



Session 3

How to Use Condoms

3:1	Introductions	<i>15 min</i>
3:2	Getting the Feel of Condoms	<i>15 min</i>
3:3	The Steps in Putting on Male and Female Condoms	<i>20 min</i>
3:4	Practicing Putting on Male and Female Condoms	<i>30 min</i>
3:5	Selecting Condoms	<i>20 min</i>

street smart

Session 3: How to Use Condoms

Objectives:

1. Participants will know why using condoms is essential to practicing safer sex.
 2. Participants will be able to evaluate condoms.
 3. Participants will demonstrate skills in using both male and female condoms.
 4. Participants will decrease their anxiety about condom use.
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Rationale:

Unless a person avoids vaginal, anal, and some forms of oral sex, there is no sure way to practice safer sex without using a condom. Research shows that current use of condoms is very low, and is both variable and inconsistent.

Both male and female youth have to take responsibility for safer sex. Male youth experience far greater pressure to engage in sexual intercourse than do females. Eighty percent of male youth have sexual intercourse before the age of 19. Because many males do not practice safer sex, the responsibility often falls on their female partners. To date, little has been done to help male youth become more responsible for practicing safer sex and birth control. People are not usually taught how to use a condom correctly, or how to protect themselves when engaging in oral sex.

Youth often feel anxiety about condom use. Males frequently expect decreased pleasure and loss of erections. Females are concerned about condoms breaking and leaking. Consequently, attempts to reduce anxiety and to provide youth with skills in purchasing and selecting condoms is important.

The main point of this session is for the participants to be comfortable talking about and using condoms.

Procedures:

1. Have participants introduce themselves and indicate what color they think is best for a box of condoms. Check Feeling Thermometer. Also review successes in engaging in safer sex that occurred during the previous week.
2. Give every participant condoms to play and do "crazy" things with in order to reduce discomfort.
3. Have the group try to figure out the correct sequence of steps in putting on a male condom by using condom cards.
4. Have participants become comfortable with the models of the female and male anatomy.
5. Have participants practice putting on a male condom, first by putting it on the fingers of their partners, and then on the penis model. Also, role-play convincing someone to touch a lubricant and teaching a younger person to use a condom.
6. Have participants practice putting the female condom in the female model.
7. Have participants look at different condoms and evaluate them using an evaluation worksheet.
8. Share tokens of appreciation and check Feeling Thermometer levels.

Materials:

Goals of Street Smart

Lottery prize

Tokens

Feeling Thermometer poster

Ground Rules newsprint

Newsprint and marking pens

A wide variety of samples of condoms (including some lambskin ones)

Female and male anatomy models

Condom Cards

Using a Condom handout

Condom Rating sheets

Exercise 1: Introductions (15 minutes)

Welcome to Street Smart!

As you may already know, we are trying to learn more skills on how to keep us from getting HIV, and we are working on how to lead the kind of life we want for ourselves.

Let's go around and introduce ourselves. Tell us your name and what color you think is best for a box of condoms.

In other words, if you were buying a box of condoms, what color would you find most appealing?

Just say, "I'm Bill, and blue is the color I would like best on a box of condoms."

I'll start. I'm _____ and I like _____ for the color on a box of condoms.

Have everyone give their name and say what color they think is best for a box of condoms.

Very good.



Hand out tokens of appreciation to everyone.

These are tokens of appreciation.

We use them a lot to show group members how much we appreciate their contributions to the group.

So, if you appreciate someone else's comment or action, please give them a token.

You must say something to the other person when giving a token. It is important to hand the token directly to the other person.

The idea is to share positive feelings with others by distributing your pile of tokens by the end of the session.

Review last session's homework from the workbook. If someone is new and doesn't have a workbook, give him/her one.

For all of you, what did you do in the last 24 hours to keep safer from HIV and STDs?

We are interested in even the smallest thing that you did because we want to see you stay healthy.

Your comments may also help someone else in the group.

