Tangible support

21. Someone to help you if you were confined to bed	1	2	3	4	5
22. Someone to take you to the doctor if you needed it	1	2	3	4	5
23. Someone to prepare your meals if you were unable to do it yourself	1	2	3	4	5
24. Someone to help with daily chores if you were sick	1	2	3	4	5

Affectionate support

25. Someone who shows you love and affection	1	2	3	4	5
26. Someone to love and make you feel wanted	1	2	3	4	5
27. Someone who hugs you	1	2	3	4	5

Positive social interaction

28. Someone to have a good time with	1	2	3	4	5
29. Someone to get together with for relaxation	1	2	3	4	5
30. Someone to do something enjoyable with	1	2	3	4	5

Additional item

31. Someone to do things with to help you get your mind off things	1	2	3	4	5
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