Maternal Knowledge of Child Health

Response Categories:
   Correct
   Incorrect

1. Would you take your child to the clinic urgently if s/he is unable to drink or breastfeed?
2. Would you take your child to the clinic urgently if s/he vomits everything?
3. Would you take your child to the clinic urgently if s/he had convulsions?
4. Would you take your child to the clinic urgently if s/he is lethargic or seems unable to focus?
5. Would you take your child to the clinic urgently if s/he has rapid breathing?
6. Would you take your child to the clinic urgently if s/he is unconscious?
7. Please tell me what you would do if your baby has diarrhea. (Correct Answer: (a) go to the clinic immediately and (b) give or make my baby oral rehydration solution (ORS) immediately. Incorrect Answers: Do nothing, stop feeding, give sugar water, go to clinic after a few days, go to clinic when baby looks dehydrated.)

Response Categories:
   True
   False

8. True or False: Babies need you to talk and play with them in order for them to grow.
9. True or False: Babies don't like being talked to very often.
10. True or False: Soothing babies when they cry will make them spoiled.
11. True or False: Children who are sick need more food than usual.
12. True or False: It's important to wash hands with soap and water or ash and water after contact with feces, before touching food, and before feeding children.
13. How do you plan to feed your baby for the first 6 months?

- Only breastfeeding [1]
- Only formula feeding [2]
- Breastfeed plus formula (and other foods such as pap, water and glucose = mixed feeding) [3]

14. Which of the following (if any) do you have access to?

- Means to obtain formula if the clinic runs out [1]
- Running water in your house [2]
- Electricity to boil water [3]
- None of the above [4]

15. How long do you plan to follow this plan?

- From birth to 6 weeks (time of HIV test) [1]
- 4 months [2]
- 6 months [3]
- Don't know [4]

Whatever your feeding choice, I am now going to read some statements to you about feeding your baby. Please tell me if you agree, disagree or don't know.

**Response Categories:**

- Agree [1]
- Disagree [2]
- Don't know [3]

16. Do you agree with the following statement: Breast milk protects a baby's health especially from infections.

17. Do you agree with the following statement: Breastfeeding is easy and affordable.

18. Do you agree with the following statement: Breastfeeding helps the mother and baby to bond together and helps the baby's development.

19. Do you agree with the following statement: If I have running water in my house I should definitely formula feed.

20. Do you agree with the following statement: When a baby cries a lot it means that s/he is hungry and not getting enough food and its time to add pap to the diet.
21. Do you agree with the following statement: Formula feeding needs enough money all the time.

22. Do you agree with the following statement: It is important to prepare your breasts for feeding by massaging and applying creams to them.

23. Do you agree with the following statement: If my nipples become cracked or start bleeding I can safely continue to breastfeed.

24. Do you agree with the following statement: Breastfeeding makes it harder to soothe the baby.

25. If your breasts become engorged / blocked during breast feeding do you know what to do?
   a. Yes [1]
   b. No [2]
   c. Don’t Know [3]

26. If your partner criticizes you will you stop breastfeeding?
   a. Yes [1]
   b. No [2]
   c. Don’t Know [3]

27. If your family or neighbours criticize you will you stop breastfeeding?
   a. Yes [1]
   b. No [2]
   c. Don’t Know [3]

28. At what age (in months) do you plan to give other foods / liquids to the baby?
    ___________ months