Who would like to be the first person to tell us about a success you had in the last week (or since the last session) in keeping safer?

Encourage discussion.

Great.



Hand out tokens for any positive behaviors.

Who has a condom?

Ask them to hold up their condoms.

Great.



Hand out a special prize to those people carrying a condom (\$1).

And for everyone who was on time today, you get a chance to win today's lottery.

Have the lottery drawing. Each participant draws from a box and 2-3 of them will win a prize (e.g., a food coupon).



Put up "GOALS OF STREET SMART." (Also see end of session.)

During these sessions, we will focus on the feelings and thoughts that lead to actions that are unsafe.

For example:

You are drunk and meet this really hot guy.
You want to have a partner.
You go ahead and have unprotected sex.

The goals of Street Smart are to help you stay safer. We will give you the tools, information, and practice to help you keep yourself safe. Our goals are to help you:

1. Practice safer sex.

2. Get in touch with your feelings.
3. Get rid of thoughts that are self-defeating.
4. Take control of your life.
5. Feel confident about your ability to act safe.
6. Know where to go when you are in trouble and need help.
7. Know your own patterns of risk.
8. Make friends who can help you to stay safer.
9. Have fun while changing behaviors.

We are committed to making sure that this is a safe place to share feelings and thoughts, try out new behaviors, give feedback to each other, and to work together.



Put up “FEELING THERMOMETER POSTER.” (Also see end of session.)

Here is a Feeling Thermometer.

You can see that being the most uncomfortable is 100 and being very, very comfortable is 0. Where do you think you are?

What is your temperature on the Feeling Thermometer right now?



Have participants look at the poster of the Feeling Thermometer and have them indicate where they are on the thermometer.

Thank you.

It is quite natural for people to feel uncomfortable at the beginning of something new.

It is important to stay in touch with how much comfort or discomfort you are feeling, and what those feelings mean.

Our role as facilitators is to help you learn how to stay safer.

That means we will present you with many opportunities to practice.

Over the course of these sessions, we will be talking about many different situations that can put people at risk for HIV, STDs, and unwanted pregnancy.

We will be dealing with situations that put you at risk that you may have encountered, and some situations that you may have never encountered.

The idea is to incorporate many different experiences that can put you at risk, such as sex with persons of the opposite sex, sex with persons of the

same sex, using and abusing drugs, selling yourself for drugs or money, and many others.

We don't expect that everyone will have the same experiences. We are all here to learn and help to keep each other safer.

One thing we will do to make it a safe place is to have ground rules.



Put up "GROUND RULES" newsprint. (Also see end of session.)

From our last session, the ground rules for Street Smart are:

1. Keep confidentiality. What you say is yours - what you hear is theirs.
2. Ask questions - there are no stupid questions.
3. If you are going to be in the group, be involved.
4. Don't judge others - accept group members as you would want to be accepted.
5. Agree to come "one more time" if you think you want to quit, give it a second chance
6. Don't come high.

What other rules would you like to add?



Encourage sharing and give out tokens. Catch someone doing something good.

Great! Let's do the next exercise now.

Exercise 2: Getting the Feel of Condoms (15 minutes)

Today's session is on how to use a condom.

Unless you use a condom every time you have vaginal, anal, or oral sex then you can't be safe.

So the message is: you must use a condom during sex to be safe.

That is why today's session is so important.

First, let's have a little fun with them.

Throw or dump or pour 4 or 5 condoms onto each participant's lap or distribute in whatever way seems light, spontaneous, and surprising. Make sure that there are enough condoms for everyone, including a few female condoms for each person. Youth should not pass condoms to each other, as this can create too much social anxiety.

Now open them up and do whatever seems wild and wacky to you, but don't pass yours to anyone else.

Blow them up, stretch them, chew them, put them on your ear, cover your toe with one - do something fun and silly.

Model doing all kinds of things with a few condoms. You want participants to feel as free and natural as possible. Allow time for participants to have fun with the condoms. Make sure each participant has opened several and touched them in many ways. Give out tokens for crazy displays. Put a condom on your nose as you walk around and see what's happening.



