

## **Charles Drew University**

Pacific AIDS Education and Training Center



# Last Tuesday HIV Training

March 27, 2012

9:00am-10:30am

<u>Please arrive 5-10</u> <u>minutes early to sign in</u>

#### **Charles Drew University**

Cobb Building Boardroom 281 1748 East 118th Los Angeles, CA 90059

Blue and Green Metro lines

**Parking map** (updated) tinyurl.com/CharlesDrewCampus

- Free
- 1.5 CEs available for RNs, LCSWs, and MFTs\*
- Certificates of completion available to all providers

For more information: Jen McGee, CDU PAETC jen@HIVtrainingCDU.org 323-357-3402

Full training calendar: www.HIVtrainingCDU.org

Continuing LCSW and MFT Education Credit. Courses meet the qualifications for 1.5 Hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Provider #PCE 4704. Continuing Nursing Education Credit. These courses are approved for 1.5 Contact Hours by the California Board of Registered Nursing. Provider #15484. \*Pharmacists registered in CA may use BRN CEs as per their governing board.

# Being Present: HIV & Mindfulness



Facilitated by:
Bram Conley, LMFT,MS,MA
Senior Associate,
David Plotkin, Ph.D. & Associates

**REGISTER ONLINE:** 

### http://tinyurl.com/HIVandMindfulness

By the end of this training participants will be able to:

- 1. Describe and provide an overview of mindfulness
- 2. Identify different mindfulness techniques
- 3. Apply mindfulness techniques to help deal with anxiety, loss and tragedy

The CDU PAETC Last Tuesday HIV Training Series is a free monthly event for providers who serve patients living with HIV.