






Summary of Recommended HIV Interventions  For information, please contact Rosemary Veniegas at veniegas@ucla.edu	Level of Intervention	HIV+	MSM	MSMW	WSR	Heterosexual Male IDU	MSM/IDU	Femal IDU	African American	Transgender	Youth	Other	ABBREVIATIONS				
													Behavioral Theories	Behavior Change	Recommended by	Source	Websites
AIDS Community Demonstration Projects	CLI												Social Learning Theory; Stages of Change Theory; Transtheoretical Model of Behavior Change	Reported condom use with main and non-main partners; disinfection of injection equipment	CDC	B, C	3
Community PROMISE (based on the AIDS Community Demonstration Projects)	CLI										Sex workers		Transtheoretical Model; Theory of Reasoned Action; Social Cognitive Theory	Consistent condom use with main partners; Consistent condom use with non-main partners; Condom carrying	CDC	A, B	2
Mpowerment (Kegeles et al., 1996)	CLI												Health Belief Model; Theory of Reasoned Action; Social Learning Theory	Reported number of sex partners; Rates of unprotected anal intercourse	CDC	A, B, C	7
Popular Opinion Leader (Kelly et al., 1991)	CLI												Diffusion of Innovation Theory; Social Network Theory; Social Learning Theory	Rates of unprotected anal intercourse; condom use; reported number of sex partners	CDC	A, B, C	7
Real AIDS Prevention Project (Also known as Community-level HIV Prevention Intervention for Inner-City Women) (Lauby et al., 1998)	CLI												Stages of change; Social Learning Theory	Initiation of condom use with partners; negotiated condom use with steady and casual partners	CDC	A, B, C	2
15-Month Follow up of Women Methadone Patients Taught Skills to Reduce Heterosexual HIV Transmission (El Bassel & Schilling, 1992)	GLI										Methadone patients			Frequency of condom use	CDC	B	3
A Randomized Controlled Trial of a Behavioral Intervention to Prevent STDs Among Minority Women (Shain et al., 1999)	GLI										African American women and Latinas		AIDS Risk Reduction Model; Diffusion of Innovation; Health Belief Model	Unprotected sex; Number of sex partners	HIV Prevention Toolbox	C	Contact Dr. Rochelle Shain at SHAIN@UTHSCSA.EDU
A Randomized Controlled Trial of an AIDS Prevention Program for Low-income African American Youths (Stanton et al., 1996)	GLI										African American youth		Protection Motivation Theory	Condom use	CDC	B	3
AIDS and the Transition to Illicit Drug Injection (Des Jarlais et al., 1992)	GLI										Heroin sniffers		Social Learning Theory	Likelihood of injecting heroin	CDC	B	3
AIDS Prevention in Homosexual and Bisexual Men (Valdiserri et al., 1989)	GLI													Condom use for insertive anal intercourse	CDC	B	3
ARREST Program (AIDS Risk Reduction Education and Skills Training) (Kipke et al., 1993)	GLI										African American and Latino adolescents		Health Belief Model; Social Learning Theory	HIV Risk-related drug use and sexual behaviors	HIV Prevention Toolbox	C	8

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Assertiveness Skills Development for Women with Severe and Persistent Mental Illness (Weinhardt et al., 1998)	GLI											Mentally impaired outpatients	Social Learning Theory	Unprotected sex	HIV Prevention Toolbox	C	Contact Dr. Lance Weinhardt at lsw@mcw.edu
Behavioral Intervention to Reduce AIDS Risk Activities (Kelly et al., 1989)	GLI													Unprotected anal intercourse; Condom use	CDC	B	3
Brief Behavioral Skills Intervention to Prevent HIV Infection Among Chronically Mentally Ill Adults (also known as Healthy Relationships) (Kalichman et al., 1995)	GLI											Chronically mentally ill adults	Cognitive behavioral and skills instruction model	Unprotected sex	HIV Prevention Toolbox	C	8
Brief Group Counseling in HIV Risk Reduction Among Homosexual Asian and Pacific Islander Men (also known as Hot, Healthy and Keepin' It Up!) (Choi et al., 1995)	GLI											Asian and Pacific Islander Men	Health Belief Model; Social Learning Theory; Theory of Reasoned Action	Unprotected sex; Number of sex partners	HIV Prevention Toolbox	C	8
CHANGES Project (Chesney et al.)	GLI											Gay men living with HIV	Stress and Coping Theory	NA	CHIPTS	D	4
Cognitive Behavioral and Support Group Interventions for Depressed People Living With HIV	GLI											Depressed gay men living with HIV	Social Learning Theory	NA	CHIPTS	D	Contact Dr. Jeff Kelly at (414) 456-7700.
Cognitive-Behavioral Intervention to Reduce African-American Adolescents' Risk for HIV Infection (St. Lawrence et al., 1995)	GLI											Inner city African American youth	Information-Motivation-Behavioral Skills Model	Condom use; Unprotected intercourse; Initiation of sexual intercourse	CDC	B	3
Comparison of Education versus Behavioral Skills Training Interventions in Lowering Sexual HIV Risk Behavior of Substance Dependent Adolescents (St. Lawrence et al., 1995)	GLI												Social Learning Theory; Theory of Reasoned Action	Unprotected sex; Number of sex partners; Substance abuse	CDC	C	3
Condom Skills Education and Sexually Transmitted Disease Reinfection (Cohen et al., 1991)	GLI											Heterosexual adults		Return visit to STD clinic with new STD	CDC	B	3
Context Framing to Enhance HIV Antibody Testing Messages Targeted to African American Women (Kalichman & Coley, 1995)	GLI											African American women	Prospect Theory	HIV Testing; Unprotected sex	HIV Prevention Toolbox	C	Contact Dr. Seth Kalichman at seth.k@uconn.edu
Culturally Tailored HIV/AIDS Risk-Reduction Messages Targeted to African American Urban Women (Kalichman et al., 1993)	GLI											African American women	Stages of Change	Unprotected sex	HIV Prevention Toolbox	C	Contact Dr. Seth Kalichman at seth.k@uconn.edu