That's great!

How do you feel on your Feeling Thermometer?



Encourage sharing feeling levels and kinds of feelings.

Exercise 3: The Steps in Putting on Male and Female Condoms (20 minutes)

Some youth may have trouble with this exercise and perceive it as difficult. If that occurs, feel free to do a lot of coaching. Also, whenever possible during this entire session, have knowledgeable youth demonstrate condom use to others in the group.

I am going to give each person a card containing one of the steps in putting on a male condom.

I want you to form a line with the cards in the correct order.

So the person who has the first step is at the head of the line and the person with the last step is at the end.

Is there anything unclear about this exercise?

Pass out the "MALE CONDOM CARDS" (See end of session). If there are more cards than people, take a card yourself and have participants tell you where to go. If there are still some leftover cards, place them in plain view. After the order has been determined, ask participants where the remaining cards go. Once their placement has been decided, then some participants can hold two cards to form the correct order.

OK - let's put them in order!

Allow time for participants to form a line in the correct order. When the order of the cards is correct, write or post it on the newsprint. The correct order is: sexual arousal, erection, dab lubricant on penis, leave room at the tip, roll condom on, intercourse, ejaculation, hold on to rim, withdraw penis, loss of erection, and relaxation. The partial loss of erection can go anywhere to show that it can happen any time during sex.



Encourage the sharing of tokens.

What did you think of that?

Discuss.

Are there any steps that a man would do more often than a woman would do?

Discuss.

Many men will lose their erections during the middle of sex sometime in their life.

There is nothing wrong with them - it just happens.

So what could a couple do if the condom is on, sex hasn't happened, and the erection goes down?

Discuss.

Tell me if there is anything unclear about the order of the steps.

Discuss.

Here are some tips on using a male condom that you can take with you.

Hand out "USING A MALE CONDOM" and go over it briefly. (Also see end of session.) When you make the first point about buying latex only, show them a lambskin condom with a big "X" marked on the package.

A female condom has several steps also.

Now I am going to give each person a card containing one of the steps in putting on a female condom.

I want you to form a line with the correct order of steps.

So the person who has the first step in putting on the female condom is at the head of the line and the person who has the last step is at the end.

It's just like the male condom exercise.

Pass out the "FEMALE CONDOM CARDS" (See end of session). If there are more cards than people, take a card yourself and have participants tell you where to go. If there are still some leftover cards, place them in plain view. After the order has been determined, ask participants where the remaining cards go. Once their placement has been decided, then some participants can hold two cards to form the correct order.

OK - Let's put them in order!

Allow time for the participants to form the correct line. You may need to coach them on this, because it is not as familiar. The correct order is listed in the "Using a Female Condom" handout. (See end of session.)

That was great!



Encourage the sharing of tokens.

Everyone can sit down again now.

Give everyone a copy of the "Using a Female Condom" handout.

Here's a list of the steps we just put in order.

We'll talk more about the female condom in the next exercise.

Exercise 4: Practicing Putting on Male and Female Condoms

(30 minutes)

Now, remember that the main point of this session is for you to be more comfortable everyone here needs to practice putting on a condom.

For younger participants, having them practice on a partner may be too interpersonal and create social anxiety. Therefore, have them practice on their own hand or a substitute, such as a banana or zucchini. In actuality, using one hand while putting the condom on their other hand or on a banana may be physically more awkward to do than using two hands.

We'll have our partner use their fingers to represent the penis.

Who will volunteer to help me so I can show you how to do it?

Select a volunteer to help you demonstrate putting a condom on someone's fingers. Make sure you have practiced putting a condom on a partner's fingers before trying it in the session. Have the volunteer hold up their three middle fingers together. Talk your way through putting on a condom and taking it off.

Here is a latex condom in a package.

Hold it up.

Latex is the only kind of condom material that keeps HIV from going through it.

