## **Routines**

Now I would like to ask you some general questions about your activities over the last few days.

- 1. What time did you get up yesterday morning?
- 2. What time did you get up two days ago?
- 3. What time did you get up three days ago?
- 4. What time did you go to bed yesterday evening?
- 5. What time did you go to bed two days ago?
- 6. What time did you go to bed three days ago?
- 7. What time did you cook the main meal yesterday?
- 8. What time did you cook the main meal two days ago?
- 9. What time did you cook the main meal three days ago?
- 10. How many times did your family eat a meal together yesterday?
- 11. How many times did your family eat a meal together two days ago?
- 12. How many times did your family eat a meal together three days ago?
- 13. When did you start your household chores yesterday?
- 14. When did you start your household chores two days ago?
- 15. When did you start your household chores three days ago?
- 16. How much conflict has there been at meal times in the past three days?

None	[1]
A little	[2]
Quite a lot	[3]
A lot of conflict	[4]
Decline to answer	[91]