## Routines

Now I would like to ask you some general questions about your activities over the last few days.

1. What time did you get up yesterday morning?
2. What time did you get up two days ago?
3. What time did you get up three days ago?
4. What time did you go to bed yesterday evening?
5. What time did you go to bed two days ago?
6. What time did you go to bed three days ago?
7. What time did you cook the main meal yesterday?
8. What time did you cook the main meal two days ago?
9. What time did you cook the main meal three days ago?
10. How many times did your family eat a meal together yesterday?
11. How many times did your family eat a meal together two days ago?
12. How many times did your family eat a meal together three days ago?
13. When did you start your household chores yesterday?
14. When did you start your household chores two days ago?
15. When did you start your household chores three days ago?
16. How much conflict has there been at meal times in the past three days?

None
A little
Quite a lot
A lot of conflict
Decline to answer