I am going to tear open the package carefully so that I don't tear the condom.

Open the package.

Now I am going to unroll the condom slightly to see if I'm unrolling it in the right direction.

Unroll the condom slightly onto one finger first.

Now I am going to squeeze a small dab of lubricant inside the tip of the condom. You may not need to do this if the condom is already lubricated.

Lubrication helps when putting on the condom, and it increases sensitivity for the penis.

By the way, if you have a foreskin or the guy you're putting it on has one, skin it back before putting on the condom.

Squeeze on the lubricant. Be aware that some youth think that lubricants will feel "yucky" or be nasty to get on themselves: "Don't touch me with that stuff!" Later you will do a role-play to deal with this perception.

Next I am going to unroll the condom farther, pinching some room at the tip.

Some condoms already have a little extra tip built into them to provide space for the ejaculation.

Squeeze out any excess air because it helps prevent the condom from breaking.

Create the space at the tip and squeeze out any air.

Now roll it all the way down.

Roll the condom all the way down.

Now let's say that the man has cum, and you want to take off the condom.

Before you take off a condom, grasp it firmly at the base of the penis while withdrawing from your partner.

You don't want it to slip off while pulling out.

Next, take it off while he's still hard.

If his penis becomes too small and soft, it is easy for the cum to leak out.

Hold the condom at the base.

Then you slip the condom off and throw it away.

Slip the condom off and throw it away.

I want to go back to where I put the lubricant on.

Some people may be uncomfortable about touching a lubricant like K-Y Jelly.

While you talk, take some and put in on your hands and then rub them together.

Actually it feels like a hand cream or like something you could use to massage someone.

Who wants to try it as a hand cream or to massage their arm with it?

Give some lubricant to anyone who will try it. Check responses.

Now tell us how that feels.



Hand out tokens.

Now it is everyone's turn to practice putting on a condom.

Assign partners (people sitting next to each other). Remember to have the younger participants try putting the condom on their own hand or a zucchini or banana instead of on a partner.

First, one person will put the condom on the other person's fingers and then you'll reverse it.

We want both partners to try putting on the male condom.

So put up your hand with the three middle fingers together and have your partner put a condom on your fingers.

Stop after the first person has put on the condom.

Allow time for one partner to have a chance to put on a condom.

Now we want to give the other partner a chance to practice putting on a male condom, but this time we will make it a little more realistic.

I am going to turn the lights off, and see if you can put the condom on your partner's fingers in the dark.

Turn the lights off making sure it is fairly dark. Have the second partner put the condom on. (This exercise was created by Drs. Kegeles and Coates as reported in San Francisco.)



Encourage the sharing of tokens.

Everyone did a great job.



How did you feel about putting on a condom under both conditions?

Where are you on the Feeling Thermometer?

Encourage sharing of feelings and reactions.

I appreciate the way you practiced with the condoms.



Now we are going to do a role-play using a female condom. There is no script for this role-play.

Who will play Barbara and who will play Martha?

Select two volunteers.

Barbara, touching a female condom seems "yucky" to you although you have never tried one.

Martha, try to convince Barbara that using female condoms is a good way to go.

Martha, take a few moments and see if you can help Barbara feel more comfortable about touching the female condom.

While you two role-play the scene, the rest of us will observe.

We will look for what emotions you are showing and how you handle using a lubricant.

Select volunteers.

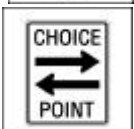
You watch the face of Martha, and you watch the face of Barbara to see what feelings they are expressing.

You look for emotion in the voice of Martha and you Barbara.

You watch the hands of Martha and you watch the hands of Barbara. Body language can be a good way to figure out how someone is feeling.



Ask actors where their *Feeling Thermometer* levels are before they begin the role-play.



CHOICE - to videotape or not

Who wants to be the camera person?

Select volunteer.

Thank you.



OK, now let's do the role-play.

Let the role-play go on for a few minutes, then stop it.

That was great!