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Effects of AIDS Counseling and Risk Reduction Training on the Chronically Mentally Ill (Katz et al., 1996)	GLI												Chronically mentally ill adults		Unprotected sex associated with high-risk sexual and drug/alcohol situations	HIV Prevention Toolbox	C	Contact Dr. Roger C. Katz at Rkatz@uop.edu
Effects of HIV/AIDS Intervention Groups for High-Risk Women in Urban Clinics (Kelly et al., 1994)	GLI														Condom use with partners; unprotected sex	CDC	B	3
Enhancing Motivation to Reduce the Risk of HIV Infection for Economically Disadvantaged Urban Women (Carey et al., 1997)	GLI												Low-income African American women	Information-Motivation-Behavioral Skills Model; Social Learning Theory	Unprotected sex; Number of sex partners; Substance use	HIV Prevention Toolbox	C	Contact Dr. Michael Carey at mpcarey@syr.edu
Group Counseling at STD Clinics to Promote Use of Condoms (Cohen et al., 1992)	GLI												Heterosexual adults		STD reinfection	CDC	B	3
Healthy Relationships (Kalichman et al., 1995)	GLI													Social Cognitive Theory	Number of sexual contacts; refusal to engage in unsafe sex; unprotected sexual intercourse	CDC	E	7
HIV Risk Reduction Among African-American Homosexual and Bisexual Men (Peterson et al., 1996)	GLI												African American men	AIDS Risk Reduction Model	Unprotected anal sex	HIV Prevention Toolbox	C	Contact Dr. John L. Peterson at jpeterson@gsu.edu
HIV Risk Reduction for Seriously Mentally Ill Individuals (Weinhardt et al., 1997)	GLI												Outpatients of psychiatric hospitals and clinics	Information-Motivation-Behavioral Skills Model	Unprotected sex; Number of sex partners; Number of high risk sex partners; Number of anonymous sex partners; Substance use prior to sex	HIV Prevention Toolbox	C	Contact Dr. Lance Weinhardt at lsw@mcw.edu
Holistic Health Recovery Program (Margolin et al., 2003)	GLI													Information-Motivation-Behavioral Skills Model	Behavioral skills for health promotion; harm reduction behaviors	CDC	e	7
Many Men, Many Voices (Kelly et al. 1989)	GLI												Men of color	Social Learning Theory	Condom use; unprotected anal intercourse	CDC	E	7
New Interventions for Women (NOW) Project SMART/EST Project	GLI												HIV+ women who were substance dependent	Social Learning Theory	Use of spermicide; Use of female controlled products	CHIPTS	D	E-mail Dr. Deborah Jones at djones@mail.barry.edu
Outcomes of Intensive AIDS Education for Male Adolescent Drug Users in Jail (Magura et al., 1994)	GLI												Male adolescent drug users	Problem Solving therapy model	Condom use during vaginal, oral and anal sex; number of high-risk sex partners	CDC	B	3
Preventing Infection Among Adolescents (Main et al., 1994)	GLI												School children	Social Cognitive Theory; Theory of Reasoned Action	Number of sex partners; Condom use	CDC	B	3
Project LIGHT (National Institute of Mental Health (NIMH) Multisite HIV Prevention Trial Group (1998))	GLI													Social Learning Theory	Reported number of unprotected intercourse acts; Reported condom use over time	CDC	A, B	2

