

# Brief Sensation Seeking Scale (BSSS)

## Response Categories

1. Strongly disagree
2. Disagree
3. Neither disagree or agree
4. Agree
5. Strongly agree

1. I would like to explore strange places
2. I get restless when I spend too much time at home
3. I like to do frightening things
4. I like wild parties
5. I would like to take off on a trip with no pre-planned routes or timetables
6. I prefer friends who are excitingly unpredictable
7. I would like to try bungee jumping
8. I would love to have new and exciting experiences, even if they are illegal