Give out tokens.

Where are your Feeling Thermometers now?



Get Feeling Thermometer readings for both actors.

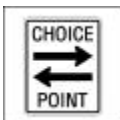
What did each of you like about how you played that role?

Elicit what aspect each actor liked about their performance.

What one thing would you do differently in your next role-play?

Elicit what each actor would have done differently.

Throughout the discussion that comes up, emphasize the point that it is important to become comfortable with condoms.



CHOICE

If role-play was videotaped, say:

Let's go to the videotape!

Have the whole group watch the videotape.



Observers, what feedback can we give our players?

First tell them what you observed about their emotions, body language, eye contact, etc.

Observers, now that you have watched the scene, what did you like about what the actors did, and what would you have done differently?



Encourage discussion and share tokens.

Thank you for your feedback.

Since I want all of you to be really comfortable using both male and female condoms, we're going to practice putting on the female condom by using a plastic model.

The following exercise may be difficult because of the unfamiliarity of most males and females with the female anatomy. Using the female model will help the participants visualize and then become more comfortable with using a female condom. First, go over the model, pass it around and give proper names to all of the parts. Be sure to turn it in several directions so that participants can see all the parts from different angles. Go slowly and be open and accepting of the questions that will come up.

Use the handout diagram sheets for further clarification.

Here is a model of a female showing her genital and reproductive areas. To many of us it is a lot more mysterious than a male's anatomy, because it is inside. This model gives us a chance to see what is where and how a female condom can help a girl have safe sex.

Female condoms can also be put in a person's rectum for anal sex.

I will show you first how to use the female condom.

Who wants to help me by holding the model?

Thanks.

Who has seen a female condom before?

OK. Now watch closely while I go through the steps. These steps are the same ones we saw on the female condom cards.

First, rub the outside of the pouch together from the bottom to the top to be sure that the lubrication is spread evenly inside the pouch.

Make sure that the inner ring is at the bottom, closed end of the pouch.

Hold the pouch with the open end hanging down. While holding the outside of the pouch, squeeze the sides of the inner ring with your thumb and middle finger.

Place your index finger between your thumb and your middle finger and keep squeezing the inner ring.

Still squeezing the condom, spread the lips (labia) and insert the squeezed ring.

If it is too slippery to insert, let it go and start over.

Now push the inner ring and the pouch the rest of the way up into the vagina with your finger.

Check to make sure that the inner ring is up just past the pubic bone.

This step may be hard to do on the first or second try because of the lubrication.

Take your time and push it up to where you can feel the bone.

Make sure it is inserted straight (not twisted) into the vagina.

It is important that the outside ring lies against the outer lips.

About one inch of the open end will stay outside the body. It may look weird, but this is what keeps you and your partner safe during sex.

OK. Now I want everyone to try inserting the female condom into the model.

Have the group members take turns inserting the female condom. Have extra lubricant available.



Encourage the sharing of tokens.

You all did a great job! I hope you all feel more comfortable using female condoms now.

Exercise 5: Selecting Condoms **(20 minutes)**

We need to take some time to talk about selecting condoms because there are many different kinds.

First, the basic rule is to always buy latex because HIV cannot get through them.

HIV can get through lambskin condoms.

You need to find the style of condoms that please you most.

Some condoms have a little tip to hold the cum and some do not.

With the tip you don't have to worry about making a little space.

Some condoms are already lubricated.

The lubrication makes entering easier, but some people don't like how it feels.

On some condoms the sheath is smooth and on others it is not - supposedly to increase sensitivity and stimulation.

If your condom didn't have a little tip on the end of it and you were worried about not having room for the semen, would it be a good idea to punch a little hole at the end of a condom?

Encourage ideas that will show misconceptions and myths.

What makes a condom good, and what makes a condom bad?

Encourage ideas that will show misconceptions and myths.

A bad condom is one that is used, has a hole, is too small, is too old, has been in your wallet for a couple months, or is made of lambskin.

