

Assessment:

Spiritual Intuition Inventory

The purpose of the following questions is to gather information about your beliefs, value systems, and practices. This information will help us better understand how these factors are related.

Please answer ALL the questions. Put a check-mark in the box that most accurately describes your true feelings or experiences. Please be assured that all your answers will remain confidential.

Response categories:

- Never
- Sometimes
- Often
- Always

1. Do you consider yourself well-grounded?
2. Do you have good intuition?
3. Do you have vivid dreams that you remember later?
4. Do you feel a connection to a higher power or greater power, such as God, Goddess, Spirit(s), the Divine, etc?
5. Do you feel connected with the world (social and natural) around you?
6. When someone is telling you something terrible that they are going through, is it easy for you to imagine how they feel?
7. Do you feel comfortable being different?
8. Do you feel that your connection with a higher power is what your life is about right now?
9. Do you feel peaceful when you go for walk in nature?
10. Do you know what a person is going to say just moments before they say it?
11. Do you tune into a still small voice within before making decisions?
12. Does your life have significant meaning beyond personal gratification?
13. Do you feel compassion for those with faults and troubles?
14. Do you sense that someone is going to call before they do?
15. Are you someone who marches to their own drum (e.g., someone that does their own thing)?
16. Have you laid on the beach gazing at the sunset and felt one with the sea, sun, sky, or sand?
17. Do you walk into a meeting and sense immediately who is in charge and sense whether there is any tension in the room, and if so between whom?
18. Do you accurately see and feel what is going on inside you?
19. Do you feel 'in sync' with life?
20. Are you able to sense if someone you have just met is a person who is trustworthy, a possible lover, or someone to be avoided?
21. Can you easily see the 'big picture' in most situations?
22. Do you meditate?
23. Do you connect with others easily?
24. Do you notice subtle visual details in your surroundings?

25. Do you use mantras or sayings in prayer, meditation, or yoga?
26. Do you have the urge to help an elderly person cross the street if they are struggling?
27. Do you spend time watching T.V.?
28. Can you quiet yourself enough to hear silence?
29. Can you ever see or visualize a ring or bubble of light formed around yourself or other people?
30. Do you speak the truth faithfully?
31. Have you received a form of holistic healing including the laying of the hands, prayer, Reike, etc.?
32. Do you perform healing that involves the laying of hands, prayer, or Reike?
33. Are you creative in your life? (This is not limited to doing an art form, it could be creative with anything, setting the table, writing letters, telling a story, etc.?)
34. Are you a good listener?
35. Do you sense or take-on people's energy or mood?
36. Do you ever feel or sense something is going to happen or that you can predict future occurrences?
37. Do you feel that you have gone through a process of 'rebirth' or transformation (i.e., that you have come to a different level of understanding about the world and people around you so that this understanding is endured, not weekend 'high' or temporary perspective)?
38. Do you do yoga?
39. Do you do a form of martial arts?