

INSTRUCTIONS: The items listed below refer to feelings and reactions that people may experience about the disease AIDS (Acquired Immune Deficiency Syndrome). As such, there are no right or wrong answers, only the individual reactions that people have. We are interested in how typical these feelings and behaviors are of you. To provide your responses, use the following scale to indicate how characteristic the following statements are of you:

A = Not at all characteristic of me.

B = Slightly characteristic of me.

C = Somewhat characteristic of me.

D = Moderately characteristic of me.

E = Very characteristic of me.

NOTE: Remember to respond to all items, even if you are not completely sure. Also, please be honest in responding to these statements.

1. Thinking about AIDS makes me feel anxious.
2. I sometimes find it hard to discuss issues dealing with AIDS.
3. I feel tense when I think about the threat of AIDS.
4. I feel quite anxious about the epidemic of AIDS.
5. I feel scared about AIDS when I think about sexual relationships.
6. I'm afraid of getting AIDS.
7. I have trouble talking about AIDS with an intimate partner.
8. I feel flustered when I realize the threat of AIDS.
9. The disease AIDS makes me feel nervous and anxious.
10. I feel scared when I think about catching AIDS from a sexual partner.
11. I'm not worried about getting AIDS.
12. I would feel shy discussing AIDS with an intimate partner.
13. My heart beats fast with anxiety when I think about AIDS.
14. I feel anxious when I talk about AIDS with people.
15. Because of AIDS, I feel nervous about initiating sexual relations.
16. All these discussions of AIDS leaves me feeling a bit alarmed.
17. I would not find it hard to discuss AIDS with an intimate partner.
18. AIDS makes me feel jittery about having sex with someone.
19. I feel uncomfortable when discussing AIDS.
20. I sometimes worry that one of my past sexual partners may have had AIDS.
21. Thinking about catching AIDS leaves me feeling concerned.
22. I would not hesitate to ask a former sex partner about AIDS-related concerns.
23. The issue of AIDS is a very stressful experience for me.

24. I feel nervous when I discuss AIDS with another person.
25. The threat of getting AIDS makes me feel uneasy about sex.
26. I worry about what I should do about AIDS.
27. Anxiety about AIDS is beginning to affect my personal relationships.
28. In general, the media attention on AIDS makes me feel restless.
29. I have feelings of worry when I think about AIDS.
30. Were I to have sexual relations, I would worry about getting AIDS.
31. All this recent media attention about AIDS leaves me feeling on edge.
32. AIDS does not influence my willingness to engage in sexual relationships.
33. When I think about AIDS, I feel tense.
34. I am more anxious than most people are about the disease AIDS.
35. If I were to have sex with someone, I would worry about AIDS.
36. I'm pretty indifferent to the idea of catching AIDS.
37. I would hesitate to involve myself in a sexual relationship because of AIDS.
38. When talking about AIDS with someone, I feel jumpy and high-strung.
39. I become really frightened when I think about the threat of AIDS.
40. The fear of AIDS makes me feel nervous about engaging in sex.
41. The increased chances of being infected with AIDS leaves me feeling troubled.
42. Because of AIDS, I feel too nervous to start a new sexual relationship.
43. The spread of AIDS is causing me to feel quite a bit of stress.
44. I worry that AIDS may directly influence my life.
45. I had a better attitude towards sex before the AIDS epidemic.
46. I get pretty upset when I think about the possibility of catching AIDS.
47. The discussion of AIDS makes me feel uncomfortable.
48. All this talk about AIDS has left me feeling strained and tense.
49. I'm concerned that I might be carrying the AIDS virus.
50. I feel nervous when I think that a past sexual partner could have given me AIDS.