

Assessment:

MAST - Michigan Alcoholism Screening Test (Adolescent version)

Response choices are: Yes or No.

1. Do you feel you are a normal drinker/user?
2. Have you ever awakened the morning after some drinking/using the night before and found that you could not remember a part of the evening?
3. Does any further member or significant other ever worry or complain about your drinking/using?
4. Can you stop drinking/using without a struggle after one or two drinks or one or two uses?
5. Do you ever feel bad about your drinking/using?
6. Do friends or relatives think you are a normal drinker/user?
7. (deleted)
8. Are you always able to stop drinking/using when you want to?
9. Have you ever attended a meeting of Alcoholics/Narcotics Anonymous?
10. Have you gotten into fights when drinking/using?
11. Has drinking/using ever created problems with you and your girlfriend/boyfriend?
12. Has any family member or significant other ever gone to anyone for help about your drinking/using?
13. Have you ever lost friends or girlfriend/boyfriend because of drinking/using?
14. Have you ever gotten into trouble at school because of drinking/using?
15. Have you ever lost a job because of drinking/using?
16. Have you ever neglected your obligations, your family or school for two or more days in a row because you were drinking/using?
17. Do you ever drink/use before noon?
18. Have you ever been told you have liver trouble? Cirrhosis?
19. Have you ever had delirium tremens (DTs), severe shaking, heard voices, or seen things that were not there after heavy drinking/using?
20. Have you ever gone to anyone for help about your drinking/using?
21. Have you ever been in a hospital because of drinking/using?
22. Have you ever been a patient in a psychiatric hospital or on a psychiatric ward of a general hospital where drinking/using was part of the problem?
23. Have you ever been seen at a psychiatric or mental health clinic, or gone to a doctor, social worker or clergyman for help with an emotional problem in which drinking/using had played a part?
24. Have you ever been arrested or gotten a ticket when you have been drinking/using? (For anything other than a DUI.)
25. Have you ever been arrested for drunk driving, driving after drinking or driving under the influence?

* Items 24 & 25 are scored by weighting the number of reported arrested by 2.

Short Michigan Alcoholism Screening Test (MAST)

1. Do you feel you are a normal drinker? (By normal we mean you drink less than or as much as most other people.)
2. Does your wife, husband, a parent, or other near relative ever worry or complain about your drinking?
3. Do you ever feel guilty about your drinking?
4. Do friends or relatives think you are a normal drinker?
5. Are you able to stop drinking when you want to?
6. Have you ever attended a meeting of Alcoholics Anonymous?
7. Has drinking ever created problems between you and your wife, husband, a parent, or other near relative?
8. Have you ever gotten into trouble at work because of drinking?
9. Have you ever neglected your obligations, your family, or your work for two or more days in a row because you were drinking?
10. Have you ever gone to anyone for help about your drinking?
11. Have you ever been in a hospital because of drinking?
12. Have you ever been arrested for drunken driving, driving while intoxicated, or driving under the influence of alcoholic beverages?
13. Have you ever been arrested, even for a few hours, because of other drunken behavior?