LOSS AND GRIEF

Now I’m going to ask you some questions about dealing with loss.

1. Has anyone close to you ever died?
   Yes 1
   No 0
   Refuse to Answer 8
   If not equal to 1, then skip to end.

2. Whose death has been the most difficult for you to deal with? Please describe your relationship to them.

3. In which year did this person die?
   yyyy |__|__|__|__|
   Refuse to Answer (Year) 8888

4. What happened that made this person die?

The following statements concern how you are dealing with the death(s) of someone you cared about. For each statement, tell me how much it has happened during the past six months.

5. You miss someone who has died. (Choose one)
   None 0
   Little 1
   Some 2
   Much 3
   Most 4
   Refuse to Answer 8
6. You don't do positive things that you want or need to do because they remind you of someone who died.  (Choose one)

   None       0  
   Little     1  
   Some       2  
   Much       3  
   Most       4  
   Refuse to Answer 8

7. You feel sad about his/her death.  (Choose one)

   None       0  
   Little     1  
   Some       2  
   Much       3  
   Most       4  
   Refuse to Answer 8

8. You can't stop thinking about someone who died when you want to think about other things.  (Choose one)

   None       0  
   Little     1  
   Some       2  
   Much       3  
   Most       4  
   Refuse to Answer 8

9. It is hard for you to believe that he/she is dead.  (Choose one)

   None       0  
   Little     1  
   Some       2  
   Much       3  
   Most       4  
   Refuse to Answer 8
10. Unpleasant thoughts about how the person died get in the way of enjoying good memories of him/her. (Choose one)
   None 0
   Little 1
   Some 2
   Much 3
   Most 4
   Refuse to Answer 8

11. You feel that, even though he/she is gone, he/she is still an important part of your life. (Choose one)
   None 0
   Little 1
   Some 2
   Much 3
   Most 4
   Refuse to Answer 8

12. You think that you see or hear him/her, or that you can feel his/her presence nearby. (Choose one)
   None 0
   Little 1
   Some 2
   Much 3
   Most 4
   Refuse to Answer 8

13. You enjoy good memories of him/her. (Choose one)
   None 0
   Little 1
   Some 2
   Much 3
   Most 4
   Refuse to Answer 8
14. **You avoid talking about the person who died because it is too painful to think about him/her.** (Choose one)

   - None                      0
   - Little                    1
   - Some                      2
   - Much                      3
   - Most                      4
   - Refuse to Answer          8