Demonstrate by holding up a condom unrolled and out of the package to show a used one; blow air in one to see if it has a hole; and show a lambskin one marked "X."

I am going to put a variety of different types on the table.

Each person should take one, open it, and then evaluate it according to the "Condom Rating Sheet."

Hand out the "CONDOM RATING SHEET" (see end of session) and go over it.

Start your condom evaluation!

Allow five minutes for the participants to evaluate the condom. Then have them report on their evaluations.

Who'll start first and tells us what they thought?

Go around and have each member report.

That was very good.

Take the condoms that are left and practice with them between now and the next session.

You have done a great job today.

How are you feeling on the Feeling Thermometer?



Encourage sharing and discuss.

You've all been great today!

Point out the homework for Session 4 in the workbook.

Between now and the next session, do the homework for Session 4.

Now go around and tell the person on your right something you liked that they said or did today. Let's go around and give some tokens to each other.



Encourage sharing of tokens.

Our next meeting will be held on _____ at _____.

Remember, one of our ground rules is to agree to come one more time.

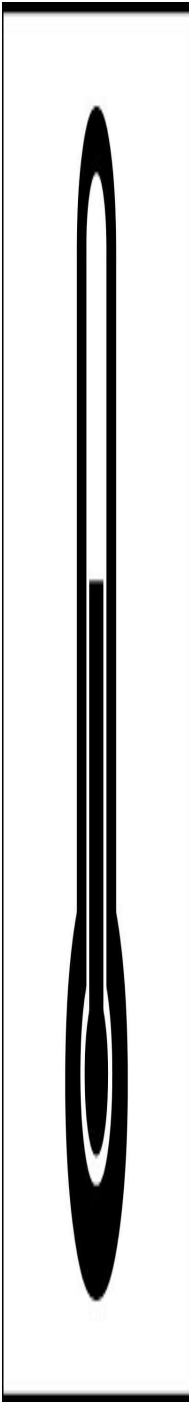
We hope to see you then!

END OF SESSION 3

Goals of Street Smart

1. Practice safer sex.
2. Get in touch with your feelings.
3. Get rid of thoughts that are self-defeating.
4. Take control of your life.
5. Feel confident about your ability to act safe.
6. Know where to go when you are in trouble and need help.
7. Know your own patterns of risk.
8. Make friends who can help you to stay safer.
9. Have fun while changing behaviors.

Feeling Thermometer

	<u>Level</u>	<u>Triggers (Situations, People, Places, Feelings, Things)</u>
	Very uncomfortable 100	_____ _____ _____ _____
	Uncomfortable 75	_____ _____ _____ _____
	Mildly Comfortable 25	_____ _____ _____ _____
	Very comfortable 0	_____ _____ _____ _____

Ground Rules

1. Keep confidentiality. What you say is yours - what you hear is theirs.
2. Ask questions - there are no stupid questions.
3. If you are going to be in the group, be involved.
4. Don't judge others - accept group members as you would want to be accepted.
5. Agree to come "one more time" if you think you want to quit, give it a second chance.
6. Don't come high.

Male Condom Cards

(not in correct order, one line to a card)

Loss of erection

Roll condom on

Ejaculation

Leave room at tip & squeeze air out

Sexual arousal

Intercourse

Erection

Partial loss of erection

Withdraw the penis

Relaxation

Hold onto the rim

Dab lubricant on penis or inside tip of condom

Using a Male Condom

Putting on a condom

(Buy latex only because lambskin lets HIV through)

1. Open the package carefully.
2. Put a drop of water-based lubricant inside the tip of the condom.
3. Roll down 1/2 inch of condom.
4. Put the rubber against the head of the hard penis. (If the penis is uncircumcised, pull back the foreskin first.)
5. Squeeze any air out of the tip of the rubber.
6. Roll the rubber all the way down to the base of the penis.
7. Gently smooth out any extra air.

