

Coping With AIDS - Fleishman (CWF)

Scale items:

I'd like you to think about how you reacted in the month after you first found out that you were infected with the virus. I'm going to read a list of how people might react after hearing that they were infected. Please tell me whether or not you reacted this way often or a lot of the time in the month after you found out.

Did you...

1. Try to learn more about AIDS.
2. Tell yourself to accept it.
3. Think about people who were less fortunate than you.
4. Look on the bright side.
5. Make plans for the future.
6. Try to push it out of your mind.
7. Think about better times in the past.
8. Make yourself feel better by drinking or taking drugs.
9. Avoid being with people.
10. Go on as if nothing had happened.
11. Keep your feelings to yourself.
12. Feel sorry for yourself.
13. Keep others from knowing how bad things were.
14. Feel so angry that you wanted to hit or smash something.
15. Seek sympathy and understanding from friends.
16. Ask friends or relatives for advice.

USE THE FOLLOWING RESPONSE CATEGORIES.

- 1. Yes**
- 2. No**

For information on possible subscales, see Fleishman and Fogel, 1994.