Assessment:

Rosenberg Self-Esteem Scale (RSE)

Scale Item I: Two or three positive responses is considered positive.

- I feel that I am a person of worth, at least on an equal basis with others. **R**
- I feel that I have a number of good qualities. **R**
- All in all, I am inclined to feel that I am a failure.

Scale Item II: One or two positive responses is considered positive.

- I am able to do things as well as most other people. **R**
- I feel I do not have much to be proud of.

Scale Item III:

- I take a positive attitude toward myself. **R**

Scale Item IV:

- On the whole, I am satisfied with myself. **R**

Scale Item V:

- I wish I could have more respect for myself.

Scale Item VI: One or two positive responses is considered positive.

- I certainly feel useless at times.
- At times I think I am no good at all.

**USE THE FOLLOWING RESPONSE CATEGORIES.**

1. Strongly agree
2. Agree
3. Disagree
4. Strongly disagree

In this scale, a response of Agree or Strongly Agree is to be scored as positive, unless the item is followed by an **R**, in which case a response of Disagree or Strongly Disagree is to be scored as positive.