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Project TALK: An Intervention for Families Living With HIV (Rotheram-Borus et al.)	GLI										Parents living with HIV and children 11-88 years old	Social Learning Theory	Parents unprotected sex and substance abuse relapse; children's conduct problems such as fighting and stealing	CHIPTS	D	5
Project TLC: An Intervention for Youth Living With HIV (Rotheram-Borus et al., 2001)	GLI										HIV+ youth between 14-21 yrs	Social Learning Theory	Unprotected sex; Number of sex partners; Substance use	CHIPTS	D	6
Reducing Inner-City Women's AIDS Risk Activities (Hobfoll et al., 1994)	GLI										Single pregnant women	Social Learning Theory	Condom use with partners	CDC	B	3
Reducing the Risk: Impact of a New Curriculum on Sexual Risk-taking (Kirby et al., 1991)	GLI										10th grade students	Social Learning Theory; Social Inoculation Theory; Cognitive Behavioral Theory	Initiation of sexual intercourse; Unprotected intercourse	CDC	B	3
Reductions in HIV Risk-associated Sexual Behaviors Among Black Male Adolescents (Jemmott et al., 1992)	GLI										African American male adolescents		Condom use; Number of sex partners	CDC	B	3
Safety Counts (Rhodes & Humfleet, 1993)	GLI										Crack cocaine users	Cognitive Behavioral Model	HIV-related drug use risk and sexual risk behaviors	CDC	E	7
Sex, Games and Videotape (SexG) (Susser et al., 1998)	GLI										Homeless African American and Latino men with chronic mental illness	Social Learning Theory	Unprotected sex; Number of sex partners	HIV Prevention Toolbox	C	Contact Dr. Ezra Susser at es8@columbia.edu
SHARE Project Research Group and AIDS Survival Project	GLI										HIV+ men and women	Social Learning Theory	Unprotected sex; Sex with partners not living with HIV	CHIPTS	D	Contact Dr. Seth Kalichman at seth.k@uconn.edu
Street Smart (Rotheram-Borus et al., 1993)	GLI											Social Learning Theory	Reported substance use; number of unprotected sexual acts	CDC	A, B	2
Teens Linked to Care: "Stay Healthy" and "Act Safe" (Also known as Efficacy of A Prevention Intervention for Youths Living with HIV) (Rotheram-Borus et al., 2001)	GLI											Social Action Model	Unprotected sex; Number of sex partners; Substance abuse in sexual situations	HIV Prevention Toolbox	C	6
The SISTA Project (Also known as A Randomized Controlled Trial of an HIV Sexual Risk-reduction Intervention for Young African-American Women) (DiClemente & Wingood, 1995)	GLI										African American women	Social Learning Theory; Theory of Gender and Power	Consistent condom use with partners; Negotiation of condom use; Not having sex when a condom is not available	CDC	B, C	3

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Turning Point (Also known as Reducing HIV Needle Risk Behaviors) (Siegal et al., 1995)	GLI												AIDS Risk Reduction Model; Health Belief Model	Unsafe needle practices	HIV Prevention Toolbox	C	8
VOICES/VOCES (Also known as Reductions in STD Infections Subsequent to an STD Clinic Visit)	GLI												Social Learning Theory; Theory of Reasoned Action	Reported sex without condoms	CDC	A, B, C	7
Efficacy of Risk Reduction Counseling to Prevent HIV and STDs (also known as Project RESPECT) (Kamb et al., 1998)	ILI											HIV- adults	Social Cognitive Theory; Theory of Reasoned Action	Condom use; new STDs	CDC	B	3
Project RESPECT (Kamb et al., 1998)	ILI											Males and females 14 or older at STD clinics	Social Learning Theory; Theory of Reasoned Action	Sex without condoms	HIV Prevention Toolbox	C	3
Reducing Post-Release HIV Risk Among Male Prison Inmates (Grinstead et al., 1999)	ILI											Heterosexual male prison inmates		Sex without condoms; Sharing needles	HIV Prevention Toolbox	C	9
Reduction of High-Risk Sexual Behavior Among Heterosexuals Undergoing HIV Antibody Testing (Wenger et al., 1991)	ILI											Heterosexual adults		Unprotected intercourse	CDC	B	3
STD and HIV Risk in Heterosexual Adults Attending a Public STD Clinic (Boyer et al., 1997)	ILI											Male and female heterosexual adults	AIDS Risk Reduction Model	Unprotected sex	HIV Prevention Toolbox	C	Contact Dr. Cherrie Boyer at boyer@itsa.ucsf.edu
Cognitive and Behavioral Adaptations to HIV/AIDS among Gay and Bisexual Adolescents (Remafedi, 1994)	ILI, GLI												Social Learning Theory	Unprotected sex; Substance abuse in sexual situations	HIV Prevention Toolbox	C	Contact Dr. Gary Remafedi at remaf001@umn.edu
Factors Mediating Changes in Sexual HIV Risk Behaviors among Gay and Bisexual Male Adolescents (Rotheram-Borus et al., 1994)	ILI, GLI												Social Learning Theory	Unprotected sex; Number of sex partners	HIV Prevention Toolbox	C	Contact Dr. Rose Veniegas at veniegas@ucla.edu

For additional information on these projects, please refer to following website links:

1. [HIV Prevention Toolbox Fact Sheets](#)
2. [CDC Replicating Effective Interventions](#)
3. [CDC Compendium of Interventions](#)
4. [UCSF Center for AIDS Prevention Studies CHANGES curriculum](#)
5. [CHIPTS Intervention Manual for Project TALC](#)
6. [CHIPTS Intervention Manual Teens Linked to Care](#)
7. [CDC DEBI \(Diffusion of Effective Behavioral Interventions\)](#)
8. [HIV/AIDS Prevention Program Archive](#)
9. [Centerforce](#)