

AHIMSA, Acculturation, Habits, and Interests Multicultural Scale for Adolescents

Assessment:

Please complete the following statements by saying “The United States”, “The country my family is from”, “Both”, or “Neither”. Pick only one of those choices to complete the sentence.

Scale items:

1. I am most comfortable being with people from...
2. My best friends are from...
3. The people I fit in with best are from...
4. My favorite music is from...
5. My favorite TV shows are from...
6. The holidays I celebrate are from...
7. The food I eat at home is from...
8. The way I do things and the way I think about things are from...

Response Categories:

1. The United States
2. The country my family is from
3. Both
4. Neither