

Scale items:

Depend

1. I find it difficult to allow myself to depend on others. (Av)
2. People are never there when you need them. (Av)
3. I am comfortable depending on others. (S)
4. I know that others will be there when I need them. (S)
5. I find it difficult to trust others completely. (Av)
6. I am not sure that I can always depend on others to be there when I need them. (Ax)

Anxiety

7. I do not often worry about being abandoned . (S)
8. I often worry that my partner does not really love me. (Ax)
9. I find others are reluctant to get as close as I would like. (Ax)
10. I often worry my partner will not want to stay with me. (Ax)
11. I want to merge completely with another person. (Ax)
12. My desire to merge sometimes scares people away. (Ax)

Close

13. I find it relatively to get close to others. (S)
14. I do not often worry about someone getting too close to me. (S)
15. I am somewhat uncomfortable being close to others. (Av)
16. I am nervous when anyone gets too close. (Av)
17. I am comfortable having others depend on me. (S)
18. Often, love partners want me to be more intimate than I feel comfortable being. (Av)

Note: (S) indicates items that originate from the “secure” description; (Av) indicates items that originate from the “avoidant” description; and (Ax) indicates items that originate from the “anxious” description.

Response Categories

1. Not at all characteristic of me
2. Rarely characteristic of me
3. Somewhat characteristic of me
4. Fairly characteristic of me
5. Very characteristic of me