Taking off a condom

1. Pull out gently while the penis is still hard.
2. Hold the condom at the base of the penis while pulling out so the rubber doesn't leak or fall off.
3. Starting at the base, roll the rubber off carefully so the cum doesn't spill.
4. Throw the condom away. (Never use a rubber twice.)

Female Condom Cards

(not in correct order, one line to a card)

Still squeezing the condom, spread the lips (labia) and insert the squeezed ring.

Hold the pouch with the open end hanging down.

Before sex, make sure that the female condom is inserted straight (not twisted) into the vagina. The outside ring should lie against the outer lips. About one inch of the open end will stay outside the body.

Be sure the inner ring is at the bottom, closed end of the pouch.

Remove female condom by squeezing and twisting the outer ring to keep semen inside the pouch.

While holding the outside of the pouch, squeeze the sides of the inner ring together with your thumb and middle finger.

Rub the outside of the pouch together from the bottom to the top to evenly spread lubrication inside the pouch

Place your index finger between your thumb and middle finger and keep squeezing the inner ring.

Throw into trashcan

Check to make sure that the inner ring is up just past the pubic bone. About one inch of the open end will stay outside the body.

Pull out gently.

Intercourse.

Now push the inner ring and the pouch the rest of the way up into the vagina with your finger.

Using a Female Condom

Putting in a female condom

1. Locate notch in upper right hand corner and tear open packet.
2. Rub the outside of the pouch together from the bottom to the top to evenly spread lubrication inside the pouch.
3. Find a comfortable position- like standing with one foot on a chair or sit with knees apart or squat down.
4. Be sure the inner ring is at the bottom, closed end of the pouch.
5. Hold the pouch with the open end hanging down.
6. While holding the outside of the pouch, squeeze the sides of the inner ring together with your thumb and middle finger.
7. Place your index finger between your thumb and middle finger and keep squeezing the inner ring.
8. Still squeezing the condom, spread the lips (labia) and insert the squeezed ring.
9. Now push the inner ring and the pouch the rest of the way up into the vagina with you finger.
8. Check to make sure that the inner ring is up just past the pubic bone. About one inch of the open end will stay outside the body.
9. Before sex, make sure that the female condom is inserted straight (not twisted) into the vagina. The outside ring should lie against the outer lips. About one inch of the open end will stay outside the body.
10. Use your hand to guide the penis into the pouch.
11. Intercourse. You may notice that the female condom moves around during sex. Side-to-side movement of the outer ring is normal. If you find that the female condom is riding on the penis and slipping up into the vagina, you can add lubricant to the penis or to the inside of the pouch.

Removing the female condom

1. Remove female condom by squeezing and twisting the outer ring to keep semen inside the pouch.
2. Pull out gently.
3. Throw into trash can. Do not flush and do not reuse.

Condom Rating Sheet

Name of Condom Brand _____

Directions: Put a check next to all descriptions that apply to the condom named above.

A. Condom package (box) is :

- | | |
|--------------------------|-----------------------------|
| 1. eye-catching _____ | 2. embarrassing _____ |
| 3. non-threatening _____ | 4. appealing to teens _____ |
| 5. male-oriented _____ | 6. female-oriented _____ |
| 7. other _____ | |

B. Wrapping of Individual Condoms:

- | | |
|-----------------------|----------------------------|
| 1. plastic wrap _____ | 2. paper wrap _____ |
| 3. foil capsule _____ | 4. capsule _____ |
| 5. easy to open _____ | 6. difficult to open _____ |
| 7. other _____ | |

C. Features of Condom

- | | |
|------------------------|-------------------------|
| 1. lubricated _____ | 2. non-lubricated _____ |
| 3. spermicide _____ | 4. contoured _____ |
| 5. textured _____ | 6. colored _____ |
| 7. reservoir tip _____ | 8. extra thin _____ |
| 9. flavored _____ | 10. other _____ |

D. Overall Rating of Condom

5	4	3	2	1
<hr/>				
Great!		So-so		Terrible

E. Other comments about this condom:
