

# W E L C O M E

Dear Colleagues,

The UCLA Center for HIV Identification, Prevention, and Treatment Services (CHIPTS) is pleased to present the mini-conference,

**"Delivery of Telehealth in Clinical Care and Research Interventions: *Challenges, Barriers, Successes, and Future Considerations*"** on Friday, June 18, 2021 at 11am PT- 2pm PT.

## **Objectives:**

- Address the challenges and highlight the successes of telehealth delivery in clinical care and research
- Discuss the populations telehealth works for, and highlight the populations facing major disparities in equity and access
- Share important lessons learned and best practices to reach key populations

We hope that the discussions are valuable, and the information you gather is helpful towards your work in providing equity and access to telehealth, especially within key populations.

We would like to acknowledge the National Institute of Mental Health (grant #MH058107) who provided funding for this mini-conference, and also give special thanks to our conference collaborator, the Los Angeles Region Pacific AIDS Education and Training Center for providing CEU credits for this event.

We hope you enjoy the conference and we look forward to meeting you!

Sincerely,  
The Conference Planning Committee

# PROGRAM

11 a m - 11:10 a m

## **Opening Remarks**

*Cathy Reback, PhD-Director, CHIPTS Combination Prevention Core*  
*Raphael Landovitz, MD, MSc-Co-Director, CHIPTS Combination Prevention Core*

11:10 a m - 11:40 a m

## **Keynote Presentation "The Intersection of Telehealth & Health Equity: Risks and Opportunities"**

*Brian R. Wood, MD*

11:40 a m - 11:45 a m

## **Virtual Raffle**

11:45 a m - 12:30 p m

## **Panel Discussion: Telehealth in Clinical and Non-Clinical Care**

- *Miguel Bujanda, MEd*
- *Gifty-Maria J. Ntim, MD, MPH*
- *David Solomon, MD*

12:30 p m - 12:40 p m

## **Break**

12:40 p m - 12:45 p m

## **Virtual Raffle**

12:45 p m - 1:00 p m

## **Consumer Experiences with Telehealth Equity and Access**

- **Video**

1:00 p m - 1:45 p m

## **Panel Discussion: Telehealth in Research Studies**

- *Ruanne V. Barnabas, MBChB, MSc, DPhil*
- *David R. Boulware, MD, MPH*
- *Kimberly A. Kisler, PhD, MPH*

1:45 p m - 2:00 p m

## **Discussant Summary and Closing Remarks**

- *Rosemary Veniegas, PhD*

2:00 p m

## **Virtual Raffle**

# SPEAKERS



**Ruanne V. Barnabas, MBChB,  
MSc, DPhil**  
Associate Professor,  
University of Washington



**David R. Boulware, MD, MPH**  
Professor of Medicine  
University of Minnesota  
Medical School



**Miguel Bujanda, MEd**  
Executive Director,  
REACH LA



**Kimberly A. Kisler, PhD, MPH**  
Assistant Professor/Research Scientist  
CSULA/Friends Research Institute



**Gifty-Maria J. Ntim, MD, MPH**  
Physician  
Department of Internal Medicine  
and Pediatrics, UCLA



**David Solomon, MD**  
Staff Physician  
Venice Family Clinic



**Rosemary Veniegas, PhD**  
Senior Program Officer, Health  
California Community Foundation



**Brian R. Wood, MD**  
Associate Professor of Medicine  
University of Washington

# S P E A K E R   B I O S

**Ruanne V. Barnabas, MBChB, MSc, DPhil** is a Professor in Global Health and Infectious Diseases at the University of Washington and affiliate at the Fred Hutchinson Cancer Research Center. She is a South African Physician-Epidemiologist. Her research focuses on interventions for HIV and sexually transmitted infection (STI) treatment and prevention. She is the Protocol Chair of the KEN SHE Study to assess the impact of single-dose HPV vaccination in Kenya. A key focus of her work is testing client-centered approaches to deliver effective interventions. She is the Protocol Chair of the Delivery Optimization for antiretroviral (DO ART) Study, which will evaluate the effectiveness and cost-effectiveness of community-based treatment for HIV compared to clinic-based care. She also leads work assessing innovative strategies to increase access to care including lottery incentives and home delivery. Recently, her work has extended to COVID-19 prevention. The ultimate aim of her work is to identify effective and scalable HPV, HIV, and infectious disease treatment and prevention strategies to increase access across diverse communities and promote equity in health.

**David R. Boulware, MD, MPH** is an infectious disease physician-scientist with formal training in clinical trials, public health, and tropical medicine. His primary research interests are in clinical trials for meningitis in resource-limited areas including diagnosis, prevention, and treatment. His pre-pandemic research focused on improving the clinical outcomes of HIV/AIDS-related meningitis, particularly cryptococcal meningitis and TB meningitis, the two most common causes of adult meningitis in Africa. He has active research collaborations in Uganda, South Africa, Ethiopia, Brazil, and Indonesia leading a multidisciplinary, international research team. With COVID-19, his team pivoted on March 9, 2020 to launch a series of three randomized double-blind placebo-controlled clinical trials focused on outpatient post-exposure prophylaxis (launched March 17), early treatment (March 22), and pre-exposure prophylaxis for healthcare workers (April 4). The trials utilized remote, internet-based recruitment and patient reported outcome measures. The trials were rapidly conducted and manuscripts published in June, July, and Sept 2020 demonstrating hydroxychloroquine's lack of significant benefit for COVID-19. He has remained engaged in COVID research, providing formal / informal advice to numerous remote telehealth trials.

**Miguel Bujanda, MEd** is the Executive Director of REACH LA, a Los Angeles-based Arts and Health Community Based Organization serving LGBTQ and minority youth of color. Prior to his role as Executive Director of REACH LA, Mr. Bujanda held various positions in research at the UCLA School of Family Medicine and at APLA Health and Wellness. In these roles he collaborated with the Center of Disease Control and Prevention, providing training and technical assistance to community-based organizations and health departments across the United States, US Territories, and Dominican Republic on HIV Prevention programming, PrEP Navigation, and Implementation and program integration. As Executive Director of REACH LA, Mr. Bujanda committed to developing the organizational infrastructure of REACH LA. Strengthening the organization has allowed REACH LA to expand prevention services by increasing access to PrEP and PEP services to Black and Brown community members using Telehealth services and expanding free mental health services to low/uninsured community members. His commitment and passion to work directly with minority populations have led him to lead a growing non-profit organization whose mission is to engage and empower young people of color and their communities.

# S P E A K E R   B I O S

**Kimberly A. Kisler, PhD, MPH** is an Assistant Professor in the Department of Public Health at California State University, Los Angeles and a Research Scientist at Friends Research Institute. Her research focuses on designing, implementing, and evaluating interventions to move disproportionately impacted populations, such as BMSM and transgender women, at risk of acquiring or living with HIV across the HIV Prevention and Treatment Continua. Dr. Kisler is currently the PI on a HRSA-funded SPNS grant which adapted an evidence-informed model of care to address barriers to HIV care and behavioral health services among BMSM living with HIV. Dr. Kisler has also served as the Project Director on several CDC-funded and HRSA-funded grants, ranging from an evidence-based intervention adapted for transgender women to an HIV testing program. Dr. Kisler also serves as the Director of the Internship program for both undergraduate and MPH students at California State University, Los Angeles.

**Gifty-Maria Ntim, MD, MPH** is a primary care physician who is board certified in both internal medicine and pediatrics. She practices in Santa Clarita, and considers it a privilege to be able to care for a patients of all ages, from newborns to the elderly. Originally from Ghana, Dr. Ntim received her medical degree from St. George's University School of Medicine in Grenada. She then completed her residency in internal medicine and pediatrics at Tulane University. Dr. Ntim served as medical director for APLA Health, which stands for the AIDS Project Los Angeles. Before that, she was a staff physician at the Antelope Valley Community Clinic in Palmdale. Dr. Ntim has received several awards related to her professional work and community service. She is an active fellow of both the American Academy of Pediatrics and the American College of Physicians.

**David Solomon, MD** completed his residency in family medicine at Contra Costa Family Medicine Residency in Martinez, CA, after finishing medical school at Jefferson Medical College in Philadelphia,. He then stayed on as faculty there until moving to Southern California in 2015 when he joined Venice Family Clinic, a group of community health centers on the West side of Los Angeles. His interests include outpatient procedures as well as working with persons experiencing homelessness and patients with substance dependence disorders. Outside of work he enjoys time with his wife and 7 year old son and 4 year old daughter as well as surfing and biking to work.

**Rosemary Veniegas, PhD** is the senior program officer for health. Before joining CCF in 2012, she was an Assistant Research Psychologist with the Center for Behavioral and Addiction Medicine in the UCLA Department of Family Medicine. Her work addressed the implementation and evaluation of evidence-based programs and practices in community and public health settings. She is currently a commissioner with the LA County Hospital and Health Care Delivery Commission representing Supervisorial District 1. Veniegas received a Ph.D. in psychology from UCLA.

**Brian Wood, MD** is Associate Professor of Medicine in the Division of Allergy and Infectious Diseases at the University of Washington and a faculty trainer for the Mountain West AIDS Education and Training Center. His clinical work focuses on primary care for people living with HIV or at risk for HIV. He also has an interest in telehealth and in healthcare access and health equity. He serves as Chair of the Infectious Disease Society of America's Telehealth and Emerging Technologies Work Group, Co-Chair of the University of Washington's Digital Health Equity Collaborative, and Medical Director for the Mountain West AIDS Education and Training Center's HIV Project ECHO telehealth program.

# SPECIAL THANKS

We would like to thank our speakers for taking the time to present important information around telehealth and remote interventions at today's mini-conference. We thank our conference attendees for being a part of this necessary conversation to improve equity and access to telehealth among the communities we serve.

We greatly appreciate our community members for their willingness to share personal telehealth experiences, and thank the staff of Friends Research Institute, Cheryl Hoffman, Fernando Gutierrez, Mark Carrasco, and Mikey Cativo for conducting the interviews.

Finally, we thank the conference planning committee, Cathy Reback, Damilola Jolayemi, Enrique Sanchez, Raphael Landovitz, CHIPTS leadership, faculty, staff and partners for their effort and support in planning this conference.

## **CONTINUING EDUCATION CREDIT (CEU)**

This free continuing education training is available to nurses and mental health providers by the Los Angeles Region Pacific AIDS Education and Training Center (LA PAETC) and followed the accreditation requirements and policies of the California Board of Registered Nursing and California Board of Behavioral Science. Continuing LCSW and MFT Education Credit. Courses meet the qualification for 3 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences. Provider #PCE 128020.

Continuing Nursing Education Credit. Course is approved for 3 contact hours by the California Board of Registered Nursing. Provider #15484. Pharmacists registered in CA may use BRN CEs as per their governing board.