

Family Interdependence

Ask yourself: How important is it for me:

1. To satisfy my family's needs even when my own needs are different.
2. To be available to family members when they need help.
3. To spend time with my family.
4. To do what my parents want me to do even when I do not agree with them.
5. To consult with my parents before making decisions.
6. To show respect for my parents by not arguing with them.
7. To put my family's needs before my own.
8. To live at home with my parents until I am married.
9. To spend time with my parents after I no longer live with them.
10. To have my parents live with me when they get older

Response categories:

- Not at all important
- A little important
- Somewhat important
- Quite important
- Very important